

Wettkampf 102 - 400m Lagen männlich *Road to DJM*

Pflichtzeiten

Richtzeit AK14: 05:34,70 Richtzeit AK15: 05:22,90 Richtzeit AK16: 05:15,20 Richtzeit AK17: 05:06,60
Richtzeit AK18: 05:02,00

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Albert Schmiade 50m: 00:32,97 (00:32,97) 100m: 01:12,83 (00:39,86) 150m: 01:53,42 (00:40,59) 200m: 02:33,27 (00:39,85) 250m: 03:17,58 (00:44,31) 300m: 04:01,51 (00:43,93) 350m: 04:37,52 (00:36,01) 400m: 05:12,04 (00:34,52)	2012	SG Neuss	05:12,04	10

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Leon Anstipp 50m: 00:30,77 (00:30,77) 100m: 01:06,51 (00:35,74) 150m: 01:44,70 (00:38,19) 200m: 02:23,04 (00:38,34) 250m: 03:02,74 (00:39,70) 300m: 03:44,39 (00:41,65) 350m: 04:19,20 (00:34,81) 400m: 04:52,96 (00:33,76)	2011	SG Gladbeck/Recklinghausen	04:52,96	13
2.	Richard Junior Schönfelder 50m: 00:32,46 (00:32,46) 100m: 01:10,67 (00:38,21) 150m: 01:50,58 (00:39,91) 200m: 02:28,68 (00:38,10) 250m: 03:13,17 (00:44,49) 300m: 03:57,56 (00:44,39) 350m: 04:32,33 (00:34,77) 400m: 05:05,10 (00:32,77)	2011	TPSK 1925	05:05,10	10

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph	
1.	Ilias Hamdouch 50m: 00:30,59 (00:30,59) 100m: 01:07,30 (00:36,71) 150m: 01:44,85 (00:37,55) 200m: 02:21,93 (00:37,08) 250m: 03:03,57 (00:41,64) 300m: 03:44,17 (00:40,60) 350m: 04:16,86 (00:32,69) 400m: 04:46,65 (00:29,79)	2010	Cologne Swimming Club	04:46,65	13	
2.	Philipp Siebert 50m: 00:31,77 (00:31,77) 100m: 01:10,22 (00:38,45) 150m: 01:52,87 (00:42,65) 200m: 02:34,51 (00:41,64) 250m: 03:16,67 (00:42,16) 300m: 04:00,32 (00:43,65) 350m: 04:36,75 (00:36,43) 400m: 05:12,04 (00:35,29)	2010	Cologne Swimming Club	05:12,04	6	
3.	Maurice Unglaub 50m: 00:31,61 (00:31,61) 100m: 01:10,40 (00:38,79) 150m: 01:53,01 (00:42,61) 200m: 02:34,42 (00:41,41) 250m: 03:21,56 (00:47,14) 300m: 04:09,42 (00:47,86) 350m: 04:46,86 (00:37,44) 400m: 05:21,92 (00:35,06)	2010	ST Bielefeld	05:21,92	4	RZ

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Daniel Wilmer 50m: 00:28,61 (00:28,61) 100m: 01:02,68 (00:34,07) 150m: 01:41,29 (00:38,61) 200m: 02:19,06 (00:37,77) 250m: 03:00,43 (00:41,37) 300m: 03:42,43 (00:42,00) 350m: 04:15,88 (00:33,45) 400m: 04:47,56 (00:31,68)	2009	SG Gladbeck/Recklinghausen	04:47,56	12

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Vitalii Martynov 50m: 00:29,39 (00:29,39) 100m: 01:05,00 (00:35,61) 150m: 01:41,89 (00:36,89) 200m: 02:19,26 (00:37,37) 250m: 03:01,78 (00:42,52) 300m: 03:46,89 (00:45,11) 350m: 04:21,82 (00:34,93) 400m: 04:56,94 (00:35,12)	2008	Team Bochum	04:56,94	8

