

Wettkampf 29 - 400m Freistil weiblich

Jahrgang 2016

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Jette Rinke 50m: 00:43,38 (00:43,38) 100m: 01:33,15 (00:49,77) 150m: 02:23,74 (00:50,59) 200m: 03:11,82 (00:48,08) 250m: 04:03,43 (00:51,61) 300m: 04:51,82 (00:48,39) 350m: 05:41,13 (00:49,31) 400m: 06:22,26 (00:41,13)	2016	VFL Gladbeck	06:22,26	2
2.	Emma Thelen 50m: 00:43,37 (00:43,37) 100m: 01:33,92 (00:50,55) 150m: 02:23,91 (00:49,99) 200m: 03:12,72 (00:48,81) 250m: 04:03,12 (00:50,40) 300m: 04:52,46 (00:49,34) 350m: 05:41,39 (00:48,93) 400m: 06:24,59 (00:43,20)	2016	SG Gladbeck/Recklinghausen	06:24,59	2
3.	Nika Sinenko 50m: 00:46,51 (00:46,51) 100m: 01:40,61 (00:54,10) 150m: 02:35,37 (00:54,76) 200m: 03:30,21 (00:54,84) 250m: 04:23,66 (00:53,45) 300m: 05:16,43 (00:52,77) 350m: 06:08,09 (00:51,66) 400m: 06:57,66 (00:49,57)	2016	SG Mönchengladbach	06:57,66	
<u>nicht am Start</u>					
	Mia Kleine-Büning	2016	SG Gladbeck/Recklinghausen		

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Freida Stehr 50m: 00:36,99 (00:36,99) 100m: 01:18,40 (00:41,41) 150m: 02:03,12 (00:44,72) 200m: 02:47,05 (00:43,93) 250m: 03:31,51 (00:44,46) 300m: 04:15,49 (00:43,98) 350m: 04:59,03 (00:43,54) 400m: 05:39,76 (00:40,73)	2015	TV Jahn Wolfsburg	05:39,76	6
2.	Wo Rui Li 50m: 00:37,13 (00:37,13) 100m: 01:21,64 (00:44,51) 150m: 02:07,11 (00:45,47) 200m: 02:53,53 (00:46,42) 250m: 03:38,82 (00:45,29) 300m: 04:24,82 (00:46,00) 350m: 05:08,65 (00:43,83) 400m: 05:49,71 (00:41,06)	2015	Cologne Swimming Club	05:49,71	4

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Lotta Maria Trittschack 50m: 00:35,07 (00:35,07) 100m: 01:14,47 (00:39,40) 150m: 01:54,49 (00:40,02) 200m: 02:35,13 (00:40,64) 250m: 03:15,59 (00:40,46) 300m: 03:55,97 (00:40,38) 350m: 04:35,90 (00:39,93) 400m: 05:14,01 (00:38,11)	2014	SG Gladbeck/Recklinghausen	05:14,01	9

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Jule Jessen 50m: 00:32,69 (00:32,69) 100m: 01:08,56 (00:35,87) 150m: 01:44,92 (00:36,36) 200m: 02:22,37 (00:37,45) 250m: 02:59,43 (00:37,06) 300m: 03:36,87 (00:37,44) 350m: 04:14,15 (00:37,28) 400m: 04:50,98 (00:36,83)	2013	SG Mülheim	04:50,98	11
2.	Nele Blasch 50m: 00:33,08 (00:33,08) 100m: 01:09,77 (00:36,69) 150m: 01:47,37 (00:37,60) 200m: 02:24,61 (00:37,24) 250m: 03:02,59 (00:37,98) 300m: 03:39,97 (00:37,38) 350m: 04:17,89 (00:37,92) 400m: 04:54,29 (00:36,40)	2013	SG Mülheim	04:54,29	10
3.	Alexandra Cremers 50m: 00:32,96 (00:32,96) 100m: 01:10,11 (00:37,15) 150m: 01:48,42 (00:38,31) 200m: 02:26,34 (00:37,92) 250m: 03:04,45 (00:38,11) 300m: 03:43,37 (00:38,92) 350m: 04:21,31 (00:37,94) 400m: 04:57,30 (00:35,99)	2013	Uerdinger Schwimmverein	04:57,30	10

