

Wettkampf 414 - 400m Freistil weiblich *Road to DJM*

Pflichtzeiten

Richtzeit AK14: 05:01,40 Richtzeit AK15: 04:59,10 Richtzeit AK16: 04:47,70 Richtzeit AK17: 04:47,30
Richtzeit AK18: 04:39,60

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph	
1.	Emma Weckbecker 50m: 00:32,52 (00:32,52) 100m: 01:08,09 (00:35,57) 150m: 01:44,27 (00:36,18) 200m: 02:21,03 (00:36,76) 250m: 02:58,13 (00:37,10) 300m: 03:35,36 (00:37,23) 350m: 04:12,74 (00:37,38) 400m: 04:49,12 (00:36,38)	2012	SG Mülheim	04:49,12	10	
2.	Isabella Janitzki 50m: 00:32,24 (00:32,24) 100m: 01:08,25 (00:36,01) 150m: 01:45,68 (00:37,43) 200m: 02:22,91 (00:37,23) 250m: 03:00,60 (00:37,69) 300m: 03:38,05 (00:37,45) 350m: 04:15,22 (00:37,17) 400m: 04:49,90 (00:34,68)	2012	MTV Goslar	04:49,90	10	
3.	Leni Schröder 50m: 00:32,78 (00:32,78) 100m: 01:09,47 (00:36,69) 150m: 01:47,12 (00:37,65) 200m: 02:25,45 (00:38,33) 250m: 03:02,78 (00:37,33) 300m: 03:41,01 (00:38,23) 350m: 04:18,18 (00:37,17) 400m: 04:52,69 (00:34,51)	2012	VfL Osnabrück	04:52,69	9	
4.	Emilia Erward 50m: 00:32,60 (00:32,60) 100m: 01:09,23 (00:36,63) 150m: 01:46,39 (00:37,16) 200m: 02:23,92 (00:37,53) 250m: 03:01,66 (00:37,74) 300m: 03:39,58 (00:37,92) 350m: 04:16,40 (00:36,82) 400m: 04:52,77 (00:36,37)	2012	SG Mülheim	04:52,77	9	
5.	Carina Riedel 50m: 00:33,41 (00:33,41) 100m: 01:09,68 (00:36,27) 150m: 01:46,48 (00:36,80) 200m: 02:24,54 (00:38,06) 250m: 03:02,17 (00:37,63) 300m: 03:40,57 (00:38,40) 350m: 04:17,66 (00:37,09) 400m: 04:54,13 (00:36,47)	2012	SV Burgwedel	04:54,13	9	
6.	Jana Kosche 50m: 00:33,32 (00:33,32) 100m: 01:11,21 (00:37,89) 150m: 01:50,25 (00:39,04) 200m: 02:30,24 (00:39,99) 250m: 03:10,32 (00:40,08) 300m: 03:50,36 (00:40,04) 350m: 04:29,93 (00:39,57) 400m: 05:07,80 (00:37,87)	2012	Uerdinger Schwimmverein	05:07,80	5	RZ
7.	Matilda Maiß 50m: 00:34,16 (00:34,16) 100m: 01:12,70 (00:38,54) 150m: 01:52,29 (00:39,59) 200m: 02:32,48 (00:40,19) 250m: 03:12,21 (00:39,73) 300m: 03:53,17 (00:40,96) 350m: 04:33,75 (00:40,58) 400m: 05:13,10 (00:39,35)	2012	SG Gladbeck/Recklinghausen	05:13,10	4	RZ
8.	Rieke Krüger 50m: 00:34,17 (00:34,17) 100m: 01:12,58 (00:38,41) 150m: 01:51,53 (00:38,95) 200m: 02:31,80 (00:40,27) 250m: 03:11,36 (00:39,56) 300m: 03:52,13 (00:40,77) 350m: 04:32,55 (00:40,42) 400m: 05:13,24 (00:40,69)	2012	SV Neptun Kiel	05:13,24	4	RZ

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph	
1.	Ida Huth 50m: 00:31,69 (00:31,69) 100m: 01:06,87 (00:35,18) 150m: 01:42,56 (00:35,69) 200m: 02:18,57 (00:36,01) 250m: 02:54,59 (00:36,02) 300m: 03:31,17 (00:36,58) 350m: 04:06,64 (00:35,47) 400m: 04:40,55 (00:33,91)	2011	TPSK 1925	04:40,55	11	
2.	Johanna Jänike 50m: 00:31,40 (00:31,40) 100m: 01:06,63 (00:35,23) 150m: 01:43,24 (00:36,61) 200m: 02:19,65 (00:36,41) 250m: 02:56,95 (00:37,30) 300m: 03:34,17 (00:37,22) 350m: 04:11,27 (00:37,10) 400m: 04:46,77 (00:35,50)	2011	SG Mülheim	04:46,77	9	

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noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph	
3.	Jule Daweke 50m: 00:31,54 (00:31,54) 100m: 01:07,30 (00:35,76) 150m: 01:43,23 (00:35,93) 200m: 02:19,86 (00:36,63) 250m: 02:56,58 (00:36,72) 300m: 03:33,77 (00:37,19) 350m: 04:10,55 (00:36,78) 400m: 04:47,06 (00:36,51)	2011	VfL Osnabrück	04:47,06	9	
4.	Marissa Röttger 50m: 00:32,54 (00:32,54) 100m: 01:09,41 (00:36,87) 150m: 01:46,57 (00:37,16) 200m: 02:24,70 (00:38,13) 250m: 03:02,43 (00:37,73) 300m: 03:41,01 (00:38,58) 350m: 04:18,70 (00:37,69) 400m: 04:55,64 (00:36,94)	2011	MTV Goslar	04:55,64	7	
5.	Isabella Wojtakowski 50m: 00:32,74 (00:32,74) 100m: 01:09,55 (00:36,81) 150m: 01:47,23 (00:37,68) 200m: 02:25,63 (00:38,40) 250m: 03:03,87 (00:38,24) 300m: 03:43,16 (00:39,29) 350m: 04:20,98 (00:37,82) 400m: 04:57,29 (00:36,31)	2011	Team Bochum	04:57,29	6	
6.	Laura Isabel Hansen 50m: 00:34,80 (00:34,80) 100m: 01:13,23 (00:38,43) 150m: 01:52,66 (00:39,43) 200m: 02:31,19 (00:38,53) 250m: 03:10,73 (00:39,54) 300m: 03:49,81 (00:39,08) 350m: 04:29,04 (00:39,23) 400m: 05:03,97 (00:34,93)	2011	Team Bochum	05:03,97	5	RZ
7.	Anna Chiara Schleifer 50m: 00:32,69 (00:32,69) 100m: 01:09,99 (00:37,30) 150m: 01:49,49 (00:39,50) 200m: 02:29,65 (00:40,16) 250m: 03:08,87 (00:39,22) 300m: 03:49,26 (00:40,39) 350m: 04:29,99 (00:40,73) 400m: 05:04,33 (00:34,34)	2011	Team Bochum	05:04,33	5	RZ
8.	Maja Willing 50m: 00:34,74 (00:34,74) 100m: 01:14,85 (00:40,11) 150m: 01:57,43 (00:42,58) 200m: 02:39,66 (00:42,23) 250m: 03:22,48 (00:42,82) 300m: 04:04,19 (00:41,71) 350m: 04:46,68 (00:42,49) 400m: 05:25,83 (00:39,15)	2011	Cologne Swimming Club	05:25,83		RZ

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph	
1.	Laura Welzel 50m: 00:31,77 (00:31,77) 100m: 01:06,70 (00:34,93) 150m: 01:41,93 (00:35,23) 200m: 02:17,25 (00:35,32) 250m: 02:52,94 (00:35,69) 300m: 03:29,04 (00:36,10) 350m: 04:05,26 (00:36,22) 400m: 04:40,88 (00:35,62)	2010	SSG Braunschweig	04:40,88	10	
2.	Isabel Brinken 50m: 00:32,00 (00:32,00) 100m: 01:07,09 (00:35,09) 150m: 01:43,60 (00:36,51) 200m: 02:19,39 (00:35,79) 250m: 02:55,88 (00:36,49) 300m: 03:31,62 (00:35,74) 350m: 04:07,87 (00:36,25) 400m: 04:42,70 (00:34,83)	2010	VfL Osnabrück	04:42,70	10	
3.	Joline Fokken 50m: 00:33,41 (00:33,41) 100m: 01:11,02 (00:37,61) 150m: 01:49,76 (00:38,74) 200m: 02:28,46 (00:38,70) 250m: 03:07,83 (00:39,37) 300m: 03:46,87 (00:39,04) 350m: 04:26,39 (00:39,52) 400m: 05:04,36 (00:37,97)	2010	SG Neuss	05:04,36	4	RZ
4.	Ida Philine Schneider 50m: 00:35,02 (00:35,02) 100m: 01:12,69 (00:37,67) 150m: 01:51,47 (00:38,78) 200m: 02:30,37 (00:38,90) 250m: 03:09,51 (00:39,14) 300m: 03:49,27 (00:39,76) 350m: 04:29,53 (00:40,26) 400m: 05:05,12 (00:35,59)	2010	SG Siegen	05:05,12	4	RZ

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Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph	
1.	Marah Anais Becht 50m: 00:32,58 (00:32,58) 100m: 01:07,06 (00:34,48) 150m: 01:43,52 (00:36,46) 200m: 02:19,40 (00:35,88) 250m: 02:56,10 (00:36,70) 300m: 03:31,40 (00:35,30) 350m: 04:08,65 (00:37,25) 400m: 04:42,87 (00:34,22)	2009	SG Wetterau	04:42,87	9	
2.	Anja Düker 50m: 00:31,62 (00:31,62) 100m: 01:06,62 (00:35,00) 150m: 01:42,86 (00:36,24) 200m: 02:19,53 (00:36,67) 250m: 02:56,51 (00:36,98) 300m: 03:33,68 (00:37,17) 350m: 04:10,96 (00:37,28) 400m: 04:47,38 (00:36,42)	2009	SG Gladbeck/Recklinghausen	04:47,38	8	RZ

nicht am Start

Paula Buß 2009 Team Bochum

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph	
1.	Yosefina Deneff 50m: 00:31,37 (00:31,37) 100m: 01:06,63 (00:35,26) 150m: 01:42,34 (00:35,71) 200m: 02:19,11 (00:36,77) 250m: 02:54,92 (00:35,81) 300m: 03:32,14 (00:37,22) 350m: 04:07,54 (00:35,40) 400m: 04:41,68 (00:34,14)	2008	VfL Osnabrück	04:41,68	9	RZ
2.	Emmi Liara Schneider 50m: 00:32,63 (00:32,63) 100m: 01:08,87 (00:36,24) 150m: 01:45,42 (00:36,55) 200m: 02:23,10 (00:37,68) 250m: 03:00,31 (00:37,21) 300m: 03:38,26 (00:37,95) 350m: 04:15,71 (00:37,45) 400m: 04:52,41 (00:36,70)	2008	SG Siegen	04:52,41	6	RZ
3.	Levke Krüger 50m: 00:33,84 (00:33,84) 100m: 01:10,79 (00:36,95) 150m: 01:48,57 (00:37,78) 200m: 02:26,83 (00:38,26) 250m: 03:05,31 (00:38,48) 300m: 03:44,02 (00:38,71) 350m: 04:22,69 (00:38,67) 400m: 04:59,23 (00:36,54)	2008	SV Neptun Kiel	04:59,23	5	RZ
4.	Laura Krinke 50m: 00:34,14 (00:34,14) 100m: 01:12,41 (00:38,27) 150m: 01:50,83 (00:38,42) 200m: 02:30,27 (00:39,44) 250m: 03:08,93 (00:38,66) 300m: 03:48,93 (00:40,00) 350m: 04:27,82 (00:38,89) 400m: 05:05,61 (00:37,79)	2008	VfL Gladbeck	05:05,61	3	RZ

