

**Nordrhein-Westfälischer Schwimm-Mehrkampf  
der Jahrgänge 2011 bis 2013 weiblich und männlich  
vom 13.05.2023 bis 14.05.2023**

**Wettkampfbecken**

10 Bahnen á 50m  
Wassertemperatur ca. 26°C  
Wellenkiller-Leinen  
Automatische Zeitnahme

**Schwimmbad-Adresse**

Unibad Bochum  
Hustadtring 157  
44801 Bochum

***Abschnitt 1 13.05.2023***

Einlass: 9:00 Uhr | Einschwimmen: 9:00 Uhr | Kampfrichtersitzung: 9:15 Uhr | Beginn: 10:00 Uhr

**Veranstalter: Schwimmverband Nordrhein-Westfalen e.V.  
Ausrichter: Landesstützpunkt Bochum**

## Anzahl Meldungen, Abschnitt 1

Teilnehmer: weiblich/männlich Meldungen: Einzel/Staffel

### Schwimmverband Nordrhein-Westfalen (LSV-Nr.: 17)

Nr.	Verein	DSV-Id	Teilnehmer	Abs.1
1.	1. Paderborner SV	2635	0/ 2	8/ 0
2.	Die Alligatoren	7170	0/ 1	4/ 0
3.	Duisburger ST	4989	0/ 1	4/ 0
4.	Düsseldorfer SC	2700	1/ 0	4/ 0
5.	Freie Schwimmer Düsseldorf	2931	1/ 0	4/ 0
6.	Hennefer TV	2736	1/ 1	8/ 0
7.	PSV Oberhausen	2794	4/ 4	32/ 0
8.	Rote Erde/SWIM-TEAM TuS Hamm	7084	1/ 1	8/ 0
9.	S. V. Bergisch Gladbach	2953	1/ 2	12/ 0
10.	SC Aqua Köln	6449	0/ 1	4/ 0
11.	SC Delphin Geldern	2811	11/ 4	60/ 0
12.	SC Hardtberg	2832	0/ 2	8/ 0
13.	SC Hürth	2836	1/ 1	8/ 0
14.	SC Steinhagen-Amshausen	2844	1/ 0	4/ 0
15.	SG Bayer	2859	9/ 4	52/ 0
16.	SG Bergheim	6597	4/ 5	36/ 0
17.	SG Dortmund	2636	8/ 12	80/ 0
18.	SG Dortmund-Süd	2863	1/ 0	4/ 0
19.	SG Essen	2872	9/ 6	60/ 0
20.	SG Gelsenkirchen	2873	4/ 1	20/ 0
21.	SG Gladbeck/Recklinghausen	7097	11/ 6	68/ 0
22.	SG Mönchengladbach	5491	4/ 3	28/ 0
23.	SG Mülheim	2884	10/ 5	60/ 0
24.	SG Neuss	2887	5/ 8	52/ 0
25.	SG Oberhausen	2888	1/ 1	8/ 0
26.	SG Rhein-Sieg	7193	0/ 1	4/ 0
27.	SG Schwimmen Münster	2885	8/ 6	56/ 0
28.	SG Sendenhorst	2892	0/ 1	4/ 0
29.	SG Siegen	6352	1/ 0	4/ 0
30.	SG SSF Marl-Hüls	2896	0/ 1	4/ 0
31.	SSC Hörde	2850	1/ 1	8/ 0
32.	SSF Bonn	2933	1/ 7	32/ 0
33.	SV Blau-Weiß Bochum	2954	2/ 4	24/ 0
34.	SV Horrem-Sindorf	2988	1/ 1	8/ 0
35.	SV Langenfeld	2996	1/ 0	4/ 0
36.	SV Neptun Erkenschwick	3004	1/ 1	8/ 0
37.	SV Rhenania Köln	3019	1/ 1	8/ 0
38.	SV Steele	3026	0/ 2	8/ 0
39.	SV Übach-Palenberg	3209	1/ 1	8/ 0
40.	SV Westfalen Hagen	3035	1/ 0	4/ 0
41.	SVD Tria Kettwig	5477	1/ 1	8/ 0

## **noch Anzahl Meldungen, Abschnitt 1**

### **noch Schwimmverband Nordrhein-Westfalen (LSV-Nr.: 17)**

<b>Nr.</b>	<b>Verein</b>	<b>DSV-Id</b>	<b>Teilnehmer</b>	<b>Abs.1</b>
42.	TPSK 1925	6781	3/ 8	44/ 0
43.	TSV Bocholt	3158	0/ 1	4/ 0
44.	TuS Dortmund-Brackel	3106	0/ 1	4/ 0
45.	TuS Sundern	3087	1/ 0	4/ 0
46.	TuS Viktoria Rietberg	3132	0/ 1	4/ 0
47.	TV Jahn Hiesfeld	3174	1/ 0	4/ 0
48.	TV Korschenbroich	3178	0/ 5	20/ 0
49.	TV Ratingen	3181	4/ 2	24/ 0
50.	VFL Gladbeck	3204	1/ 0	4/ 0
51.	WASPO Blau Gelb Delphin Bochum	6054	0/ 1	4/ 0
52.	Wasserfreunde Wuppertal	3230	2/ 1	12/ 0
53.	Wfr. TuRa Bergkamen	3229	0/ 1	4/ 0
	<b>Gesamt für den Verband</b>		<b>120/ 120</b>	<b>960/ 0</b>

## **Abschnitt 1 - Samstag 13.05.2023**

Einlass: 09:00 Uhr | Einschwimmen: 09:00 Uhr | Kampfrichtersitzung: 09:15 Uhr  
Beginn: 10:00 Uhr

### **Wettkampfstätte**

Unibad Bochum, Hustadtring 157, 44801 Bochum  
10 Bahnen á 50m, Wellenkiller, Elektronik, Wassertemperatur: ca. 26°C

### **Kampfericht Abschnitt 1**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Schiedsrichter weiblich	Ruth Uessem	SV NRW
Schiedsrichter männlich	Frank Brenner	SV NRW
Starter weiblich	Markus Feldhaus	SV NRW
Starter männlich	Alexander Nessel	SV NRW
Schwimmrichter 1	Lars Kreilkamp	SV NRW
Schwimmrichter 2	Mark Scheer	SV NRW
Sprecher 1	Markus Klaes	SV NRW
Sprecher 2	Birgit Nitsch	SV NRW
Auswerter 1	Martin Doedt	SV NRW
Protokollführer	Sebastian Höll	SV NRW
Zeitmessung	Marcel Schulz	swimevents

### **Zielgericht**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zielrichterobmann	Diana Presse	SV NRW
Zielrichter 1	Silke Godejohann	SV NRW
Zielrichter 2	Bea Engeln	SV NRW
Zielrichter 3	Lukas Sikorski	SV NRW
Zielrichter 4	Jörg Schindler	SV NRW

### **Zeitgericht 1**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zeitnehmerobmann	Bianca Knillmann	SV NRW
Zeitnehmer Bahn 1	Anja Vössing-Guth	SV NRW
Zeitnehmer Bahn 2	Dirk Berkau	SV NRW
Zeitnehmer Bahn 3	Holger Gäth	SV NRW
Zeitnehmer Bahn 4	Nicole Mielke	SV NRW
Zeitnehmer Bahn 5	Katja Bungert	SV NRW
Zeitnehmer Bahn 6	Katharina Hebekeuser	SV NRW
Zeitnehmer Bahn 7	Thomas Wachholz	SV NRW
Zeitnehmer Bahn 8	Gerti Kasparczak	SV NRW
Zeitnehmer Bahn 9	Stephanie Schwung	SV NRW
Zeitnehmer Bahn 10	Katharina Huth	SV NRW
Reservezeitnehmer 1	Christoph Holzhäuer	SV NRW

## **noch Kampfgericht Abschnitt 1**

### **Zeitgericht 2**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zeitnehmerobmann	Bianca Cremers	SV NRW
Zeitnehmer Bahn 1	Rainer Arnold	SV NRW
Zeitnehmer Bahn 2	Bianca Cremers	SV NRW
Zeitnehmer Bahn 3	Stefan Fügmann	SV NRW
Zeitnehmer Bahn 4	Anna Basile	SV NRW
Zeitnehmer Bahn 5	Heike Jansen	SV NRW
Zeitnehmer Bahn 6	Pia Cichon	SV NRW
Zeitnehmer Bahn 7	Sven Kaiser	SV NRW
Zeitnehmer Bahn 8	Dorothee Scharlau	SV NRW
Zeitnehmer Bahn 9	Melek Tok	SV NRW
Zeitnehmer Bahn 10	Stefanie Gerkens	SV NRW

### **Wendegericht**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Wenderichter Obmann	Stefan Plötz	SV NRW
Wenderichter Bahn 1	Andrea Rentmeister	SV NRW
Wenderichter Bahn 2	Bahn 1	
Wenderichter Bahn 3	Mariola Niegoth	SV NRW
Wenderichter Bahn 4	Bahn 3	
Wenderichter Bahn 5	Helga Feyrer	SV NRW
Wenderichter Bahn 6	Bahn 5	
Wenderichter Bahn 7	Marcus Kohnen	SV NRW
Wenderichter Bahn 8	Bahn 7	
Wenderichter Bahn 9	Manfred Koschel	SV NRW
Wenderichter Bahn 10	Bahn 9	

### **Weitere Kampfrichter**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Protokollführer	Jan Wybrands	swimevents

## **Wettkampffolge für Abschnitt 1**

- Wettkampf 1 - 100m Schmetterling weiblich
- Wettkampf 2 - 200m Schmetterling weiblich
- Wettkampf 3 - 200m Rücken weiblich
- Wettkampf 4 - 200m Brust weiblich
- Wettkampf 5 - 200m Freistil weiblich
- Wettkampf 6 - 100m Schmetterling männlich
- Wettkampf 7 - 200m Schmetterling männlich
- Wettkampf 8 - 200m Rücken männlich
- Wettkampf 9 - 200m Brust männlich
- Wettkampf 10 - 200m Freistil männlich
- Wettkampf 11 - 400m Freistil weiblich
- Wettkampf 12 - 400m Freistil männlich
- Wettkampf 13 - 15m Delfinbeine Bauchlage weiblich
- Wettkampf 14 - 25m Delfinbeine Bauchlage weiblich
- Wettkampf 15 - 15m Delfinbeine Bauchlage männlich
- Wettkampf 16 - 25m Delfinbeine Bauchlage männlich
- Wettkampf 17 - 15m Delfinbeine Rückenlage weiblich
- Wettkampf 18 - 25m Delfinbeine Rückenlage weiblich
- Wettkampf 19 - 15m Delfinbeine Rückenlage männlich
- Wettkampf 20 - 25m Delfinbeine Rückenlage männlich

## **Wettkampf 1 - 100m Schmetterling weiblich**

NRW-Bestenliste SMK 2023 10 J. (2013): 01:19,27 - Friedrich, Caroline (SC Delphin Geldern) am 01.12.2013

### **Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Amelie Nzounpe <i>50m: 00:38,77 (00:38,77)   100m: 01:23,41 (00:44,64)</i>	2013	SC Delphin Geldern	01:23,41	294
2.	Emma Anni Rotthoff <i>50m: 00:41,46 (00:41,46)   100m: 01:34,65 (00:53,19)</i>	2013	SG Gladbeck/Recklinghausen	01:34,65	201
3.	Pia Fischer <i>50m: 00:42,80 (00:42,80)   100m: 01:36,76 (00:53,96)</i>	2013	SC Delphin Geldern	01:36,76	188
4.	Lina Göbl <i>50m: 00:42,47 (00:42,47)   100m: 01:37,05 (00:54,58)</i>	2013	Hennefer TV	01:37,05	186
5.	Nina Gerkens <i>50m: 00:42,54 (00:42,54)   100m: 01:44,53 (01:01,99)</i>	2013	SV Übach-Palenberg	01:44,53	149
6.	Aurelia Spitz Leal <i>50m: 00:47,76 (00:47,76)   100m: 01:45,74 (00:57,98)</i>	2013	PSV Oberhausen	01:45,74	144
7.	Emilie Urban <i>50m: 00:45,05 (00:45,05)   100m: 01:45,96 (01:00,91)</i>	2013	SG Bayer	01:45,96	143
8.	Nele Blasch <i>50m: 00:48,62 (00:48,62)   100m: 01:46,60 (00:57,98)</i>	2013	SG Mülheim	01:46,60	140
9.	Elisaweta Sablin <i>50m: 00:48,30 (00:48,30)   100m: 01:51,18 (01:02,88)</i>	2013	SG Essen	01:51,18	124

## Wettkampf 2 - 200m Schmetterling weiblich

NRW-Bestenliste SMK 2023 11 J. (2012): 02:39,06 - Edel, Evelin (TV Jahn Hiesfeld) am 07.12.2014  
NRW-Bestenliste SMK 2023 12 J. (2011): 02:23,61 - Heinen, Rebecca (SSF Bonn) am 29.11.2008

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Myrtha Vogt <i>50m: 00:35,51 (00:35,51)   100m: 01:20,68 (00:45,17)   150m: 02:10,25 (00:49,57) 200m: 02:57,50 (00:47,25)</i>	2012	SG Gladbeck/Recklinghausen	02:57,50	323
2.	Lorena Guerra Gonzalez <i>50m: 00:38,84 (00:38,84)   100m: 01:26,16 (00:47,32)   150m: 02:18,11 (00:51,95) 200m: 03:10,42 (00:52,31)</i>	2012	SG Essen	03:10,42	261
3.	Lina Pabel <i>50m: 00:42,46 (00:42,46)   100m: 01:34,21 (00:51,75)   150m: 02:28,82 (00:54,61) 200m: 03:19,75 (00:50,93)</i>	2012	SV Langenfeld	03:19,75	226
4.	Lina Böhm <i>50m: 00:45,91 (00:45,91)   100m: 01:43,29 (00:57,38)   150m: 02:34,95 (00:51,66) 200m: 03:25,71 (00:50,76)</i>	2012	PSV Oberhausen	03:25,71	207
5.	Kateryna Koltaniuk <i>50m: 00:43,74 (00:43,74)   100m: 01:37,87 (00:54,13)   150m: 02:33,04 (00:55,17) 200m: 03:27,54 (00:54,50)</i>	2012	SG Gelsenkirchen	03:27,54	202
6.	Katharina Lind <i>50m: 00:38,22 (00:38,22)   100m: 01:32,86 (00:54,64)   200m: 03:28,98 (01:56,12)</i>	2012	SG Neuss	03:28,98	198
7.	Wilhelmine Heidemann <i>50m: 00:45,05 (00:45,05)   100m: 01:39,21 (00:54,16)   150m: 02:35,87 (00:56,66) 200m: 03:32,83 (00:56,96)</i>	2012	SC Steinhagen-Amshausen	03:32,83	187
8.	Nike Diehl <i>50m: 00:44,39 (00:44,39)   100m: 01:39,61 (00:55,22)   150m: 02:38,97 (00:59,36) 200m: 03:37,09 (00:58,12)</i>	2012	SG Dortmund-Süd	03:37,09	176
9.	Charlotte Zimmermann <i>50m: 00:42,41 (00:42,41)   100m: 01:42,27 (00:59,86)   150m: 02:49,11 (01:06,84) 200m: 03:54,41 (01:05,30)</i>	2012	TV Ratingen	03:54,41	140

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Laura Isabel Hansen <i>50m: 00:38,44 (00:38,44)   100m: 01:22,57 (00:44,13)   150m: 02:07,44 (00:44,87) 200m: 02:53,07 (00:45,63)</i>	2011	SG Gelsenkirchen	02:53,07	348
2.	Mathilda Yu-Ri Buschmeyer <i>50m: 00:35,42 (00:35,42)   100m: 01:19,65 (00:44,23)   150m: 02:09,56 (00:49,91) 200m: 02:54,65 (00:45,09)</i>	2011	SG Essen	02:54,65	339
3.	Enda Schirmeisen <i>50m: 00:36,97 (00:36,97)   100m: 01:23,56 (00:46,59)   150m: 02:11,93 (00:48,37) 200m: 03:00,78 (00:48,85)</i>	2011	SG Schwimmen Münster	03:00,78	305
4.	Anna Forsbach <i>50m: 00:38,80 (00:38,80)   100m: 01:24,27 (00:45,47)   150m: 02:12,64 (00:48,37) 200m: 03:01,75 (00:49,11)</i>	2011	TV Ratingen	03:01,75	301
5.	Anna Chiara Schleifer <i>50m: 00:38,54 (00:38,54)   100m: 01:28,39 (00:49,85)   150m: 02:19,49 (00:51,10) 200m: 03:09,08 (00:49,59)</i>	2011	SG Essen	03:09,08	267
6.	Donata Pauline Sophie Saldsieder <i>50m: 00:42,09 (00:42,09)   150m: 02:20,92 (01:38,83)   200m: 03:11,79 (00:50,87)</i>	2011	SSF Bonn	03:11,79	256

## noch Wettkampf 2 - 200m Schmetterling weiblich

### noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
7.	Maya Farès <i>50m: 00:39,11 (00:39,11)   100m: 01:29,03 (00:49,92)   150m: 02:22,31 (00:53,28) 200m: 03:19,97 (00:57,66)</i>	2011	SG Mülheim	03:19,97	226
8.	Helena Bielitzki <i>50m: 00:43,17 (00:43,17)   100m: 01:34,41 (00:51,24)   150m: 02:29,38 (00:54,97) 200m: 03:21,29 (00:51,91)</i>	2011	SG Oberhausen	03:21,29	221
9.	Antonina Soltyska <i>50m: 00:44,14 (00:44,14)   100m: 01:35,87 (00:51,73)   150m: 02:33,24 (00:57,37) 200m: 03:24,24 (00:51,00)</i>	2011	SVD Tria Kettwig	03:24,24	212
10.	Luise Rattmann <i>50m: 00:42,57 (00:42,57)   100m: 01:33,43 (00:50,86)   150m: 02:32,26 (00:58,83) 200m: 03:27,07 (00:54,81)</i>	2011	SC Delphin Geldern	03:27,07	203

## Wettkampf 3 - 200m Rücken weiblich

NRW-Bestenliste SMK 2023 10 J. (2013): 02:47,55 - Zimova, Adela (SSF Bonn) am 05.06.2021  
NRW-Bestenliste SMK 2023 11 J. (2012): 02:36,61 - Roßbach, Luisa (SG Schwimmen Münster) am 29.11.2014  
NRW-Bestenliste SMK 2023 12 J. (2011): 02:27,72 - Thelemann, Danja (SG Rhein-Erft-Köln) am 29.05.2019

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Franka Gerling <i>50m: 00:42,45 (00:42,45)   100m: 01:30,12 (00:47,67)   150m: 02:16,75 (00:46,63) 200m: 03:01,52 (00:44,77)</i>	2013	SG Schwimmen Münster	03:01,52	313
2.	Ella Hartmann <i>50m: 00:42,13 (00:42,13)   100m: 01:29,34 (00:47,21)   150m: 02:16,62 (00:47,28) 200m: 03:01,55 (00:44,93)</i>	2013	SG Dortmund	03:01,55	313
3.	Ilvy Kühnhenrich <i>50m: 00:44,24 (00:44,24)   100m: 01:33,85 (00:49,61)   150m: 02:22,30 (00:48,45) 200m: 03:07,04 (00:44,74)</i>	2013	SG Bergheim	03:07,04	286
4.	Katharina Kohl <i>50m: 00:45,28 (00:45,28)   100m: 01:33,93 (00:48,65)   150m: 02:21,96 (00:48,03) 200m: 03:08,31 (00:46,35)</i>	2013	SG Dortmund	03:08,31	281
5.	Lisa Pöland <i>50m: 00:44,50 (00:44,50)   100m: 01:33,02 (00:48,52)   150m: 02:22,09 (00:49,07) 200m: 03:09,24 (00:47,15)</i>	2013	SC Hürth	03:09,24	276
6.	Jule Jessen <i>50m: 00:45,81 (00:45,81)   100m: 01:35,19 (00:49,38)   150m: 02:24,23 (00:49,04) 200m: 03:11,89 (00:47,66)</i>	2013	SG Mülheim	03:11,89	265
7.	Pia Luciana Solmecke <i>50m: 00:47,60 (00:47,60)   100m: 01:35,89 (00:48,29)   150m: 02:26,07 (00:50,18) 200m: 03:13,08 (00:47,01)</i>	2013	SG Dortmund	03:13,08	260
8.	Maria Maierhofer <i>50m: 00:44,12 (00:44,12)   100m: 01:34,82 (00:50,70)   150m: 02:24,67 (00:49,85) 200m: 03:13,57 (00:48,90)</i>	2013	SG Mülheim	03:13,57	258
9.	Anastasia Moskwa <i>50m: 00:46,47 (00:46,47)   100m: 01:37,21 (00:50,74)   150m: 02:27,29 (00:50,08) 200m: 03:16,56 (00:49,27)</i>	2013	SG Bayer	03:16,56	247
10.	Emna Sahraoui <i>50m: 00:48,12 (00:48,12)   100m: 01:40,57 (00:52,45)   150m: 02:33,51 (00:52,94) 200m: 03:24,20 (00:50,69)</i>	2013	SG Bergheim	03:24,20	220



## noch Wettkampf 3 - 200m Rücken weiblich

### noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
11.	Leni Tschunko <i>50m: 00:47,41 (00:47,41)   100m: 01:40,81 (00:53,40)   150m: 02:34,11 (00:53,30) 200m: 03:24,27 (00:50,16)</i>	2013	SG Gladbeck/Recklinghausen	03:24,27	220
12.	Thea Mevissen <i>50m: 00:49,46 (00:49,46)   100m: 01:43,61 (00:54,15)   150m: 02:37,78 (00:54,17) 200m: 03:26,32 (00:48,54)</i>	2013	SC Delphin Geldern	03:26,32	213
	<u>disqualifiziert</u> Stephanie Golda <i>Die Sportlerin führte nach Verlassen der Rückenlage die 50m Wende nicht unverzüglich aus. Uhrzeit der Bekanntgabe: 10:30</i>	2013	SG Neuss		

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Ina Cichon <i>50m: 00:40,63 (00:40,63)   100m: 01:24,30 (00:43,67)   150m: 02:06,50 (00:42,20) 200m: 02:47,99 (00:41,49)</i>	2012	SG Bergheim	02:47,99	395
2.	Nina Jarosch <i>50m: 00:39,81 (00:39,81)   100m: 01:22,74 (00:42,93)   150m: 02:06,88 (00:44,14) 200m: 02:48,45 (00:41,57)</i>	2012	SG Bergheim	02:48,45	392
3.	Hailey Grace Walker <i>50m: 00:40,46 (00:40,46)   100m: 01:22,87 (00:42,41)   150m: 02:06,42 (00:43,55) 200m: 02:49,25 (00:42,83)</i>	2012	SG Essen	02:49,25	387
4.	Eslam Su Soydan <i>50m: 00:40,47 (00:40,47)   100m: 01:24,57 (00:44,10)   150m: 02:11,25 (00:46,68) 200m: 02:55,64 (00:44,39)</i>	2012	TPSK 1925	02:55,64	346
5.	Anna Stockel <i>50m: 00:41,68 (00:41,68)   100m: 01:27,43 (00:45,75)   150m: 02:13,87 (00:46,44) 200m: 02:56,20 (00:42,33)</i>	2012	SG Schwimmen Münster	02:56,20	343
6.	Viktoria Sinizki <i>50m: 00:41,18 (00:41,18)   100m: 01:27,24 (00:46,06)   150m: 02:14,07 (00:46,83) 200m: 02:56,49 (00:42,42)</i>	2012	SG Neuss	02:56,49	341
7.	Sophie Männich <i>50m: 00:44,01 (00:44,01)   100m: 01:28,83 (00:44,82)   150m: 02:16,64 (00:47,81) 200m: 03:00,42 (00:43,78)</i>	2012	SG Bayer	03:00,42	319
8.	Charlotte Katharina Frohwerk <i>50m: 00:41,82 (00:41,82)   100m: 01:28,25 (00:46,43)   150m: 02:16,25 (00:48,00) 200m: 03:03,23 (00:46,98)</i>	2012	SC Delphin Geldern	03:03,23	305
9.	Luisa Rybacki <i>50m: 00:43,12 (00:43,12)   100m: 01:30,94 (00:47,82)   150m: 02:18,63 (00:47,69) 200m: 03:05,97 (00:47,34)</i>	2012	TV Ratingen	03:05,97	291
10.	Cara Maria Pielsticker <i>100m: 01:32,24 (01:32,24)   150m: 02:21,94 (00:49,70)   200m: 03:08,86 (00:46,92)</i>	2012	SG Bayer	03:08,86	278

## noch Wettkampf 3 - 200m Rücken weiblich

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Helene Boller <i>50m: 00:36,41 (00:36,41)   100m: 01:16,25 (00:39,84)   150m: 01:57,64 (00:41,39) 200m: 02:38,54 (00:40,90)</i>	2011	SG Essen	02:38,54	470
2.	Ida Huth <i>50m: 00:37,50 (00:37,50)   100m: 01:17,56 (00:40,06)   150m: 01:58,38 (00:40,82) 200m: 02:38,89 (00:40,51)</i>	2011	TPSK 1925	02:38,89	467
3.	Isabella Wojtakowski <i>50m: 00:36,45 (00:36,45)   100m: 01:17,70 (00:41,25)   150m: 02:00,82 (00:43,12) 200m: 02:44,14 (00:43,32)</i>	2011	SG Gelsenkirchen	02:44,14	424
4.	Clara Fellechner <i>50m: 00:39,78 (00:39,78)   100m: 01:22,03 (00:42,25)   150m: 02:05,47 (00:43,44) 200m: 02:44,96 (00:39,49)</i>	2011	SG Bayer	02:44,96	418
5.	Isabelle Conradi <i>50m: 00:37,53 (00:37,53)   100m: 01:20,42 (00:42,89)   150m: 02:04,56 (00:44,14) 200m: 02:47,45 (00:42,89)</i>	2011	SG Gladbeck/Recklinghausen	02:47,45	399
6.	Linn Fügmann <i>50m: 00:39,49 (00:39,49)   100m: 01:22,66 (00:43,17)   150m: 02:06,62 (00:43,96) 200m: 02:48,08 (00:41,46)</i>	2011	S. V. Bergisch Gladbach	02:48,08	395
7.	Naya Johannknecht <i>50m: 00:40,01 (00:40,01)   100m: 01:23,77 (00:43,76)   150m: 02:09,08 (00:45,31) 200m: 02:51,82 (00:42,74)</i>	2011	SV Blau-Weiß Bochum	02:51,82	369
8.	Hannah Skokic <i>50m: 00:41,18 (00:41,18)   100m: 01:25,68 (00:44,50)   150m: 02:09,54 (00:43,86) 200m: 02:52,17 (00:42,63)</i>	2011	SG Mülheim	02:52,17	367
9.	Luise Böcker <i>50m: 00:41,84 (00:41,84)   100m: 01:27,67 (00:45,83)   150m: 02:13,45 (00:45,78) 200m: 02:56,59 (00:43,14)</i>	2011	SC Delphin Geldern	02:56,59	340
10.	Pia Kleinhückelkoten <i>50m: 00:41,42 (00:41,42)   100m: 01:26,70 (00:45,28)   150m: 02:12,54 (00:45,84) 200m: 02:56,60 (00:44,06)</i>	2011	SG Gladbeck/Recklinghausen	02:56,60	340
11.	Liana Müller <i>50m: 00:42,14 (00:42,14)   100m: 01:29,04 (00:46,90)   150m: 02:16,61 (00:47,57) 200m: 03:02,24 (00:45,63)</i>	2011	SG Dortmund	03:02,24	310

## Wettkampf 4 - 200m Brust weiblich

NRW-Bestenliste SMK 2023 10 J. (2013): 03:07,10 - Berner, Calla (SG Mönchengladbach) am 28.11.2021  
NRW-Bestenliste SMK 2023 11 J. (2012): 02:54,70 - Berner, Calla (SG Mönchengladbach) am 14.05.2022  
NRW-Bestenliste SMK 2023 12 J. (2011): 02:45,55 - Steiger, Jessica (SG Gladbeck) am 04.12.2004

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Valentina Basile da Costa <i>100m: 01:35,06 (01:35,06)   200m: 03:18,34 (01:43,28)</i>	2013	SG Bayer	03:18,34	343
2.	Tjorven Ida Abrahams <i>100m: 01:34,92 (01:34,92)   200m: 03:18,77 (01:43,85)</i>	2013	SG Gelsenkirchen	03:18,77	341
3.	Cosima-Venezia Teerling <i>100m: 01:41,64 (01:41,64)   200m: 03:41,14 (01:59,50)</i>	2013	SG Schwimmen Münster	03:41,14	248
4.	Laura Dück <i>100m: 01:48,73 (01:48,73)   200m: 03:41,14 (01:52,41)</i>	2013	SG Dortmund	03:41,14	248
5.	Tilda-Constanze Grund <i>100m: 01:47,98 (01:47,98)   200m: 03:42,41 (01:54,43)</i>	2013	SG Schwimmen Münster	03:42,41	243

## noch Wettkampf 4 - 200m Brust weiblich

### noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
6.	Sophie Willerberg <i>100m: 01:52,71 (01:52,71)   200m: 03:52,37 (01:59,66)</i>	2013	PSV Oberhausen	03:52,37	213
7.	Sophia Eul <i>100m: 01:55,69 (01:55,69)   200m: 04:03,31 (02:07,62)</i>	2013	SG Gladbeck/Recklinghausen	04:03,31	186
	nicht am Start				
	Pia Tempelhoff	2013	SSC Hörde		

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Melina Reis <i>50m: 00:40,94 (00:40,94)   100m: 01:27,06 (00:46,12)   150m: 02:16,01 (00:48,95) 200m: 03:00,98 (00:44,97)</i>	2012	SC Delphin Geldern	03:00,98	452
2.	Mia Radloff <i>50m: 00:43,18 (00:43,18)   100m: 01:31,60 (00:48,42)   150m: 02:19,09 (00:47,49) 200m: 03:07,18 (00:48,09)</i>	2012	SG Dortmund	03:07,18	409
3.	Annika Migala <i>50m: 00:43,30 (00:43,30)   100m: 01:31,10 (00:47,80)   150m: 02:21,31 (00:50,21) 200m: 03:09,52 (00:48,21)</i>	2012	SG Bayer	03:09,52	394
4.	Matilda Maiß <i>50m: 00:45,01 (00:45,01)   100m: 01:35,17 (00:50,16)   150m: 02:26,78 (00:51,61) 200m: 03:15,84 (00:49,06)</i>	2012	SG Gladbeck/Recklinghausen	03:15,84	357
5.	Josefine Michel <i>50m: 00:45,30 (00:45,30)   100m: 01:35,55 (00:50,25)   150m: 02:25,36 (00:49,81) 200m: 03:15,86 (00:50,50)</i>	2012	SG Schwimmen Münster	03:15,86	357
6.	Lia Hartmannshenn <i>50m: 00:45,82 (00:45,82)   100m: 01:36,73 (00:50,91)   150m: 02:27,93 (00:51,20) 200m: 03:16,19 (00:48,26)</i>	2012	SG Mönchengladbach	03:16,19	355
7.	Tara Lettmann <i>50m: 00:46,06 (00:46,06)   100m: 01:37,27 (00:51,21)   150m: 02:29,37 (00:52,10) 200m: 03:19,30 (00:49,93)</i>	2012	SG Gladbeck/Recklinghausen	03:19,30	338
8.	Leona Sonntag <i>50m: 00:44,47 (00:44,47)   100m: 01:36,35 (00:51,88)   150m: 02:27,70 (00:51,35) 200m: 03:19,89 (00:52,19)</i>	2012	Wasserfreunde Wuppertal	03:19,89	335
9.	Elea Stute <i>100m: 01:39,82 (01:39,82)   200m: 03:21,17 (01:41,35)</i>	2012	TuS Sundern	03:21,17	329
10.	Emma Weckbecker <i>50m: 00:46,99 (00:46,99)   100m: 01:39,15 (00:52,16)   150m: 02:32,73 (00:53,58) 200m: 03:24,24 (00:51,51)</i>	2012	SG Mülheim	03:24,24	314
11.	Tineke Meese <i>50m: 00:46,56 (00:46,56)   100m: 01:40,84 (00:54,28)   150m: 02:34,10 (00:53,26) 200m: 03:24,70 (00:50,60)</i>	2012	Rote Erde/SWIM-TEAM TuS Hamm	03:24,70	312
12.	Calista Helesch <i>50m: 00:48,34 (00:48,34)   100m: 01:41,87 (00:53,53)   150m: 02:32,89 (00:51,02) 200m: 03:24,86 (00:51,97)</i>	2012	SG Mülheim	03:24,86	312
13.	Juliana Smyla <i>50m: 00:50,55 (00:50,55)   100m: 01:44,35 (00:53,80)   150m: 02:40,48 (00:56,13) 200m: 03:34,71 (00:54,23)</i>	2012	SG Schwimmen Münster	03:34,71	271

## **noch Wettkampf 4 - 200m Brust weiblich**

### **Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Calla Berner <i>50m: 00:39,18 (00:39,18)   100m: 01:24,00 (00:44,82)   150m: 02:10,34 (00:46,34) 200m: 02:56,89 (00:46,55)</i>	2011	SG Mönchengladbach	02:56,89	484
2.	Mia Brauckmann <i>50m: 00:39,44 (00:39,44)   100m: 01:25,72 (00:46,28)   150m: 02:12,69 (00:46,97) 200m: 02:58,98 (00:46,29)</i>	2011	SG Gladbeck/Recklinghausen	02:58,98	467
3.	Mara Klump <i>50m: 00:42,82 (00:42,82)   100m: 01:28,26 (00:45,44)   150m: 02:15,67 (00:47,41) 200m: 03:00,28 (00:44,61)</i>	2011	SG Siegen	03:00,28	457
4.	Amelie Weiser <i>50m: 00:42,53 (00:42,53)   100m: 01:29,54 (00:47,01)   150m: 02:17,15 (00:47,61) 200m: 03:02,93 (00:45,78)</i>	2011	Düsseldorfer SC	03:02,93	438
5.	Lara Kaiser <i>50m: 00:41,81 (00:41,81)   100m: 01:29,71 (00:47,90)   150m: 02:17,87 (00:48,16) 200m: 03:06,04 (00:48,17)</i>	2011	SG Essen	03:06,04	416
6.	Charlotte Drenker <i>50m: 00:43,81 (00:43,81)   100m: 01:33,28 (00:49,47)   150m: 02:21,74 (00:48,46) 200m: 03:07,76 (00:46,02)</i>	2011	TV Ratingen	03:07,76	405
7.	Sophia Ann Moewes <i>50m: 00:43,62 (00:43,62)   100m: 01:32,64 (00:49,02)   150m: 02:22,27 (00:49,63) 200m: 03:09,63 (00:47,36)</i>	2011	SV Horrem-Sindorf	03:09,63	393
8.	Paula Verstraeten <i>50m: 00:46,07 (00:46,07)   100m: 01:35,28 (00:49,21)   150m: 02:25,87 (00:50,59) 200m: 03:13,42 (00:47,55)</i>	2011	SG Neuss	03:13,42	370
9.	Helena Jansen <i>50m: 00:45,81 (00:45,81)   100m: 01:37,03 (00:51,22)   150m: 02:30,52 (00:53,49) 200m: 03:21,35 (00:50,83)</i>	2011	SG Gladbeck/Recklinghausen	03:21,35	328

## **Wettkampf 5 - 200m Freistil weiblich**

NRW-Bestenliste SMK 2023 10 J. (2013): 02:30,50 - Ferch, Sydney Savannah (SG Dortmund) am 30.06.2019  
NRW-Bestenliste SMK 2023 11 J. (2012): 02:19,64 - Friedrich, Caroline (SC Delphin Geldern) am 07.12.2014  
NRW-Bestenliste SMK 2023 12 J. (2011): 02:10,39 - Guerra Gonzalez, Carolina (SG Essen) am 18.06.2022

### **Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Sára Szabó <i>50m: 00:35,34 (00:35,34)   100m: 01:14,71 (00:39,37)   150m: 01:55,84 (00:41,13) 200m: 02:35,16 (00:39,32)</i>	2013	SG Schwimmen Münster	02:35,16	386
2.	Julia Bodenburg <i>50m: 00:37,12 (00:37,12)   100m: 01:18,70 (00:41,58)   150m: 02:00,26 (00:41,56) 200m: 02:40,71 (00:40,45)</i>	2013	SG Mönchengladbach	02:40,71	347
3.	Alexandra Cremers <i>50m: 00:37,21 (00:37,21)   100m: 01:19,53 (00:42,32)   150m: 02:02,68 (00:43,15) 200m: 02:45,48 (00:42,80)</i>	2013	SG Bayer	02:45,48	318
4.	Emilia Klaus <i>50m: 00:37,19 (00:37,19)   100m: 01:20,26 (00:43,07)   150m: 02:06,99 (00:46,73) 200m: 02:49,82 (00:42,83)</i>	2013	SG Dortmund	02:49,82	294
5.	Paula Deuker <i>50m: 00:39,91 (00:39,91)   100m: 01:26,98 (00:47,07)   150m: 02:13,50 (00:46,52) 200m: 02:54,93 (00:41,43)</i>	2013	SG Essen	02:54,93	269

## **noch Wettkampf 5 - 200m Freistil weiblich**

### **noch Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
6.	Sofia Grieser <i>50m: 00:39,46 (00:39,46)   100m: 01:25,33 (00:45,87)   150m: 02:11,34 (00:46,01) 200m: 02:55,03 (00:43,69)</i>	2013	SV Westfalen Hagen	02:55,03	268
7.	Annika Stark <i>50m: 00:40,62 (00:40,62)   100m: 01:28,59 (00:47,97)   150m: 02:15,98 (00:47,39) 200m: 02:57,24 (00:41,26)</i>	2013	SC Delphin Geldern	02:57,24	259
8.	Alva Mund <i>50m: 00:39,73 (00:39,73)   100m: 01:25,92 (00:46,19)   150m: 02:15,74 (00:49,82) 200m: 02:57,94 (00:42,20)</i>	2013	SC Delphin Geldern	02:57,94	255
9.	Riva Franke <i>50m: 00:41,51 (00:41,51)   100m: 01:28,75 (00:47,24)   150m: 02:15,65 (00:46,90) 200m: 02:59,41 (00:43,76)</i>	2013	SG Dortmund	02:59,41	249
10.	Fiona Schneider <i>50m: 00:41,00 (00:41,00)   100m: 01:29,27 (00:48,27)   150m: 02:19,22 (00:49,95) 200m: 03:10,58 (00:51,36)</i>	2013	SV Neptun Erkenschwick	03:10,58	208

### **Jahrgang 2012**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Talya Tok <i>50m: 00:33,32 (00:33,32)   100m: 01:14,16 (00:40,84)   150m: 01:55,36 (00:41,20) 200m: 02:32,54 (00:37,18)</i>	2012	TPSK 1925	02:32,54	406
2.	Charlotte Mager <i>50m: 00:35,45 (00:35,45)   100m: 01:16,57 (00:41,12)   150m: 01:58,70 (00:42,13) 200m: 02:39,10 (00:40,40)</i>	2012	SG Neuss	02:39,10	358
3.	Amelie Jonas <i>50m: 00:36,70 (00:36,70)   100m: 01:19,52 (00:42,82)   150m: 02:03,57 (00:44,05) 200m: 02:44,63 (00:41,06)</i>	2012	PSV Oberhausen	02:44,63	323
4.	Sophie Simone Satsukevych <i>50m: 00:36,47 (00:36,47)   100m: 01:18,67 (00:42,20)   150m: 02:03,41 (00:44,74) 200m: 02:45,35 (00:41,94)</i>	2012	SG Mönchengladbach	02:45,35	319
5.	Frida Schaarwächter <i>50m: 00:36,52 (00:36,52)   100m: 01:21,13 (00:44,61)   150m: 02:06,26 (00:45,13) 200m: 02:47,39 (00:41,13)</i>	2012	Wasserfreunde Wuppertal	02:47,39	307
6.	Emma Klaessen <i>50m: 00:37,49 (00:37,49)   100m: 01:22,00 (00:44,51)   150m: 02:09,18 (00:47,18) 200m: 02:52,10 (00:42,92)</i>	2012	SC Delphin Geldern	02:52,10	282
7.	Vassilissa Eickels <i>50m: 00:38,47 (00:38,47)   100m: 01:23,28 (00:44,81)   150m: 02:10,06 (00:46,78) 200m: 02:52,68 (00:42,62)</i>	2012	SV Rhenania Köln	02:52,68	280
8.	Emilia Erward <i>50m: 00:38,63 (00:38,63)   100m: 01:23,05 (00:44,42)   150m: 02:08,47 (00:45,42) 200m: 02:53,01 (00:44,54)</i>	2012	SG Mülheim	02:53,01	278

## **noch Wettkampf 5 - 200m Freistil weiblich**

### **Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Caroline Stark <i>50m: 00:31,36 (00:31,36)   100m: 01:07,48 (00:36,12)   150m: 01:45,46 (00:37,98) 200m: 02:22,29 (00:36,83)</i>	2011	SC Delphin Geldern	02:22,29	500
2.	Leonie Wagner <i>50m: 00:31,76 (00:31,76)   100m: 01:07,62 (00:35,86)   150m: 01:46,50 (00:38,88) 200m: 02:24,93 (00:38,43)</i>	2011	TV Jahn Hiesfeld	02:24,93	473
3.	Jairah Malien Bermann <i>50m: 00:33,25 (00:33,25)   100m: 01:11,28 (00:38,03)   150m: 01:50,93 (00:39,65) 200m: 02:28,72 (00:37,79)</i>	2011	SG Essen	02:28,72	438
4.	Paulina Bauer <i>50m: 00:32,01 (00:32,01)   100m: 01:10,74 (00:38,73)   150m: 01:50,93 (00:40,19) 200m: 02:29,08 (00:38,15)</i>	2011	SV Blau-Weiß Bochum	02:29,08	435
5.	Ariane Linkerhand <i>50m: 00:35,03 (00:35,03)   100m: 01:13,87 (00:38,84)   150m: 01:53,61 (00:39,74) 200m: 02:31,54 (00:37,93)</i>	2011	Freie Schwimmer Düsseldorf	02:31,54	414
6.	Luisa Schröer <i>50m: 00:34,36 (00:34,36)   100m: 01:14,12 (00:39,76)   150m: 01:56,21 (00:42,09) 200m: 02:34,53 (00:38,32)</i>	2011	SG Bayer	02:34,53	390
7.	Annabelle Hintzen <i>50m: 00:33,94 (00:33,94)   100m: 01:13,96 (00:40,02)   150m: 01:55,09 (00:41,13) 200m: 02:34,70 (00:39,61)</i>	2011	SG Gladbeck/Recklinghausen	02:34,70	389
8.	Martha Lübbering <i>50m: 00:34,51 (00:34,51)   100m: 01:15,24 (00:40,73)   150m: 01:57,18 (00:41,94) 200m: 02:36,52 (00:39,34)</i>	2011	VFL Gladbeck	02:36,52	376
9.	Johanna Jänike <i>50m: 00:34,88 (00:34,88)   100m: 01:15,66 (00:40,78)   150m: 01:57,30 (00:41,64) 200m: 02:38,07 (00:40,77)</i>	2011	SG Mülheim	02:38,07	365
	<u>abgemeldet</u> Emilia Bargmann	2011	SG Mülheim		

## **Wettkampf 6 - 100m Schmetterling männlich**

NRW-Bestenliste SMK 2023 10 J. (2013): 01:13,22 - Herrmann, Melvin (SG Dortmund) am 08.12.2002

### **Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Luis Weidenhaupt <i>50m: 00:42,26 (00:42,26)   100m: 01:31,11 (00:48,85)</i>	2013	SG Schwimmen Münster	01:31,11	159
2.	Tom Birk <i>50m: 00:43,30 (00:43,30)   100m: 01:34,00 (00:50,70)</i>	2013	PSV Oberhausen	01:34,00	145
3.	Daniel Ryvkin <i>50m: 00:40,79 (00:40,79)   100m: 01:34,47 (00:53,68)</i>	2013	SC Aqua Köln	01:34,47	143
4.	Philipp Klinkowski <i>50m: 00:43,61 (00:43,61)   100m: 01:34,88 (00:51,27)</i>	2013	SG Dortmund	01:34,88	141
5.	Matteo Dietz <i>50m: 00:49,17 (00:49,17)   100m: 02:03,79 (01:14,62)</i>	2013	TV Korschenbroich	02:03,79	63

## Wettkampf 7 - 200m Schmetterling männlich

NRW-Bestenliste SMK 2023 11 J. (2012): 02:37,07 - Schönfelder, Richard Junior (TPSK 1925 e. V.) am 18.06.2022  
NRW-Bestenliste SMK 2023 12 J. (2011): 02:27,01 - Handa, Ryonusuke (SSG Nievenheim-Delrath) am 01.06.2008

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Lian Fynn Niehaus <i>50m: 00:39,96 (00:39,96)   100m: 01:27,71 (00:47,75)   150m: 02:15,49 (00:47,78) 200m: 03:03,42 (00:47,93)</i>	2012	SV Blau-Weiß Bochum	03:03,42	220
2.	Kaan Akkaya <i>50m: 00:41,77 (00:41,77)   100m: 01:29,05 (00:47,28)   150m: 02:17,91 (00:48,86) 200m: 03:04,59 (00:46,68)</i>	2012	TPSK 1925	03:04,59	215
3.	Kimon Antachopoulos <i>50m: 00:42,90 (00:42,90)   100m: 01:33,12 (00:50,22)   150m: 02:28,20 (00:55,08) 200m: 03:20,26 (00:52,06)</i>	2012	SV Horrem-Sindorf	03:20,26	169
4.	Ludwig Sumpf <i>50m: 00:45,51 (00:45,51)   100m: 01:40,85 (00:55,34)   150m: 02:36,55 (00:55,70) 200m: 03:27,82 (00:51,27)</i>	2012	SV Steele	03:27,82	151
5.	Lian Freitag <i>50m: 00:46,78 (00:46,78)   100m: 01:39,51 (00:52,73)   150m: 02:35,19 (00:55,68) 200m: 03:28,95 (00:53,76)</i>	2012	PSV Oberhausen	03:28,95	148
6.	Nils Bauten <i>50m: 00:46,54 (00:46,54)   100m: 01:42,59 (00:56,05)   150m: 02:39,92 (00:57,33) 200m: 03:36,08 (00:56,16)</i>	2012	SC Delphin Geldern	03:36,08	134
7.	Matthias Brix <i>50m: 00:50,56 (00:50,56)   100m: 01:50,96 (01:00,40)   150m: 02:51,75 (01:00,79) 200m: 03:46,52 (00:54,77)</i>	2012	SSF Bonn	03:46,52	116
8.	Moritz Schumann <i>50m: 00:47,19 (00:47,19)   100m: 01:50,19 (01:03,00)   150m: 02:52,58 (01:02,39) 200m: 03:54,67 (01:02,09)</i>	2012	SG SSF Marl-Hüls	03:54,67	105
9.	Nils Schmalenberg <i>50m: 00:52,38 (00:52,38)   100m: 01:53,66 (01:01,28)   150m: 03:01,73 (01:08,07) 200m: 04:07,04 (01:05,31)</i>	2012	TV Korschenbroich	04:07,04	90
	<u>abgemeldet</u> Adam Abouelmaat	2012	Die Alligatoren		

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Richard Junior Schönfelder <i>50m: 00:34,37 (00:34,37)   100m: 01:16,41 (00:42,04)   150m: 01:57,66 (00:41,25) 200m: 02:38,22 (00:40,56)</i>	2011	TPSK 1925	02:38,22	342
2.	Pileas Manassis <i>50m: 00:40,02 (00:40,02)   100m: 01:28,86 (00:48,84)   150m: 02:20,22 (00:51,36) 200m: 03:11,97 (00:51,75)</i>	2011	SG Neuss	03:11,97	191
3.	Laurenz Merl <i>50m: 00:40,57 (00:40,57)   100m: 01:32,96 (00:52,39)   150m: 02:29,46 (00:56,50) 200m: 03:20,57 (00:51,11)</i>	2011	SC Hürth	03:20,57	168
4.	Philipp Rübesam <i>50m: 00:44,92 (00:44,92)   100m: 01:39,98 (00:55,06)   150m: 02:37,74 (00:57,76) 200m: 03:32,77 (00:55,03)</i>	2011	SC Delphin Geldern	03:32,77	140

## Wettkampf 8 - 200m Rücken männlich

NRW-Bestenliste SMK 2023 10 J. (2013): 02:42,78 - Salchow, Josha (SSF Bonn) am 19.12.2009  
NRW-Bestenliste SMK 2023 11 J. (2012): 02:36,30 - Büssing, Cedric (SG Neuss) am 06.12.2014  
NRW-Bestenliste SMK 2023 12 J. (2011): 02:21,46 - Büssing, Cedric (SG Neuss) am 28.11.2015

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Ben Düngel <i>50m: 00:41,96 (00:41,96)   100m: 01:28,59 (00:46,63)   150m: 02:16,47 (00:47,88) 200m: 03:01,27 (00:44,80)</i>	2013	SG Mülheim	03:01,27	235
2.	Jakob Rütz <i>50m: 00:43,50 (00:43,50)   100m: 01:32,98 (00:49,48)   150m: 02:21,67 (00:48,69) 200m: 03:09,86 (00:48,19)</i>	2013	SG Bergheim	03:09,86	204
3.	Jan Ole Berger <i>50m: 00:48,58 (00:48,58)   100m: 01:40,82 (00:52,24)   150m: 02:33,71 (00:52,89) 200m: 03:22,20 (00:48,49)</i>	2013	SV Steele	03:22,20	169
4.	Oscar Bach <i>50m: 00:47,04 (00:47,04)   100m: 01:42,31 (00:55,27)   150m: 02:34,91 (00:52,60) 200m: 03:24,00 (00:49,09)</i>	2013	SG Bayer	03:24,00	165
5.	Ryan-Philip Ziechner <i>50m: 00:49,87 (00:49,87)   100m: 01:43,46 (00:53,59)   150m: 02:36,23 (00:52,77) 200m: 03:28,76 (00:52,53)</i>	2013	PSV Oberhausen	03:28,76	154

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Justus Moritz Lindemann <i>50m: 00:40,03 (00:40,03)   100m: 01:22,37 (00:42,34)   150m: 02:05,85 (00:43,48) 200m: 02:48,48 (00:42,63)</i>	2012	SG Essen	02:48,48	293
2.	Lauren Gondro <i>50m: 00:39,99 (00:39,99)   100m: 01:23,50 (00:43,51)   150m: 02:08,98 (00:45,48) 200m: 02:52,17 (00:43,19)</i>	2012	SG Essen	02:52,17	274
3.	Albert Schmiade <i>50m: 00:41,83 (00:41,83)   100m: 01:27,69 (00:45,86)   150m: 02:15,09 (00:47,40) 200m: 02:58,26 (00:43,17)</i>	2012	SG Neuss	02:58,26	247
4.	Jona Schallock <i>50m: 00:41,66 (00:41,66)   100m: 01:28,02 (00:46,36)   150m: 02:15,50 (00:47,48) 200m: 03:00,08 (00:44,58)</i>	2012	SG Dortmund	03:00,08	240
5.	Niklas Wilk <i>50m: 00:43,18 (00:43,18)   100m: 01:30,19 (00:47,01)   150m: 02:17,62 (00:47,43) 200m: 03:00,81 (00:43,19)</i>	2012	SC Delphin Geldern	03:00,81	237
6.	Paul Reuker <i>50m: 00:41,83 (00:41,83)   100m: 01:28,66 (00:46,83)   150m: 02:17,23 (00:48,57) 200m: 03:04,34 (00:47,11)</i>	2012	SG Dortmund	03:04,34	223
7.	Theodor Grüß <i>50m: 00:42,53 (00:42,53)   100m: 01:29,06 (00:46,53)   150m: 02:17,14 (00:48,08) 200m: 03:04,89 (00:47,75)</i>	2012	SSF Bonn	03:04,89	221
8.	Robert Vaubel <i>50m: 00:45,75 (00:45,75)   100m: 01:34,34 (00:48,59)   150m: 02:22,92 (00:48,58) 200m: 03:08,85 (00:45,93)</i>	2012	SG Mülheim	03:08,85	208
9.	Maximilian Kalheber <i>50m: 00:44,28 (00:44,28)   100m: 01:32,96 (00:48,68)   150m: 02:22,22 (00:49,26) 200m: 03:09,42 (00:47,20)</i>	2012	Wasserfreunde Wuppertal	03:09,42	206
10.	Max Luca Bauer <i>50m: 00:50,45 (00:50,45)   100m: 01:42,46 (00:52,01)   150m: 02:34,28 (00:51,82) 200m: 03:19,88 (00:45,60)</i>	2012	SC Hardtberg	03:19,88	175



## **noch Wettkampf 8 - 200m Rücken männlich**

### **noch Jahrgang 2012**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
	<u>disqualifiziert</u> Julian Sikorski	2012	SSF Bonn		
	<i>Der Sportler hat bei der 3. Wende (150m) nach Verlassen der Rückenlage die Wende nicht unverzüglich eingeleitet. Uhrzeit der Bekanntgabe: 11:29</i>				

### **Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Theodor Büscher <i>50m: 00:33,57 (00:33,57)   100m: 01:10,66 (00:37,09)   150m: 01:49,08 (00:38,42) 200m: 02:25,32 (00:36,24)</i>	2011	SG Essen	02:25,32	456
2.	Georgios Bakalidis <i>50m: 00:35,54 (00:35,54)   100m: 01:15,54 (00:40,00)   150m: 01:57,36 (00:41,82) 200m: 02:36,98 (00:39,62)</i>	2011	SG Neuss	02:36,98	362
3.	Titus Ditten <i>50m: 00:36,61 (00:36,61)   100m: 01:17,26 (00:40,65)   150m: 01:58,86 (00:41,60) 200m: 02:38,61 (00:39,75)</i>	2011	TV Ratingen	02:38,61	351
4.	Andreas Walenwein <i>50m: 00:37,83 (00:37,83)   100m: 01:18,78 (00:40,95)   150m: 02:01,49 (00:42,71) 200m: 02:41,95 (00:40,46)</i>	2011	TPSK 1925	02:41,95	330
5.	Nico Meisner <i>50m: 00:39,48 (00:39,48)   100m: 01:21,95 (00:42,47)   150m: 02:04,26 (00:42,31) 200m: 02:45,26 (00:41,00)</i>	2011	SG Rhein-Sieg	02:45,26	310
6.	Julian Schulz <i>50m: 00:40,56 (00:40,56)   100m: 01:23,16 (00:42,60)   150m: 02:05,92 (00:42,76) 200m: 02:46,66 (00:40,74)</i>	2011	SV Blau-Weiß Bochum	02:46,66	302
7.	Johann Schwager <i>50m: 00:38,57 (00:38,57)   100m: 01:21,52 (00:42,95)   150m: 02:05,48 (00:43,96) 200m: 02:48,30 (00:42,82)</i>	2011	SG Dortmund	02:48,30	294
8.	David Laikom <i>50m: 00:38,99 (00:38,99)   100m: 01:22,69 (00:43,70)   150m: 02:08,35 (00:45,66) 200m: 02:51,93 (00:43,58)</i>	2011	1. Paderborner SV	02:51,93	275
9.	Emil Schultebrücks <i>50m: 00:39,92 (00:39,92)   100m: 01:25,08 (00:45,16)   150m: 02:11,02 (00:45,94) 200m: 02:53,96 (00:42,94)</i>	2011	TuS Dortmund-Brackel	02:53,96	266
10.	Jakob Schäfer <i>50m: 00:45,70 (00:45,70)   100m: 01:37,14 (00:51,44)   150m: 02:29,47 (00:52,33) 200m: 03:17,48 (00:48,01)</i>	2011	SG Dortmund	03:17,48	182
	<u>nicht am Start</u> Mika Wallerstein	2011	SG Bayer		

## Wettkampf 9 - 200m Brust männlich

NRW-Bestenliste SMK 2023 10 J. (2013): 03:09,04 - Eschenburg, Len (SG Bergheim) am 31.10.2020  
NRW-Bestenliste SMK 2023 11 J. (2012): 02:55,74 - Holzwardt, Gabriel (SC Aqua Köln) am 09.12.2018  
NRW-Bestenliste SMK 2023 12 J. (2011): 02:38,19 - Nathmann, Jonas (SG Schwimmen Münster) am 02.12.2012

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Nick Seelert <i>50m: 00:49,27 (00:49,27)   100m: 01:42,12 (00:52,85)   150m: 02:35,02 (00:52,90) 200m: 03:22,56 (00:47,54)</i>	2013	SG Bayer	03:22,56	241
2.	Lukas Maximilian Meurers <i>50m: 00:49,87 (00:49,87)   100m: 01:44,70 (00:54,83)   150m: 02:38,86 (00:54,16) 200m: 03:32,23 (00:53,37)</i>	2013	SG Neuss	03:32,23	209
3.	Felix Faupel <i>50m: 00:50,75 (00:50,75)   100m: 01:45,29 (00:54,54)   150m: 02:40,31 (00:55,02) 200m: 03:32,97 (00:52,66)</i>	2013	SSF Bonn	03:32,97	207
4.	Louie Banna <i>50m: 00:51,85 (00:51,85)   100m: 01:46,17 (00:54,32)   150m: 02:42,55 (00:56,38) 200m: 03:34,57 (00:52,02)</i>	2013	SG Schwimmen Münster	03:34,57	203
5.	Jonas Wistuba <i>50m: 00:51,23 (00:51,23)   100m: 01:49,09 (00:57,86)   150m: 02:46,98 (00:57,89) 200m: 03:42,38 (00:55,40)</i>	2013	SG Schwimmen Münster	03:42,38	182
6.	Julius Homann <i>50m: 00:52,74 (00:52,74)   100m: 01:49,50 (00:56,76)   150m: 02:48,04 (00:58,54) 200m: 03:42,65 (00:54,61)</i>	2013	SG Schwimmen Münster	03:42,65	181
7.	Finn Karanow <i>50m: 00:49,92 (00:49,92)   100m: 01:46,98 (00:57,06)   150m: 02:46,66 (00:59,68) 200m: 03:44,79 (00:58,13)</i>	2013	SG Neuss	03:44,79	176
8.	Emil Farzaliyer <i>50m: 00:53,82 (00:53,82)   100m: 01:52,99 (00:59,17)   150m: 02:52,13 (00:59,14) 200m: 03:45,40 (00:53,27)</i>	2013	SG Essen	03:45,40	175
9.	Tim Leon Köser <i>50m: 00:53,64 (00:53,64)   100m: 01:52,47 (00:58,83)   150m: 02:53,40 (01:00,93) 200m: 03:48,20 (00:54,80)</i>	2013	SC Hardtberg	03:48,20	168
10.	Adrian Essmann <i>50m: 00:53,39 (00:53,39)   100m: 01:55,07 (01:01,68)   150m: 02:56,46 (01:01,39) 200m: 03:50,98 (00:54,52)</i>	2013	SG Schwimmen Münster	03:50,98	162
11.	Maximilian Radloff <i>50m: 00:54,28 (00:54,28)   100m: 01:53,88 (00:59,60)   150m: 02:53,53 (00:59,65) 200m: 03:51,50 (00:57,97)</i>	2013	SG Dortmund	03:51,50	161
12.	Malte Mende <i>50m: 00:53,62 (00:53,62)   100m: 01:53,81 (01:00,19)   150m: 02:55,07 (01:01,26) 200m: 03:54,28 (00:59,21)</i>	2013	TuS Viktoria Rietberg	03:54,28	156
13.	Jonas Burger <i>50m: 00:53,59 (00:53,59)   100m: 01:57,72 (01:04,13)   150m: 03:00,79 (01:03,07) 200m: 04:01,91 (01:01,12)</i>	2013	SG Gladbeck/Recklinghausen	04:01,91	141
14.	Felix Thyssen <i>50m: 00:54,65 (00:54,65)   100m: 01:56,85 (01:02,20)   150m: 03:02,15 (01:05,30) 200m: 04:03,10 (01:00,95)</i>	2013	SG Gladbeck/Recklinghausen	04:03,10	139
15.	Leon Reber <i>50m: 00:57,43 (00:57,43)   100m: 02:03,59 (01:06,16)   150m: 03:05,00 (01:01,41) 200m: 04:06,91 (01:01,91)</i>	2013	SSC Hörde	04:06,91	133

nicht am Start

Jonathan Wehrbein 2013 TV Korschenbroich

## noch Wettkampf 9 - 200m Brust männlich

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Samuel Konrad Krietenbrink <i>50m: 00:42,73 (00:42,73)   100m: 01:34,07 (00:51,34)   150m: 02:21,98 (00:47,91) 200m: 03:07,48 (00:45,50)</i>	2012	SG Essen	03:07,48	304
2.	Jan Dudek <i>50m: 00:43,30 (00:43,30)   100m: 01:31,70 (00:48,40)   150m: 02:20,67 (00:48,97) 200m: 03:08,32 (00:47,65)</i>	2012	SG Dortmund	03:08,32	300
3.	Julian Philipp Arnold <i>50m: 00:43,06 (00:43,06)   100m: 01:32,17 (00:49,11)   150m: 02:20,97 (00:48,80) 200m: 03:09,10 (00:48,13)</i>	2012	SSF Bonn	03:09,10	296
4.	Ben Krug <i>50m: 00:46,51 (00:46,51)   100m: 01:40,15 (00:53,64)   150m: 02:32,00 (00:51,85) 200m: 03:20,06 (00:48,06)</i>	2012	1. Paderborner SV	03:20,06	250
5.	Marcel Piskover <i>50m: 00:48,12 (00:48,12)   100m: 01:44,42 (00:56,30)   150m: 02:38,70 (00:54,28) 200m: 03:30,13 (00:51,43)</i>	2012	SG Dortmund	03:30,13	216
6.	Felix Birk <i>50m: 00:50,57 (00:50,57)   100m: 01:44,68 (00:54,11)   150m: 02:40,53 (00:55,85) 200m: 03:30,38 (00:49,85)</i>	2012	PSV Oberhausen	03:30,38	215
7.	Lars Winter <i>50m: 00:49,64 (00:49,64)   100m: 01:43,50 (00:53,86)   150m: 02:40,61 (00:57,11) 200m: 03:33,98 (00:53,37)</i>	2012	Hennefer TV	03:33,98	204
8.	Raphael Zuber <i>50m: 00:47,31 (00:47,31)   100m: 01:42,47 (00:55,16)   150m: 02:39,75 (00:57,28) 200m: 03:34,77 (00:55,02)</i>	2012	SG Dortmund	03:34,77	202
9.	Jakob Laurin Erbeskern <i>50m: 00:49,73 (00:49,73)   100m: 01:46,12 (00:56,39)   150m: 02:43,73 (00:57,61) 200m: 03:37,88 (00:54,15)</i>	2012	SV Blau-Weiß Bochum	03:37,88	193
10.	Mika Lüttenberg <i>50m: 00:49,26 (00:49,26)   100m: 01:46,29 (00:57,03)   150m: 02:42,66 (00:56,37) 200m: 03:41,19 (00:58,53)</i>	2012	WASPO Blau Gelb Delphin Bochum	03:41,19	185

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Julian Pozimski <i>50m: 00:39,13 (00:39,13)   100m: 01:23,39 (00:44,26)   150m: 02:07,89 (00:44,50) 200m: 02:49,34 (00:41,45)</i>	2011	SV Übach-Palenberg	02:49,34	413
2.	Bastian Asmann <i>50m: 00:39,51 (00:39,51)   100m: 01:23,95 (00:44,44)   150m: 02:10,29 (00:46,34) 200m: 02:55,93 (00:45,64)</i>	2011	SG Essen	02:55,93	368
3.	Leon Fynn Büngener <i>50m: 00:39,98 (00:39,98)   100m: 01:25,63 (00:45,65)   150m: 02:12,94 (00:47,31) 200m: 02:57,10 (00:44,16)</i>	2011	SVD Tria Kettwig	02:57,10	361
4.	Tom Hädrich <i>50m: 00:39,15 (00:39,15)   100m: 01:24,55 (00:45,40)   150m: 02:11,97 (00:47,42) 200m: 02:59,73 (00:47,76)</i>	2011	TPSK 1925	02:59,73	345
5.	Theo Richter <i>50m: 00:43,78 (00:43,78)   100m: 01:31,68 (00:47,90)   150m: 02:20,78 (00:49,10) 200m: 03:09,35 (00:48,57)</i>	2011	TV Ratingen	03:09,35	295

## noch Wettkampf 9 - 200m Brust männlich

### noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
6.	Hayden Simpson <i>50m: 00:42,85 (00:42,85)   100m: 01:31,95 (00:49,10)   150m: 02:21,80 (00:49,85) 200m: 03:10,24 (00:48,44)</i>	2011	TV Korschenbroich	03:10,24	291
7.	Keanu Böse <i>50m: 00:44,79 (00:44,79)   100m: 01:35,59 (00:50,80)   150m: 02:25,62 (00:50,03) 200m: 03:13,17 (00:47,55)</i>	2011	S. V. Bergisch Gladbach	03:13,17	278
8.	Leonard Schwung <i>50m: 00:44,66 (00:44,66)   100m: 01:36,60 (00:51,94)   150m: 02:28,81 (00:52,21) 200m: 03:19,42 (00:50,61)</i>	2011	TPSK 1925	03:19,42	252
9.	Benjamin Thyssen <i>50m: 00:46,41 (00:46,41)   100m: 01:40,84 (00:54,43)   150m: 02:34,95 (00:54,11) 200m: 03:32,20 (00:57,25)</i>	2011	SG Gladbeck/Recklinghausen	03:32,20	209

## Wettkampf 10 - 200m Freistil männlich

NRW-Bestenliste SMK 2023 10 J. (2013): 02:23,06 - Krispin, Louis (SG Dortmund-Süd 1983) am 25.02.2012  
NRW-Bestenliste SMK 2023 11 J. (2012): 02:19,40 - Büssing, Cedric (SG Neuss) am 07.12.2014  
NRW-Bestenliste SMK 2023 12 J. (2011): 02:08,95 - Thiel, Larus (SG Bayer) am 10.10.2021

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Anton Fries <i>50m: 00:35,93 (00:35,93)   100m: 01:16,77 (00:40,84)   150m: 01:57,76 (00:40,99) 200m: 02:37,84 (00:40,08)</i>	2013	SG Gelsenkirchen	02:37,84	269
2.	Thies Scharlau <i>50m: 00:36,16 (00:36,16)   100m: 01:17,39 (00:41,23)   150m: 01:58,70 (00:41,31) 200m: 02:38,85 (00:40,15)</i>	2013	SG Schwimmen Münster	02:38,85	264
3.	Tobias Bogar <i>50m: 00:38,54 (00:38,54)   100m: 01:21,37 (00:42,83)   150m: 02:02,97 (00:41,60) 200m: 02:40,66 (00:37,69)</i>	2013	SG Bergheim	02:40,66	255
4.	Edin Hukic <i>50m: 00:35,53 (00:35,53)   100m: 01:17,78 (00:42,25)   150m: 02:01,57 (00:43,79) 200m: 02:41,89 (00:40,32)</i>	2013	SG Oberhausen	02:41,89	250
5.	Janne Fokken <i>50m: 00:36,78 (00:36,78)   100m: 01:19,23 (00:42,45)   150m: 02:04,31 (00:45,08) 200m: 02:46,79 (00:42,48)</i>	2013	SG Mönchengladbach	02:46,79	228
6.	Felix Junyu Zuo <i>50m: 00:41,01 (00:41,01)   100m: 01:28,15 (00:47,14)   150m: 02:14,62 (00:46,47) 200m: 02:57,25 (00:42,63)</i>	2013	SSF Bonn	02:57,25	190
7.	Jan Simons <i>50m: 00:42,15 (00:42,15)   100m: 01:29,44 (00:47,29)   150m: 02:15,17 (00:45,73) 200m: 02:57,55 (00:42,38)</i>	2013	SG Bergheim	02:57,55	189
8.	Maximilian Ben Conradi <i>50m: 00:41,07 (00:41,07)   100m: 01:29,05 (00:47,98)   150m: 02:17,53 (00:48,48) 200m: 03:00,65 (00:43,12)</i>	2013	SG Gladbeck/Recklinghausen	03:00,65	180
9.	Felix Holthusen <i>50m: 00:41,23 (00:41,23)   100m: 01:28,82 (00:47,59)   150m: 02:17,24 (00:48,42) 200m: 03:05,60 (00:48,36)</i>	2013	Duisburger ST	03:05,60	165
10.	Ben Yuan <i>50m: 00:42,30 (00:42,30)   100m: 01:31,65 (00:49,35)   150m: 02:20,49 (00:48,84) 200m: 03:05,86 (00:45,37)</i>	2013	SG Neuss	03:05,86	165

## **noch Wettkampf 10 - 200m Freistil männlich**

### **noch Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
11.	Johannes Paes <i>50m: 00:42,08 (00:42,08)   100m: 01:29,11 (00:47,03)   150m: 02:19,75 (00:50,64) 200m: 03:08,40 (00:48,65)</i>	2013	SC Delphin Geldern	03:08,40	158
12.	Abid Redemann <i>50m: 00:43,54 (00:43,54)   100m: 01:33,18 (00:49,64)   150m: 02:25,07 (00:51,89) 200m: 03:12,33 (00:47,26)</i>	2013	TPSK 1925	03:12,33	149
13.	Felix Grundmann <i>50m: 00:43,44 (00:43,44)   100m: 01:34,77 (00:51,33)   150m: 02:27,16 (00:52,39) 200m: 03:17,73 (00:50,57)</i>	2013	SV Neptun Erkenschwick	03:17,73	137
14.	Daniel Ritter <i>50m: 00:44,80 (00:44,80)   100m: 01:39,14 (00:54,34)   150m: 02:34,80 (00:55,66) 200m: 03:25,25 (00:50,45)</i>	2013	SG Mülheim	03:25,25	122

### **Jahrgang 2012**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Amanuel Behailu Negewo <i>50m: 00:37,80 (00:37,80)   100m: 01:20,40 (00:42,60)   150m: 02:02,56 (00:42,16) 200m: 02:42,58 (00:40,02)</i>	2012	SV Rhenania Köln	02:42,58	246
2.	Ilian Fulidi <i>50m: 00:36,57 (00:36,57)   100m: 01:19,75 (00:43,18)   150m: 02:02,63 (00:42,88) 200m: 02:42,82 (00:40,19)</i>	2012	SG Neuss	02:42,82	245
3.	Jörn von Depka <i>50m: 00:37,29 (00:37,29)   100m: 01:20,94 (00:43,65)   150m: 02:04,77 (00:43,83) 200m: 02:46,23 (00:41,46)</i>	2012	SG Sendenhorst	02:46,23	231
4.	Daniel Gitmann <i>50m: 00:38,23 (00:38,23)   100m: 01:21,59 (00:43,36)   150m: 02:06,16 (00:44,57) 200m: 02:48,80 (00:42,64)</i>	2012	SG Mülheim	02:48,80	220
5.	Heinrich Putzke <i>50m: 00:38,65 (00:38,65)   100m: 01:22,07 (00:43,42)   150m: 02:07,43 (00:45,36) 200m: 02:49,77 (00:42,34)</i>	2012	SG Gladbeck/Recklinghausen	02:49,77	216
6.	Pascal Reimann <i>50m: 00:38,35 (00:38,35)   100m: 01:22,46 (00:44,11)   150m: 02:07,32 (00:44,86) 200m: 02:50,03 (00:42,71)</i>	2012	SG Dortmund	02:50,03	215
7.	Max Simon <i>50m: 00:36,14 (00:36,14)   100m: 01:19,47 (00:43,33)   150m: 02:06,29 (00:46,82) 200m: 02:50,94 (00:44,65)</i>	2012	Wfr. TuRa Bergkamen	02:50,94	212
8.	Tim Figge <i>50m: 00:39,38 (00:39,38)   100m: 01:25,03 (00:45,65)   150m: 02:12,06 (00:47,03) 200m: 02:55,16 (00:43,10)</i>	2012	S. V. Bergisch Gladbach	02:55,16	197
9.	Vadim Busko <i>50m: 00:42,30 (00:42,30)   100m: 01:28,52 (00:46,22)   150m: 02:13,89 (00:45,37) 200m: 02:56,97 (00:43,08)</i>	2012	SG Bergheim	02:56,97	191

## noch Wettkampf 10 - 200m Freistil männlich

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Burak Simsek <i>50m: 00:31,92 (00:31,92)   100m: 01:06,87 (00:34,95)   150m: 01:42,72 (00:35,85) 200m: 02:17,17 (00:34,45)</i>	2011	TPSK 1925	02:17,17	411
2.	Simon Dietrich <i>50m: 00:33,86 (00:33,86)   100m: 01:10,64 (00:36,78)   150m: 01:48,31 (00:37,67) 200m: 02:22,10 (00:33,79)</i>	2011	SG Bayer	02:22,10	369
3.	Emil Schlegel <i>50m: 00:31,95 (00:31,95)   100m: 01:09,99 (00:38,04)   150m: 01:49,50 (00:39,51) 200m: 02:27,40 (00:37,90)</i>	2011	SG Dortmund	02:27,40	331
4.	Fabian Körner <i>50m: 00:33,62 (00:33,62)   100m: 01:13,06 (00:39,44)   150m: 01:52,58 (00:39,52) 200m: 02:27,82 (00:35,24)</i>	2011	SG Mülheim	02:27,82	328
5.	Ben Nikolin <i>50m: 00:34,71 (00:34,71)   100m: 01:13,13 (00:38,42)   150m: 01:51,42 (00:38,29) 200m: 02:28,14 (00:36,72)</i>	2011	SG Bergheim	02:28,14	326
6.	Mohamed Laadraoui <i>50m: 00:34,44 (00:34,44)   100m: 01:13,25 (00:38,81)   150m: 01:52,03 (00:38,78) 200m: 02:29,65 (00:37,62)</i>	2011	SSF Bonn	02:29,65	316
7.	Leon Anstipp <i>50m: 00:34,00 (00:34,00)   100m: 01:13,30 (00:39,30)   150m: 01:52,51 (00:39,21) 200m: 02:30,54 (00:38,03)</i>	2011	SG Gladbeck/Recklinghausen	02:30,54	311
8.	Daniel Merkle <i>50m: 00:34,25 (00:34,25)   100m: 01:14,41 (00:40,16)   150m: 01:55,11 (00:40,70) 200m: 02:31,41 (00:36,30)</i>	2011	Rote Erde/SWIM-TEAM TuS Hamm	02:31,41	305
9.	Konrad Gabler <i>50m: 00:34,77 (00:34,77)   100m: 01:14,18 (00:39,41)   150m: 01:55,52 (00:41,34) 200m: 02:31,80 (00:36,28)</i>	2011	SG Mönchengladbach	02:31,80	303
10.	Justus Bodenburg <i>50m: 00:36,63 (00:36,63)   100m: 01:17,67 (00:41,04)   150m: 01:56,62 (00:38,95) 200m: 02:32,93 (00:36,31)</i>	2011	SG Mönchengladbach	02:32,93	296
11.	Paco Franze <i>50m: 00:34,99 (00:34,99)   100m: 01:14,72 (00:39,73)   150m: 01:54,81 (00:40,09) 200m: 02:33,31 (00:38,50)</i>	2011	TSV Bocholt	02:33,31	294
12.	Luis Dietz <i>50m: 00:34,27 (00:34,27)   100m: 01:14,21 (00:39,94)   150m: 01:56,09 (00:41,88) 200m: 02:36,78 (00:40,69)</i>	2011	TV Korschenbroich	02:36,78	275
13.	Thilo Rehrmann <i>50m: 00:35,25 (00:35,25)   100m: 01:16,44 (00:41,19)   150m: 01:59,11 (00:42,67) 200m: 02:37,41 (00:38,30)</i>	2011	SV Blau-Weiß Bochum	02:37,41	272
14.	Conner Karanow <i>50m: 00:35,69 (00:35,69)   100m: 01:18,41 (00:42,72)   150m: 02:02,18 (00:43,77) 200m: 02:40,34 (00:38,16)</i>	2011	SG Neuss	02:40,34	257
15.	Valentin Ericke <i>50m: 00:36,92 (00:36,92)   100m: 01:19,81 (00:42,89)   150m: 02:02,63 (00:42,82) 200m: 02:40,80 (00:38,17)</i>	2011	TPSK 1925	02:40,80	255
	<u>abgemeldet</u> Diego Alexander Mathony	2011	SG Dortmund		

## Wettkampf 11 - 400m Freistil weiblich

NRW-Bestenliste SMK 2023 10 J. (2013): 05:17,85 - Stockmann, Lena (SG Bergheim) am 17.12.2011  
NRW-Bestenliste SMK 2023 11 J. (2012): 04:49,83 - Mülder, Valerie (SV Rhenania Köln 1919 e.V.) am 02.12.2000  
NRW-Bestenliste SMK 2023 12 J. (2011): 04:35,82 - Wirz, Janine (TPSK 1925 e. V.) am 25.06.2009

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Sára Szabó 100m: 01:22,45 (01:22,45)   200m: 02:46,78 (01:24,33)   300m: 04:11,98 (01:25,20) 400m: 05:33,90 (01:21,92)	2013	SG Schwimmen Münster	05:33,90	355
2.	Julia Bodenburg 100m: 01:23,48 (01:23,48)   200m: 02:51,36 (01:27,88)   300m: 04:17,87 (01:26,51) 400m: 05:39,37 (01:21,50)	2013	SG Mönchengladbach	05:39,37	338
3.	Amelie Nzounpe 100m: 01:22,34 (01:22,34)   200m: 02:51,29 (01:28,95)   300m: 04:19,87 (01:28,58) 400m: 05:43,08 (01:23,21)	2013	SC Delphin Geldern	05:43,08	327
4.	Valentina Basile da Costa 100m: 01:22,48 (01:22,48)   200m: 02:48,20 (01:25,72)   300m: 04:18,54 (01:30,34) 400m: 05:46,58 (01:28,04)	2013	SG Bayer	05:46,58	317
5.	Alexandra Cremers 100m: 01:25,74 (01:25,74)   200m: 02:58,14 (01:32,40)   300m: 04:31,89 (01:33,75) 400m: 05:59,84 (01:27,95)	2013	SG Bayer	05:59,84	283
6.	Tjorven Ida Abrahams 100m: 01:27,02 (01:27,02)   200m: 02:59,81 (01:32,79)   300m: 04:34,08 (01:34,27) 400m: 06:02,50 (01:28,42)	2013	SG Gelsenkirchen	06:02,50	277
7.	Nina Gerkens 100m: 01:22,56 (01:22,56)   200m: 02:55,31 (01:32,75)   300m: 04:30,54 (01:35,23) 400m: 06:03,78 (01:33,24)	2013	SV Übach-Palenberg	06:03,78	274
8.	Emilie Urban 100m: 01:26,51 (01:26,51)   200m: 03:00,25 (01:33,74)   300m: 04:32,29 (01:32,04) 400m: 06:04,66 (01:32,37)	2013	SG Bayer	06:04,66	272
9.	Emilia Klaus 100m: 01:22,86 (01:22,86)   200m: 02:58,00 (01:35,14)   300m: 04:34,48 (01:36,48) 400m: 06:04,95 (01:30,47)	2013	SG Dortmund	06:04,95	272
10.	Ella Hartmann 100m: 01:26,12 (01:26,12)   200m: 03:01,14 (01:35,02)   300m: 04:35,52 (01:34,38) 400m: 06:06,23 (01:30,71)	2013	SG Dortmund	06:06,23	269
11.	Katharina Kohl 100m: 01:29,89 (01:29,89)   200m: 03:03,45 (01:33,56)   300m: 04:36,16 (01:32,71) 400m: 06:08,67 (01:32,51)	2013	SG Dortmund	06:08,67	263
12.	Lina Göbl 100m: 01:26,00 (01:26,00)   200m: 03:04,20 (01:38,20)   300m: 04:43,02 (01:38,82) 400m: 06:11,00 (01:27,98)	2013	Hennefer TV	06:11,00	258
13.	Ilvy Kühnhenrich 100m: 01:29,41 (01:29,41)   200m: 03:05,76 (01:36,35)   300m: 04:42,15 (01:36,39) 400m: 06:11,47 (01:29,32)	2013	SG Bergheim	06:11,47	257
14.	Paula Deuker 100m: 01:30,83 (01:30,83)   200m: 03:09,42 (01:38,59)   300m: 04:45,70 (01:36,28) 400m: 06:16,25 (01:30,55)	2013	SG Essen	06:16,25	248
15.	Jule Jessen 100m: 01:29,78 (01:29,78)   200m: 03:08,43 (01:38,65)   300m: 04:45,70 (01:37,27) 400m: 06:18,15 (01:32,45)	2013	SG Mülheim	06:18,15	244
16.	Pia Luciana Solmecke 100m: 01:32,89 (01:32,89)   200m: 03:11,10 (01:38,21)   300m: 04:48,73 (01:37,63) 400m: 06:21,07 (01:32,34)	2013	SG Dortmund	06:21,07	238

## **noch Wettkampf 11 - 400m Freistil weiblich**

### **noch Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
17.	Franka Gerling <i>100m: 01:29,57 (01:29,57)   200m: 03:06,80 (01:37,23)   300m: 04:45,45 (01:38,65) 400m: 06:21,78 (01:36,33)</i>	2013	SG Schwimmen Münster	06:21,78	237
18.	Riva Franke <i>100m: 01:30,80 (01:30,80)   200m: 03:09,35 (01:38,55)   300m: 04:46,65 (01:37,30) 400m: 06:21,84 (01:35,19)</i>	2013	SG Dortmund	06:21,84	237
19.	Sofia Grieser <i>100m: 01:32,68 (01:32,68)   200m: 03:11,75 (01:39,07)   300m: 04:49,59 (01:37,84) 400m: 06:24,18 (01:34,59)</i>	2013	SV Westfalen Hagen	06:24,18	233
20.	Emma Anni Rothhoff <i>100m: 01:28,02 (01:28,02)   200m: 03:09,51 (01:41,49)   300m: 04:51,73 (01:42,22) 400m: 06:28,57 (01:36,84)</i>	2013	SG Gladbeck/Recklinghausen	06:28,57	225
21.	Tilda-Constanze Grund <i>100m: 01:32,35 (01:32,35)   200m: 03:13,51 (01:41,16)   300m: 04:54,41 (01:40,90) 400m: 06:29,52 (01:35,11)</i>	2013	SG Schwimmen Münster	06:29,52	223
22.	Elisaweta Sablin <i>100m: 01:34,29 (01:34,29)   200m: 03:15,01 (01:40,72)   300m: 04:55,44 (01:40,43) 400m: 06:32,12 (01:36,68)</i>	2013	SG Essen	06:32,12	219
23.	Nele Blasch <i>100m: 01:35,59 (01:35,59)   200m: 03:18,02 (01:42,43)   300m: 04:58,70 (01:40,68) 400m: 06:34,38 (01:35,68)</i>	2013	SG Mülheim	06:34,38	215
24.	Anastasia Moskwa <i>100m: 01:29,72 (01:29,72)   200m: 03:11,15 (01:41,43)   300m: 04:55,26 (01:44,11) 400m: 06:34,66 (01:39,40)</i>	2013	SG Bayer	06:34,66	215
25.	Alva Mund <i>100m: 01:32,37 (01:32,37)   200m: 03:16,53 (01:44,16)   300m: 04:58,91 (01:42,38) 400m: 06:35,25 (01:36,34)</i>	2013	SC Delphin Geldern	06:35,25	214
26.	Stephanie Golda <i>100m: 01:33,31 (01:33,31)   200m: 03:15,97 (01:42,66)   300m: 04:58,31 (01:42,34) 400m: 06:35,25 (01:36,94)</i>	2013	SG Neuss	06:35,25	214
27.	Emna Sahraoui <i>100m: 01:34,24 (01:34,24)   200m: 03:17,49 (01:43,25)   300m: 04:59,09 (01:41,60) 400m: 06:36,75 (01:37,66)</i>	2013	SG Bergheim	06:36,75	211
28.	Pia Fischer <i>100m: 01:32,51 (01:32,51)   200m: 03:15,35 (01:42,84)   300m: 04:59,71 (01:44,36) 400m: 06:38,00 (01:38,29)</i>	2013	SC Delphin Geldern	06:38,00	209
29.	Maria Maierhofer <i>100m: 01:34,10 (01:34,10)   200m: 03:17,07 (01:42,97)   300m: 04:59,48 (01:42,41) 400m: 06:38,23 (01:38,75)</i>	2013	SG Mülheim	06:38,23	209
30.	Sophie Willerberg <i>100m: 01:32,80 (01:32,80)   200m: 03:16,23 (01:43,43)   300m: 04:59,67 (01:43,44) 400m: 06:38,55 (01:38,88)</i>	2013	PSV Oberhausen	06:38,55	208
31.	Aurelia Spitz Leal <i>100m: 01:34,04 (01:34,04)   200m: 03:17,36 (01:43,32)   300m: 05:02,37 (01:45,01) 400m: 06:38,71 (01:36,34)</i>	2013	PSV Oberhausen	06:38,71	208
32.	Fiona Schneider <i>100m: 01:33,96 (01:33,96)   200m: 03:17,55 (01:43,59)   300m: 05:02,16 (01:44,61) 400m: 06:40,17 (01:38,01)</i>	2013	SV Neptun Erkenschwick	06:40,17	206
33.	Annika Stark <i>100m: 01:36,39 (01:36,39)   200m: 03:20,13 (01:43,74)   300m: 05:04,20 (01:44,07) 400m: 06:42,80 (01:38,60)</i>	2013	SC Delphin Geldern	06:42,80	202



## **noch Wettkampf 11 - 400m Freistil weiblich**

### **noch Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
34.	Lisa Pöland <i>100m: 01:35,72 (01:35,72)   200m: 03:19,16 (01:43,44)   300m: 05:03,51 (01:44,35) 400m: 06:43,63 (01:40,12)</i>	2013	SC Hürth	06:43,63	201
35.	Leni Tschunko <i>100m: 01:36,94 (01:36,94)   200m: 03:20,34 (01:43,40)   300m: 05:05,61 (01:45,27) 400m: 06:44,12 (01:38,51)</i>	2013	SG Gladbeck/Recklinghausen	06:44,12	200
36.	Thea Mevissen <i>100m: 01:38,73 (01:38,73)   200m: 03:24,19 (01:45,46)   300m: 05:10,39 (01:46,20) 400m: 06:48,84 (01:38,45)</i>	2013	SC Delphin Geldern	06:48,84	193
37.	Sophia Eul <i>100m: 01:35,60 (01:35,60)   200m: 03:22,60 (01:47,00)   300m: 05:11,21 (01:48,61) 400m: 06:52,74 (01:41,53)</i>	2013	SG Gladbeck/Recklinghausen	06:52,74	188
38.	Cosima-Venezia Teerling <i>100m: 01:38,79 (01:38,79)   200m: 03:24,18 (01:45,39)   300m: 05:10,82 (01:46,64) 400m: 06:53,03 (01:42,21)</i>	2013	SG Schwimmen Münster	06:53,03	187
	<u>nicht am Start</u> Pia Tempelhoff  <u>aufgegeben</u> Laura Dück	2013	SSC Hörde  SG Dortmund		

### **Jahrgang 2012**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Ina Cichon <i>100m: 01:19,74 (01:19,74)   200m: 02:42,82 (01:23,08)   300m: 04:05,29 (01:22,47) 400m: 05:26,47 (01:21,18)</i>	2012	SG Bergheim	05:26,47	379
2.	Talya Tok <i>200m: 02:42,13 (02:42,13)   300m: 04:07,93 (01:25,80)   400m: 05:30,59 (01:22,66)</i>	2012	TPSK 1925	05:30,59	365
3.	Myrtha Vogt <i>100m: 01:18,04 (01:18,04)   200m: 02:43,25 (01:25,21)   300m: 04:09,58 (01:26,33) 400m: 05:32,67 (01:23,09)</i>	2012	SG Gladbeck/Recklinghausen	05:32,67	359
4.	Hailey Grace Walker <i>100m: 01:19,35 (01:19,35)   200m: 02:44,94 (01:25,59)   300m: 04:10,45 (01:25,51) 400m: 05:34,31 (01:23,86)</i>	2012	SG Essen	05:34,31	353
5.	Lorena Guerra Gonzalez <i>100m: 01:17,65 (01:17,65)   200m: 02:42,65 (01:25,00)   300m: 04:10,08 (01:27,43) 400m: 05:34,97 (01:24,89)</i>	2012	SG Essen	05:34,97	351
6.	Eslem Su Soydan <i>100m: 01:19,39 (01:19,39)   200m: 02:45,42 (01:26,03)   300m: 04:12,98 (01:27,56) 400m: 05:36,67 (01:23,69)</i>	2012	TPSK 1925	05:36,67	346
7.	Charlotte Mager <i>100m: 01:19,54 (01:19,54)   200m: 02:47,22 (01:27,68)   300m: 04:16,10 (01:28,88) 400m: 05:41,10 (01:25,00)</i>	2012	SG Neuss	05:41,10	333
8.	Sophie Simone Satsukevych <i>100m: 01:23,22 (01:23,22)   200m: 02:51,37 (01:28,15)   300m: 04:18,94 (01:27,57) 400m: 05:41,75 (01:22,81)</i>	2012	SG Mönchengladbach	05:41,75	331
9.	Nina Jarosch <i>100m: 01:20,22 (01:20,22)   200m: 02:47,24 (01:27,02)   300m: 04:17,62 (01:30,38) 400m: 05:43,78 (01:26,16)</i>	2012	SG Bergheim	05:43,78	325

## noch Wettkampf 11 - 400m Freistil weiblich

### noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
10.	Tara Lettmann <i>100m: 01:20,49 (01:20,49)   200m: 02:49,30 (01:28,81)   300m: 04:18,30 (01:29,00) 400m: 05:44,27 (01:25,97)</i>	2012	SG Gladbeck/Recklinghausen	05:44,27	324
11.	Anna Stockel <i>100m: 01:23,16 (01:23,16)   200m: 02:52,32 (01:29,16)   300m: 04:21,32 (01:29,00) 400m: 05:46,51 (01:25,19)</i>	2012	SG Schwimmen Münster	05:46,51	317
12.	Viktoria Sinizki <i>100m: 01:21,32 (01:21,32)   200m: 02:51,11 (01:29,79)   300m: 04:24,14 (01:33,03) 400m: 05:47,00 (01:22,86)</i>	2012	SG Neuss	05:47,00	316
13.	Calista Helesch <i>100m: 01:23,08 (01:23,08)   200m: 02:50,62 (01:27,54)   300m: 04:20,51 (01:29,89) 400m: 05:47,61 (01:27,10)</i>	2012	SG Mülheim	05:47,61	314
14.	Katharina Lind <i>100m: 01:20,38 (01:20,38)   200m: 02:50,63 (01:30,25)   300m: 04:21,98 (01:31,35) 400m: 05:48,00 (01:26,02)</i>	2012	SG Neuss	05:48,00	313
15.	Matilda Maiß <i>100m: 01:21,50 (01:21,50)   200m: 02:52,69 (01:31,19)   300m: 04:24,37 (01:31,68) 400m: 05:48,27 (01:23,90)</i>	2012	SG Gladbeck/Recklinghausen	05:48,27	312
16.	Josefine Michel <i>100m: 01:29,88 (01:29,88)   200m: 02:54,06 (01:24,18)   300m: 04:23,67 (01:29,61) 400m: 05:49,68 (01:26,01)</i>	2012	SG Schwimmen Münster	05:49,68	309
17.	Mia Radloff <i>100m: 01:22,09 (01:22,09)   200m: 02:51,43 (01:29,34)   300m: 04:23,27 (01:31,84) 400m: 05:51,48 (01:28,21)</i>	2012	SG Dortmund	05:51,48	304
18.	Wilhelmine Heidemann <i>100m: 01:21,38 (01:21,38)   200m: 02:51,50 (01:30,12)   300m: 04:23,54 (01:32,04) 400m: 05:52,25 (01:28,71)</i>	2012	SC Steinhagen-Amshausen	05:52,25	302
19.	Melina Reis <i>100m: 01:23,95 (01:23,95)   200m: 02:56,88 (01:32,93)   300m: 04:28,41 (01:31,53) 400m: 05:53,38 (01:24,97)</i>	2012	SC Delphin Geldern	05:53,38	299
20.	Annika Migala <i>100m: 01:19,65 (01:19,65)   200m: 02:49,83 (01:30,18)   300m: 04:22,85 (01:33,02) 400m: 05:54,47 (01:31,62)</i>	2012	SG Bayer	05:54,47	296
21.	Emma Weckbecker <i>100m: 01:24,00 (01:24,00)   200m: 02:54,09 (01:30,09)   300m: 04:26,19 (01:32,10) 400m: 05:56,07 (01:29,88)</i>	2012	SG Mülheim	05:56,07	292
22.	Lina Pabel <i>100m: 01:23,96 (01:23,96)   200m: 02:55,86 (01:31,90)   300m: 04:27,33 (01:31,47) 400m: 05:56,40 (01:29,07)</i>	2012	SV Langenfeld	05:56,40	292
23.	Vassilissa Eickels <i>100m: 01:26,45 (01:26,45)   200m: 02:58,39 (01:31,94)   300m: 04:31,02 (01:32,63) 400m: 05:58,42 (01:27,40)</i>	2012	SV Rhenania Köln	05:58,42	287
24.	Tineke Meese <i>100m: 01:24,50 (01:24,50)   200m: 02:56,93 (01:32,43)   300m: 04:30,35 (01:33,42) 400m: 06:00,10 (01:29,75)</i>	2012	Rote Erde/SWIM-TEAM TuS Hamm	06:00,10	283
25.	Sophie Männich <i>100m: 01:28,02 (01:28,02)   200m: 03:00,97 (01:32,95)   300m: 04:33,44 (01:32,47) 400m: 06:00,59 (01:27,15)</i>	2012	SG Bayer	06:00,59	281
26.	Amelie Jonas <i>100m: 01:23,66 (01:23,66)   200m: 02:57,31 (01:33,65)   300m: 04:32,06 (01:34,75) 400m: 06:02,79 (01:30,73)</i>	2012	PSV Oberhausen	06:02,79	276

## **noch Wettkampf 11 - 400m Freistil weiblich**

### **noch Jahrgang 2012**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
27.	Leona Sonntag <i>100m: 01:23,33 (01:23,33)   200m: 02:55,56 (01:32,23)   300m: 04:30,50 (01:34,94) 400m: 06:02,84 (01:32,34)</i>	2012	Wasserfreunde Wuppertal	06:02,84	276
28.	Frida Schaarwächter <i>100m: 01:23,96 (01:23,96)   200m: 02:57,67 (01:33,71)   300m: 04:33,70 (01:36,03) 400m: 06:03,18 (01:29,48)</i>	2012	Wasserfreunde Wuppertal	06:03,18	275
29.	Lia Hartmannshenn <i>100m: 01:25,61 (01:25,61)   200m: 03:02,47 (01:36,86)   300m: 04:38,54 (01:36,07) 400m: 06:07,61 (01:29,07)</i>	2012	SG Mönchengladbach	06:07,61	266
30.	Juliana Smyla <i>100m: 01:27,48 (01:27,48)   200m: 03:01,96 (01:34,48)   300m: 04:37,27 (01:35,31) 400m: 06:08,49 (01:31,22)</i>	2012	SG Schwimmen Münster	06:08,49	264
31.	Emilia Erward <i>100m: 01:25,92 (01:25,92)   200m: 03:00,82 (01:34,90)   300m: 04:36,76 (01:35,94) 400m: 06:09,95 (01:33,19)</i>	2012	SG Mülheim	06:09,95	261
32.	Charlotte Katharina Frohwerk <i>100m: 01:27,19 (01:27,19)   200m: 03:01,22 (01:34,03)   300m: 04:38,25 (01:37,03) 400m: 06:10,16 (01:31,91)</i>	2012	SC Delphin Geldern	06:10,16	260
33.	Charlotte Zimmermann <i>100m: 01:24,78 (01:24,78)   200m: 02:59,59 (01:34,81)   300m: 04:36,34 (01:36,75) 400m: 06:10,81 (01:34,47)</i>	2012	TV Ratingen	06:10,81	259
34.	Luisa Rybacki <i>100m: 01:25,44 (01:25,44)   200m: 03:00,28 (01:34,84)   300m: 04:37,78 (01:37,50) 400m: 06:11,72 (01:33,94)</i>	2012	TV Ratingen	06:11,72	257
35.	Nike Diehl <i>100m: 01:29,86 (01:29,86)   200m: 03:04,86 (01:35,00)   300m: 04:42,39 (01:37,53) 400m: 06:12,80 (01:30,41)</i>	2012	SG Dortmund-Süd	06:12,80	255
36.	Elea Stute <i>100m: 01:29,08 (01:29,08)   200m: 03:06,02 (01:36,94)   300m: 04:43,61 (01:37,59) 400m: 06:15,08 (01:31,47)</i>	2012	TuS Sundern	06:15,08	250
37.	Kateryna Koltaniuk <i>100m: 01:25,70 (01:25,70)   200m: 03:03,17 (01:37,47)   300m: 04:40,08 (01:36,91) 400m: 06:15,57 (01:35,49)</i>	2012	SG Gelsenkirchen	06:15,57	249
38.	Emma Klaessen <i>100m: 01:29,64 (01:29,64)   200m: 03:08,02 (01:38,38)   300m: 04:45,77 (01:37,75) 400m: 06:19,33 (01:33,56)</i>	2012	SC Delphin Geldern	06:19,33	242
39.	Cara Maria Pielsticker <i>100m: 01:28,94 (01:28,94)   200m: 03:07,27 (01:38,33)   300m: 04:49,08 (01:41,81) 400m: 06:27,31 (01:38,23)</i>	2012	SG Bayer	06:27,31	227
40.	Lina Böhm <i>100m: 01:30,80 (01:30,80)   200m: 03:10,68 (01:39,88)   300m: 04:52,20 (01:41,52) 400m: 06:27,52 (01:35,32)</i>	2012	PSV Oberhausen	06:27,52	227

### **Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Helene Boller <i>100m: 01:10,34 (01:10,34)   200m: 02:26,65 (01:16,31)   300m: 03:44,09 (01:17,44) 400m: 05:01,05 (01:16,96)</i>	2011	SG Essen	05:01,05	484

## **noch Wettkampf 11 - 400m Freistil weiblich**

### **noch Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
2.	Caroline Stark <i>100m: 01:12,08 (01:12,08)   200m: 02:29,98 (01:17,90)   300m: 03:49,03 (01:19,05) 400m: 05:04,31 (01:15,28)</i>	2011	SC Delphin Geldern	05:04,31	469
3.	Jairah Malien Bermann <i>100m: 01:12,25 (01:12,25)   200m: 02:29,90 (01:17,65)   300m: 03:48,61 (01:18,71) 400m: 05:04,48 (01:15,87)</i>	2011	SG Essen	05:04,48	468
4.	Leonie Wagner <i>100m: 01:12,69 (01:12,69)   200m: 02:32,41 (01:19,72)   300m: 03:53,00 (01:20,59) 400m: 05:11,27 (01:18,27)</i>	2011	TV Jahn Hiesfeld	05:11,27	438
5.	Calla Berner <i>100m: 01:14,06 (01:14,06)   200m: 02:34,95 (01:20,89)   300m: 03:55,88 (01:20,93) 400m: 05:12,88 (01:17,00)</i>	2011	SG Mönchengladbach	05:12,88	431
6.	Isabelle Conradi <i>100m: 01:13,05 (01:13,05)   200m: 02:33,24 (01:20,19)   300m: 03:54,21 (01:20,97) 400m: 05:13,77 (01:19,56)</i>	2011	SG Gladbeck/Recklinghausen	05:13,77	427
7.	Enda Schirmeisen <i>100m: 01:12,34 (01:12,34)   200m: 02:33,84 (01:21,50)   300m: 03:55,79 (01:21,95) 400m: 05:14,74 (01:18,95)</i>	2011	SG Schwimmen Münster	05:14,74	424
8.	Naya Johannknecht <i>100m: 01:13,86 (01:13,86)   200m: 02:35,37 (01:21,51)   300m: 03:57,76 (01:22,39) 400m: 05:15,73 (01:17,97)</i>	2011	SV Blau-Weiß Bochum	05:15,73	420
9.	Paulina Bauer <i>100m: 01:15,37 (01:15,37)   200m: 02:36,34 (01:20,97)   300m: 03:58,62 (01:22,28) 400m: 05:16,09 (01:17,47)</i>	2011	SV Blau-Weiß Bochum	05:16,09	418
10.	Mathilda Yu-Ri Buschmeyer <i>100m: 01:13,46 (01:13,46)   200m: 02:33,85 (01:20,39)   300m: 03:56,12 (01:22,27) 400m: 05:16,15 (01:20,03)</i>	2011	SG Essen	05:16,15	418
11.	Donata Pauline Sophie Saldsieder <i>100m: 01:17,33 (01:17,33)   200m: 02:39,02 (01:21,69)   300m: 03:59,61 (01:20,59) 400m: 05:16,24 (01:16,63)</i>	2011	SSF Bonn	05:16,24	418
12.	Ida Huth <i>100m: 01:21,81 (01:21,81)   200m: 02:38,57 (01:16,76)   300m: 03:59,73 (01:21,16) 400m: 05:17,32 (01:17,59)</i>	2011	TPSK 1925	05:17,32	413
13.	Amelie Weiser <i>100m: 01:14,61 (01:14,61)   200m: 02:36,80 (01:22,19)   300m: 03:58,95 (01:22,15) 400m: 05:18,39 (01:19,44)</i>	2011	Düsseldorfer SC	05:18,39	409
14.	Isabella Wojtakowski <i>100m: 01:14,14 (01:14,14)   200m: 02:35,95 (01:21,81)   300m: 03:59,33 (01:23,38) 400m: 05:19,61 (01:20,28)</i>	2011	SG Gelsenkirchen	05:19,61	404
15.	Mia Brauckmann <i>100m: 01:15,63 (01:15,63)   200m: 02:37,79 (01:22,16)   300m: 04:00,09 (01:22,30) 400m: 05:20,04 (01:19,95)</i>	2011	SG Gladbeck/Recklinghausen	05:20,04	403
16.	Hannah Skokic <i>100m: 01:18,53 (01:18,53)   200m: 02:40,10 (01:21,57)   300m: 04:02,73 (01:22,63) 400m: 05:21,55 (01:18,82)</i>	2011	SG Mülheim	05:21,55	397
17.	Ariane Linkerhand <i>100m: 01:16,26 (01:16,26)   200m: 02:38,88 (01:22,62)   300m: 04:02,45 (01:23,57) 400m: 05:21,98 (01:19,53)</i>	2011	Freie Schwimmer Düsseldorf	05:21,98	396
18.	Clara Fellechner <i>100m: 01:18,41 (01:18,41)   200m: 02:42,69 (01:24,28)   300m: 04:05,77 (01:23,08) 400m: 05:23,80 (01:18,03)</i>	2011	SG Bayer	05:23,80	389

## **noch Wettkampf 11 - 400m Freistil weiblich**

### **noch Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
19.	Anna Chiara Schleifer <i>100m: 01:16,32 (01:16,32)   200m: 02:39,00 (01:22,68)   300m: 04:02,86 (01:23,86) 400m: 05:23,92 (01:21,06)</i>	2011	SG Essen	05:23,92	389
20.	Maya Farès <i>100m: 01:15,37 (01:15,37)   200m: 02:38,25 (01:22,88)   300m: 04:02,03 (01:23,78) 400m: 05:24,61 (01:22,58)</i>	2011	SG Mülheim	05:24,61	386
21.	Johanna Jänike <i>100m: 01:18,16 (01:18,16)   200m: 02:41,57 (01:23,41)   300m: 04:04,02 (01:22,45) 400m: 05:25,70 (01:21,68)</i>	2011	SG Mülheim	05:25,70	382
22.	Anna Forsbach <i>100m: 01:18,34 (01:18,34)   200m: 02:42,54 (01:24,20)   300m: 04:07,36 (01:24,82) 400m: 05:27,98 (01:20,62)</i>	2011	TV Ratingen	05:27,98	374
23.	Pia Kleinhüchelkoten <i>100m: 01:17,41 (01:17,41)   200m: 02:41,61 (01:24,20)   300m: 04:03,98 (01:22,37) 400m: 05:28,81 (01:24,83)</i>	2011	SG Gladbeck/Recklinghausen	05:28,81	371
24.	Mara Klump <i>100m: 01:18,62 (01:18,62)   200m: 02:43,59 (01:24,97)   300m: 04:08,04 (01:24,45) 400m: 05:30,31 (01:22,27)</i>	2011	SG Siegen	05:30,31	366
25.	Lara Kaiser <i>100m: 01:16,91 (01:16,91)   200m: 02:43,52 (01:26,61)   300m: 04:06,48 (01:22,96) 400m: 05:30,67 (01:24,19)</i>	2011	SG Essen	05:30,67	365
26.	Martha Lübbering <i>100m: 01:18,72 (01:18,72)   200m: 02:44,82 (01:26,10)   300m: 04:10,93 (01:26,11) 400m: 05:33,65 (01:22,72)</i>	2011	VFL Gladbeck	05:33,65	355
27.	Luisa Schröer <i>100m: 01:16,92 (01:16,92)   200m: 02:43,13 (01:26,21)   300m: 04:10,92 (01:27,79) 400m: 05:35,16 (01:24,24)</i>	2011	SG Bayer	05:35,16	351
28.	Laura Isabel Hansen <i>100m: 01:18,94 (01:18,94)   200m: 02:44,87 (01:25,93)   300m: 04:12,47 (01:27,60) 400m: 05:38,50 (01:26,03)</i>	2011	SG Gelsenkirchen	05:38,50	340
29.	Charlotte Drenker <i>100m: 01:18,62 (01:18,62)   200m: 02:45,25 (01:26,63)   300m: 04:13,09 (01:27,84) 400m: 05:39,40 (01:26,31)</i>	2011	TV Ratingen	05:39,40	338
30.	Sophia Ann Moewes <i>100m: 01:22,20 (01:22,20)   200m: 02:50,51 (01:28,31)   300m: 04:17,70 (01:27,19) 400m: 05:40,51 (01:22,81)</i>	2011	SV Horrem-Sindorf	05:40,51	334
31.	Liana Müller <i>100m: 01:21,50 (01:21,50)   200m: 02:48,64 (01:27,14)   300m: 04:16,18 (01:27,54) 400m: 05:40,68 (01:24,50)</i>	2011	SG Dortmund	05:40,68	334
32.	Annabelle Hintzen <i>100m: 01:20,20 (01:20,20)   200m: 02:50,44 (01:30,24)   300m: 04:21,74 (01:31,30) 400m: 05:43,14 (01:21,40)</i>	2011	SG Gladbeck/Recklinghausen	05:43,14	327
33.	Paula Verstraeten <i>100m: 01:22,65 (01:22,65)   200m: 02:50,79 (01:28,14)   300m: 04:18,82 (01:28,03) 400m: 05:43,59 (01:24,77)</i>	2011	SG Neuss	05:43,59	325
34.	Helena Bielitzki <i>100m: 01:20,65 (01:20,65)   200m: 02:48,78 (01:28,13)   300m: 04:18,62 (01:29,84) 400m: 05:44,66 (01:26,04)</i>	2011	SG Oberhausen	05:44,66	322
35.	Linn Fügmann <i>100m: 01:21,56 (01:21,56)   200m: 02:50,78 (01:29,22)   300m: 04:20,81 (01:30,03) 400m: 05:47,06 (01:26,25)</i>	2011	S. V. Bergisch Gladbach	05:47,06	316

## **noch Wettkampf 11 - 400m Freistil weiblich**

### **noch Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
36.	Luise Böcker <i>100m: 01:22,63 (01:22,63)   200m: 02:53,82 (01:31,19)   300m: 04:25,53 (01:31,71) 400m: 05:51,82 (01:26,29)</i>	2011	SC Delphin Geldern	05:51,82	303
37.	Luise Rattmann <i>100m: 01:22,57 (01:22,57)   200m: 02:54,86 (01:32,29)   300m: 04:28,42 (01:33,56) 400m: 05:57,05 (01:28,63)</i>	2011	SC Delphin Geldern	05:57,05	290
38.	Antonina Soltyska <i>100m: 01:27,49 (01:27,49)   200m: 03:01,17 (01:33,68)   300m: 04:34,48 (01:33,31) 400m: 05:59,24 (01:24,76)</i>	2011	SVD Tria Kettwig	05:59,24	285
39.	Helena Jansen <i>100m: 01:29,10 (01:29,10)   200m: 03:08,73 (01:39,63)   300m: 04:48,20 (01:39,47) 400m: 06:20,67 (01:32,47)</i>	2011	SG Gladbeck/Recklinghausen	06:20,67	239
	<u>abgemeldet</u> Emilia Bargmann	2011	SG Mülheim		

## **Wettkampf 12 - 400m Freistil männlich**

NRW-Bestenliste SMK 2023 10 J. (2013): 05:08,04 - Kinik, Barkan (TPSK 1925 e. V.) am 12.10.2008  
NRW-Bestenliste SMK 2023 11 J. (2012): 04:51,04 - Simsek, Burak (TPSK 1925 e. V.) am 28.05.2022  
NRW-Bestenliste SMK 2023 12 J. (2011): 04:30,72 - Büssing, Cedric (SG Neuss) am 05.12.2015

### **Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Anton Fries <i>100m: 01:22,52 (01:22,52)   200m: 02:49,63 (01:27,11)   300m: 04:16,59 (01:26,96) 400m: 05:37,82 (01:21,23)</i>	2013	SG Gelsenkirchen	05:37,82	276
2.	Tobias Bogar <i>100m: 01:25,72 (01:25,72)   200m: 02:53,66 (01:27,94)   300m: 04:21,04 (01:27,38) 400m: 05:47,36 (01:26,32)</i>	2013	SG Bergheim	05:47,36	254
3.	Thies Scharlau <i>100m: 01:23,34 (01:23,34)   200m: 02:52,24 (01:28,90)   300m: 04:19,31 (01:27,07) 400m: 05:47,49 (01:28,18)</i>	2013	SG Schwimmen Münster	05:47,49	254
4.	Janne Fokken <i>100m: 01:22,97 (01:22,97)   200m: 02:54,08 (01:31,11)   300m: 04:25,55 (01:31,47) 400m: 05:53,90 (01:28,35)</i>	2013	SG Mönchengladbach	05:53,90	240
5.	Ben Düngel <i>100m: 01:23,82 (01:23,82)   200m: 02:54,64 (01:30,82)   300m: 04:28,00 (01:33,36) 400m: 05:56,45 (01:28,45)</i>	2013	SG Mülheim	05:56,45	235
6.	Edin Hukic <i>100m: 01:20,89 (01:20,89)   200m: 02:53,65 (01:32,76)   300m: 04:28,53 (01:34,88) 400m: 05:57,37 (01:28,84)</i>	2013	SG Oberhausen	05:57,37	233
7.	Daniel Ryvkin <i>100m: 01:23,61 (01:23,61)   200m: 02:56,35 (01:32,74)   300m: 04:29,51 (01:33,16) 400m: 05:57,69 (01:28,18)</i>	2013	SC Aqua Köln	05:57,69	232
8.	Jan Simons <i>100m: 01:32,97 (01:32,97)   200m: 03:06,77 (01:33,80)   300m: 04:41,93 (01:35,16) 400m: 06:13,91 (01:31,98)</i>	2013	SG Bergheim	06:13,91	203
9.	Philipp Klinkowski <i>100m: 01:28,82 (01:28,82)   200m: 03:04,67 (01:35,85)   300m: 04:41,42 (01:36,75) 400m: 06:14,07 (01:32,65)</i>	2013	SG Dortmund	06:14,07	203

## **noch Wettkampf 12 - 400m Freistil männlich**

### **noch Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
10.	Luis Weidenhaupt <i>100m: 01:31,21 (01:31,21)   200m: 03:07,47 (01:36,26)   300m: 04:44,97 (01:37,50) 400m: 06:14,38 (01:29,41)</i>	2013	SG Schwimmen Münster	06:14,38	203
11.	Tom Birk <i>100m: 01:31,06 (01:31,06)   200m: 03:08,38 (01:37,32)   300m: 04:44,81 (01:36,43) 400m: 06:15,59 (01:30,78)</i>	2013	PSV Oberhausen	06:15,59	201
12.	Louie Banna <i>100m: 01:33,72 (01:33,72)   200m: 03:11,37 (01:37,65)   300m: 04:47,61 (01:36,24) 400m: 06:15,89 (01:28,28)</i>	2013	SG Schwimmen Münster	06:15,89	200
13.	Nick Seelert <i>100m: 01:31,44 (01:31,44)   200m: 03:10,28 (01:38,84)   300m: 04:47,88 (01:37,60) 400m: 06:19,07 (01:31,19)</i>	2013	SG Bayer	06:19,07	195
14.	Finn Karanow <i>100m: 01:26,69 (01:26,69)   200m: 03:05,19 (01:38,50)   300m: 04:43,52 (01:38,33) 400m: 06:19,33 (01:35,81)</i>	2013	SG Neuss	06:19,33	195
15.	Jakob Rütz <i>100m: 01:32,30 (01:32,30)   200m: 03:09,30 (01:37,00)   300m: 04:47,93 (01:38,63) 400m: 06:23,01 (01:35,08)</i>	2013	SG Bergheim	06:23,01	189
16.	Felix Faupel <i>100m: 01:31,15 (01:31,15)   200m: 03:10,06 (01:38,91)   300m: 04:50,15 (01:40,09) 400m: 06:23,27 (01:33,12)</i>	2013	SSF Bonn	06:23,27	189
17.	Felix Junyu Zuo <i>100m: 01:31,96 (01:31,96)   200m: 03:13,45 (01:41,49)   300m: 04:52,49 (01:39,04) 400m: 06:27,73 (01:35,24)</i>	2013	SSF Bonn	06:27,73	182
18.	Maximilian Ben Conradi <i>100m: 01:30,76 (01:30,76)   200m: 03:12,12 (01:41,36)   300m: 04:54,15 (01:42,03) 400m: 06:28,45 (01:34,30)</i>	2013	SG Gladbeck/Recklinghausen	06:28,45	181
19.	Maximilian Radloff <i>100m: 01:31,99 (01:31,99)   200m: 03:13,24 (01:41,25)   300m: 04:55,27 (01:42,03) 400m: 06:28,94 (01:33,67)</i>	2013	SG Dortmund	06:28,94	181
20.	Jonas Wistuba <i>100m: 01:28,44 (01:28,44)   200m: 03:08,46 (01:40,02)   300m: 04:50,57 (01:42,11) 400m: 06:29,56 (01:38,99)</i>	2013	SG Schwimmen Münster	06:29,56	180
21.	Ben Yuan <i>100m: 01:36,35 (01:36,35)   200m: 03:22,59 (01:46,24)   300m: 05:06,62 (01:44,03) 400m: 06:39,63 (01:33,01)</i>	2013	SG Neuss	06:39,63	166
22.	Felix Holthusen <i>100m: 01:35,33 (01:35,33)   200m: 03:17,36 (01:42,03)   300m: 05:04,77 (01:47,41) 400m: 06:39,74 (01:34,97)</i>	2013	Duisburger ST	06:39,74	166
23.	Abid Redemann <i>100m: 01:35,07 (01:35,07)   200m: 03:18,57 (01:43,50)   300m: 05:02,42 (01:43,85) 400m: 06:40,54 (01:38,12)</i>	2013	TPSK 1925	06:40,54	165
24.	Johannes Paes <i>100m: 01:33,21 (01:33,21)   200m: 03:17,82 (01:44,61)   300m: 05:01,89 (01:44,07) 400m: 06:41,46 (01:39,57)</i>	2013	SC Delphin Geldern	06:41,46	164
25.	Lukas Maximilian Meurers <i>100m: 01:36,60 (01:36,60)   200m: 03:21,97 (01:45,37)   300m: 05:06,57 (01:44,60) 400m: 06:42,52 (01:35,95)</i>	2013	SG Neuss	06:42,52	163
26.	Emil Farzaliyer <i>100m: 01:38,63 (01:38,63)   200m: 03:23,34 (01:44,71)   300m: 05:06,92 (01:43,58) 400m: 06:42,59 (01:35,67)</i>	2013	SG Essen	06:42,59	163

## noch Wettkampf 12 - 400m Freistil männlich

### noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
27.	Malte Mende <i>100m: 01:35,42 (01:35,42)   200m: 03:21,35 (01:45,93)   300m: 05:07,89 (01:46,54) 400m: 06:50,16 (01:42,27)</i>	2013	TuS Viktoria Rietberg	06:50,16	154
28.	Ryan-Philip Ziechner <i>100m: 01:37,70 (01:37,70)   200m: 03:25,26 (01:47,56)   300m: 05:11,57 (01:46,31) 400m: 06:50,64 (01:39,07)</i>	2013	PSV Oberhausen	06:50,64	153
29.	Jonas Burger <i>100m: 01:35,84 (01:35,84)   200m: 03:23,02 (01:47,18)   300m: 05:13,11 (01:50,09) 400m: 06:53,69 (01:40,58)</i>	2013	SG Gladbeck/Recklinghausen	06:53,69	150
30.	Adrian Essmann <i>100m: 01:38,58 (01:38,58)   200m: 03:25,11 (01:46,53)   300m: 05:12,56 (01:47,45) 400m: 06:53,99 (01:41,43)</i>	2013	SG Schwimmen Münster	06:53,99	150
31.	Jan Ole Berger <i>100m: 01:38,61 (01:38,61)   200m: 03:28,24 (01:49,63)   300m: 05:16,07 (01:47,83) 400m: 06:57,27 (01:41,20)</i>	2013	SV Steele	06:57,27	146
32.	Felix Grundmann <i>100m: 01:36,54 (01:36,54)   200m: 03:26,80 (01:50,26)   300m: 05:14,48 (01:47,68) 400m: 06:58,13 (01:43,65)</i>	2013	SV Neptun Erkenschwick	06:58,13	145
33.	Felix Thyssen <i>100m: 01:42,16 (01:42,16)   200m: 03:30,37 (01:48,21)   300m: 05:21,30 (01:50,93) 400m: 07:04,55 (01:43,25)</i>	2013	SG Gladbeck/Recklinghausen	07:04,55	139
34.	Oscar Bach <i>100m: 01:39,47 (01:39,47)   200m: 03:30,39 (01:50,92)   300m: 05:21,67 (01:51,28) 400m: 07:05,22 (01:43,55)</i>	2013	SG Bayer	07:05,22	138
35.	Leon Reber <i>100m: 01:42,97 (01:42,97)   200m: 03:34,10 (01:51,13)   300m: 05:24,26 (01:50,16) 400m: 07:08,64 (01:44,38)</i>	2013	SSC Hörde	07:08,64	135
36.	Matteo Dietz <i>100m: 01:42,29 (01:42,29)   200m: 03:35,70 (01:53,41)   300m: 05:29,13 (01:53,43) 400m: 07:12,13 (01:43,00)</i>	2013	TV Korschenbroich	07:12,13	132
37.	Daniel Ritter <i>100m: 01:45,08 (01:45,08)   200m: 03:39,44 (01:54,36)   300m: 05:35,78 (01:56,34) 400m: 07:15,64 (01:39,86)</i>	2013	SG Mülheim	07:15,64	128
38.	Tim Leon Köser <i>100m: 01:45,33 (01:45,33)   200m: 03:37,66 (01:52,33)   300m: 05:30,69 (01:53,03) 400m: 07:17,12 (01:46,43)</i>	2013	SC Hardtberg	07:17,12	127

#### nicht am Start

Jonathan Wehrbein 2013 TV Korschenbroich

#### disqualifiziert

Julius Homann 2013 SG Schwimmen Münster

*Der Sportler hat während des Wettkampfes seine Teil-Bahn verlassen und den Sportler auf der rechten Seite behindert.  
 Uhrzeit der Bekanntgabe: 13:08*

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Samuel Konrad Krietenbrink <i>100m: 01:15,74 (01:15,74)   200m: 02:34,64 (01:18,90)   300m: 03:54,22 (01:19,58) 400m: 05:11,99 (01:17,77)</i>	2012	SG Essen	05:11,99	350



## noch Wettkampf 12 - 400m Freistil männlich

### noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
2.	Justus Moritz Lindemann <i>100m: 01:15,80 (01:15,80)   200m: 02:38,39 (01:22,59)   300m: 04:00,48 (01:22,09) 400m: 05:20,32 (01:19,84)</i>	2012	SG Essen	05:20,32	324
3.	Lian Fynn Niehaus <i>100m: 01:17,29 (01:17,29)   200m: 02:41,13 (01:23,84)   300m: 04:05,73 (01:24,60) 400m: 05:26,26 (01:20,53)</i>	2012	SV Blau-Weiß Bochum	05:26,26	306
4.	Lauren Gondro <i>100m: 01:19,61 (01:19,61)   200m: 02:46,21 (01:26,60)   300m: 04:12,83 (01:26,62) 400m: 05:35,09 (01:22,26)</i>	2012	SG Essen	05:35,09	283
5.	Albert Schmiade <i>100m: 01:21,74 (01:21,74)   200m: 02:50,18 (01:28,44)   300m: 04:18,80 (01:28,62) 400m: 05:43,49 (01:24,69)</i>	2012	SG Neuss	05:43,49	262
6.	Julian Sikorski <i>100m: 01:22,57 (01:22,57)   200m: 02:51,80 (01:29,23)   300m: 04:21,06 (01:29,26) 400m: 05:43,67 (01:22,61)</i>	2012	SSF Bonn	05:43,67	262
7.	Kaan Akkaya <i>100m: 01:23,38 (01:23,38)   200m: 02:50,95 (01:27,57)   300m: 04:19,34 (01:28,39) 400m: 05:43,84 (01:24,50)</i>	2012	TPSK 1925	05:43,84	262
8.	Kimon Antachopoulos <i>100m: 01:24,59 (01:24,59)   200m: 02:53,99 (01:29,40)   300m: 04:22,16 (01:28,17) 400m: 05:45,10 (01:22,94)</i>	2012	SV Horrem-Sindorf	05:45,10	259
9.	Amanuel Behailu Negewo <i>100m: 01:24,31 (01:24,31)   200m: 02:53,60 (01:29,29)   300m: 04:22,72 (01:29,12) 400m: 05:47,40 (01:24,68)</i>	2012	SV Rhenania Köln	05:47,40	254
10.	Julian Philipp Arnold <i>100m: 01:19,22 (01:19,22)   200m: 02:49,19 (01:29,97)   300m: 04:20,53 (01:31,34) 400m: 05:47,75 (01:27,22)</i>	2012	SSF Bonn	05:47,75	253
11.	Raphael Zuber <i>100m: 01:21,64 (01:21,64)   200m: 02:51,71 (01:30,07)   300m: 04:22,39 (01:30,68) 400m: 05:49,01 (01:26,62)</i>	2012	SG Dortmund	05:49,01	250
12.	Niklas Wilk <i>100m: 01:22,63 (01:22,63)   200m: 02:53,66 (01:31,03)   300m: 04:25,04 (01:31,38) 400m: 05:49,58 (01:24,54)</i>	2012	SC Delphin Geldern	05:49,58	249
13.	Lian Freitag <i>100m: 01:26,01 (01:26,01)   200m: 02:57,51 (01:31,50)   300m: 04:28,54 (01:31,03) 400m: 05:53,69 (01:25,15)</i>	2012	PSV Oberhausen	05:53,69	240
14.	Ilian Fulidi <i>100m: 01:23,20 (01:23,20)   200m: 02:54,85 (01:31,65)   300m: 04:26,52 (01:31,67) 400m: 05:54,13 (01:27,61)</i>	2012	SG Neuss	05:54,13	239
15.	Jona Schallock <i>100m: 01:24,22 (01:24,22)   200m: 02:55,53 (01:31,31)   300m: 04:25,64 (01:30,11) 400m: 05:54,62 (01:28,98)</i>	2012	SG Dortmund	05:54,62	238
16.	Jörn von Depka <i>100m: 01:22,42 (01:22,42)   200m: 02:54,02 (01:31,60)   300m: 04:26,82 (01:32,80) 400m: 05:54,67 (01:27,85)</i>	2012	SG Sendenhorst	05:54,67	238
17.	Robert Vaubel <i>100m: 01:23,25 (01:23,25)   200m: 02:55,29 (01:32,04)   300m: 04:27,05 (01:31,76) 400m: 05:55,83 (01:28,78)</i>	2012	SG Mülheim	05:55,83	236
18.	Paul Reuker <i>100m: 01:24,26 (01:24,26)   200m: 02:56,67 (01:32,41)   300m: 04:28,54 (01:31,87) 400m: 05:57,32 (01:28,78)</i>	2012	SG Dortmund	05:57,32	233

## noch Wettkampf 12 - 400m Freistil männlich

### noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
19.	Jan Dudek <i>100m: 01:26,46 (01:26,46)   200m: 02:57,88 (01:31,42)   300m: 04:30,15 (01:32,27) 400m: 05:58,45 (01:28,30)</i>	2012	SG Dortmund	05:58,45	231
20.	Pascal Reimann <i>100m: 01:26,27 (01:26,27)   200m: 02:58,47 (01:32,20)   300m: 04:30,78 (01:32,31) 400m: 05:59,92 (01:29,14)</i>	2012	SG Dortmund	05:59,92	228
21.	Daniel Gitmann <i>100m: 01:27,03 (01:27,03)   200m: 02:58,98 (01:31,95)   300m: 04:32,19 (01:33,21) 400m: 06:00,65 (01:28,46)</i>	2012	SG Mülheim	06:00,65	227
22.	Max Simon <i>100m: 01:24,28 (01:24,28)   200m: 02:59,06 (01:34,78)   300m: 04:35,93 (01:36,87) 400m: 06:07,07 (01:31,14)</i>	2012	Wfr. TuRa Bergkamen	06:07,07	215
23.	Heinrich Putzke <i>100m: 01:26,24 (01:26,24)   200m: 03:01,69 (01:35,45)   300m: 04:37,76 (01:36,07) 400m: 06:07,55 (01:29,79)</i>	2012	SG Gladbeck/Recklinghausen	06:07,55	214
24.	Ludwig Sumpf <i>100m: 01:27,22 (01:27,22)   200m: 03:02,57 (01:35,35)   300m: 04:39,90 (01:37,33) 400m: 06:08,76 (01:28,86)</i>	2012	SV Steele	06:08,76	212
25.	Felix Birk <i>100m: 01:27,15 (01:27,15)   200m: 03:02,59 (01:35,44)   300m: 04:38,27 (01:35,68) 400m: 06:08,78 (01:30,51)</i>	2012	PSV Oberhausen	06:08,78	212
26.	Ben Krug <i>100m: 01:27,86 (01:27,86)   200m: 03:03,82 (01:35,96)   300m: 04:40,86 (01:37,04) 400m: 06:09,23 (01:28,37)</i>	2012	1. Paderborner SV	06:09,23	211
27.	Marcel Piskover <i>100m: 01:26,90 (01:26,90)   200m: 03:02,66 (01:35,76)   300m: 04:37,55 (01:34,89) 400m: 06:10,13 (01:32,58)</i>	2012	SG Dortmund	06:10,13	210
28.	Maximilian Kalheber <i>100m: 01:25,10 (01:25,10)   200m: 02:59,19 (01:34,09)   300m: 04:36,81 (01:37,62) 400m: 06:10,60 (01:33,79)</i>	2012	Wasserfreunde Wuppertal	06:10,60	209
29.	Jakob Laurin Erbeskern <i>100m: 01:28,93 (01:28,93)   200m: 03:05,65 (01:36,72)   300m: 04:41,17 (01:35,52) 400m: 06:11,30 (01:30,13)</i>	2012	SV Blau-Weiß Bochum	06:11,30	208
30.	Nils Bauten <i>100m: 01:30,73 (01:30,73)   200m: 03:08,39 (01:37,66)   300m: 04:45,29 (01:36,90) 400m: 06:17,00 (01:31,71)</i>	2012	SC Delphin Geldern	06:17,00	198
31.	Theodor Grüß <i>100m: 01:26,30 (01:26,30)   200m: 03:03,94 (01:37,64)   300m: 04:45,51 (01:41,57) 400m: 06:18,69 (01:33,18)</i>	2012	SSF Bonn	06:18,69	196
32.	Lars Winter <i>100m: 01:28,51 (01:28,51)   200m: 03:12,19 (01:43,68)   300m: 04:46,76 (01:34,57) 400m: 06:19,56 (01:32,80)</i>	2012	Hennefer TV	06:19,56	194
33.	Tim Figge <i>100m: 01:31,75 (01:31,75)   200m: 03:09,22 (01:37,47)   300m: 04:48,13 (01:38,91) 400m: 06:21,28 (01:33,15)</i>	2012	S. V. Bergisch Gladbach	06:21,28	192
34.	Vadim Busko <i>100m: 01:33,39 (01:33,39)   200m: 03:11,30 (01:37,91)   300m: 04:49,33 (01:38,03) 400m: 06:21,84 (01:32,51)</i>	2012	SG Bergheim	06:21,84	191
35.	Mika Lüttenberg <i>100m: 01:28,82 (01:28,82)   200m: 03:09,36 (01:40,54)   300m: 04:49,45 (01:40,09) 400m: 06:27,54 (01:38,09)</i>	2012	WASPO Blau Gelb Delphin Bochum	06:27,54	183

## noch Wettkampf 12 - 400m Freistil männlich

### noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
36.	Moritz Schumann <i>100m: 01:31,49 (01:31,49)   200m: 03:13,75 (01:42,26)   300m: 04:56,09 (01:42,34) 400m: 06:30,96 (01:34,87)</i>	2012	SG SSF Marl-Hüls	06:30,96	178
37.	Nils Schmalenberg <i>100m: 01:29,48 (01:29,48)   200m: 03:12,34 (01:42,86)   300m: 04:56,56 (01:44,22) 400m: 06:33,06 (01:36,50)</i>	2012	TV Korschenbroich	06:33,06	175
38.	Matthias Brix <i>100m: 01:33,11 (01:33,11)   200m: 03:14,20 (01:41,09)   300m: 04:56,22 (01:42,02) 400m: 06:33,26 (01:37,04)</i>	2012	SSF Bonn	06:33,26	175
39.	Max Luca Bauer <i>100m: 01:32,79 (01:32,79)   200m: 03:14,60 (01:41,81)   300m: 04:58,46 (01:43,86) 400m: 06:35,20 (01:36,74)</i>	2012	SC Hardtberg	06:35,20	172
	<u>abgemeldet</u> Adam Abouelmaaty	2012	Die Alligatoren		

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Richard Junior Schönfelder <i>100m: 01:08,98 (01:08,98)   200m: 02:22,12 (01:13,14)   300m: 03:34,58 (01:12,46) 400m: 04:44,02 (01:09,44)</i>	2011	TPSK 1925	04:44,02	465
2.	Burak Simsek <i>100m: 01:09,52 (01:09,52)   200m: 02:22,49 (01:12,97)   300m: 03:35,89 (01:13,40) 400m: 04:44,02 (01:08,13)</i>	2011	TPSK 1925	04:44,02	465
3.	Theodor Büscher <i>100m: 01:06,93 (01:06,93)   200m: 02:20,75 (01:13,82)   300m: 03:33,48 (01:12,73) 400m: 04:44,45 (01:10,97)</i>	2011	SG Essen	04:44,45	463
4.	Georgios Bakalidis <i>100m: 01:10,28 (01:10,28)   200m: 02:25,78 (01:15,50)   300m: 03:41,28 (01:15,50) 400m: 04:54,40 (01:13,12)</i>	2011	SG Neuss	04:54,40	417
5.	Bastian Asmann <i>100m: 01:10,39 (01:10,39)   200m: 02:27,36 (01:16,97)   300m: 03:44,61 (01:17,25) 400m: 05:00,43 (01:15,82)</i>	2011	SG Essen	05:00,43	393
6.	Simon Dietrich <i>100m: 01:14,10 (01:14,10)   200m: 02:32,27 (01:18,17)   300m: 03:50,91 (01:18,64) 400m: 05:04,80 (01:13,89)</i>	2011	SG Bayer	05:04,80	376
7.	Titus Ditzgen <i>100m: 01:13,03 (01:13,03)   200m: 02:33,28 (01:20,25)   400m: 05:07,29 (02:34,01)</i>	2011	TV Ratingen	05:07,29	367
8.	Nico Meisner <i>100m: 01:15,89 (01:15,89)   200m: 02:36,18 (01:20,29)   300m: 03:55,89 (01:19,71) 400m: 05:11,73 (01:15,84)</i>	2011	SG Rhein-Sieg	05:11,73	351
9.	Ben Nikolin <i>100m: 01:17,12 (01:17,12)   200m: 02:37,25 (01:20,13)   300m: 03:56,00 (01:18,75) 400m: 05:11,73 (01:15,73)</i>	2011	SG Bergheim	05:11,73	351
10.	Andreas Walenwein <i>100m: 01:12,61 (01:12,61)   200m: 02:32,49 (01:19,88)   300m: 03:53,35 (01:20,86) 400m: 05:11,76 (01:18,41)</i>	2011	TPSK 1925	05:11,76	351
11.	Leon Anstipp <i>100m: 01:15,08 (01:15,08)   200m: 02:38,16 (01:23,08)   300m: 03:58,41 (01:20,25) 400m: 05:12,82 (01:14,41)</i>	2011	SG Gladbeck/Recklinghausen	05:12,82	348

## **noch Wettkampf 12 - 400m Freistil männlich**

### **noch Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
12.	Julian Pozimski <i>100m: 01:13,81 (01:13,81)   200m: 02:33,06 (01:19,25)   300m: 03:54,00 (01:20,94) 400m: 05:12,90 (01:18,90)</i>	2011	SV Übach-Palenberg	05:12,90	347
13.	Julian Schulz <i>100m: 01:16,33 (01:16,33)   200m: 02:39,13 (01:22,80)   300m: 04:01,39 (01:22,26) 400m: 05:18,50 (01:17,11)</i>	2011	SV Blau-Weiß Bochum	05:18,50	329
14.	Mohamed Laadraoui <i>100m: 01:15,70 (01:15,70)   200m: 02:38,25 (01:22,55)   300m: 04:00,33 (01:22,08) 400m: 05:18,50 (01:18,17)</i>	2011	SSF Bonn	05:18,50	329
15.	Pileas Manassis <i>100m: 01:16,06 (01:16,06)   200m: 02:37,51 (01:21,45)   300m: 03:59,53 (01:22,02) 400m: 05:19,29 (01:19,76)</i>	2011	SG Neuss	05:19,29	327
16.	Johann Schwager <i>100m: 01:16,87 (01:16,87)   200m: 02:39,84 (01:22,97)   300m: 04:02,51 (01:22,67) 400m: 05:21,36 (01:18,85)</i>	2011	SG Dortmund	05:21,36	321
17.	Fabian Körner <i>100m: 01:16,72 (01:16,72)   200m: 02:40,07 (01:23,35)   300m: 04:04,45 (01:24,38) 400m: 05:24,22 (01:19,77)</i>	2011	SG Mülheim	05:24,22	312
18.	Emil Schlegel <i>100m: 01:17,70 (01:17,70)   200m: 02:42,45 (01:24,75)   300m: 04:05,11 (01:22,66) 400m: 05:24,59 (01:19,48)</i>	2011	SG Dortmund	05:24,59	311
19.	Daniel Merkle <i>100m: 01:17,97 (01:17,97)   200m: 02:44,06 (01:26,09)   300m: 04:08,87 (01:24,81) 400m: 05:25,68 (01:16,81)</i>	2011	Rote Erde/SWIM-TEAM TuS Hamm	05:25,68	308
20.	Leon Fynn Büngener <i>100m: 01:16,95 (01:16,95)   200m: 02:40,53 (01:23,58)   300m: 04:06,02 (01:25,49) 400m: 05:27,09 (01:21,07)</i>	2011	SVD Tria Kettwig	05:27,09	304
21.	Paco Franze <i>100m: 01:17,20 (01:17,20)   200m: 02:41,91 (01:24,71)   300m: 04:06,71 (01:24,80) 400m: 05:28,10 (01:21,39)</i>	2011	TSV Bocholt	05:28,10	301
22.	Tom Hädrich <i>100m: 01:16,29 (01:16,29)   200m: 02:39,76 (01:23,47)   300m: 04:04,80 (01:25,04) 400m: 05:29,64 (01:24,84)</i>	2011	TPSK 1925	05:29,64	297
23.	Justus Bodenburg <i>100m: 01:23,39 (01:23,39)   200m: 02:48,73 (01:25,34)   300m: 04:13,68 (01:24,95) 400m: 05:30,38 (01:16,70)</i>	2011	SG Mönchengladbach	05:30,38	295
24.	Konrad Gabler <i>100m: 01:20,74 (01:20,74)   200m: 02:49,07 (01:28,33)   300m: 04:14,97 (01:25,90) 400m: 05:33,72 (01:18,75)</i>	2011	SG Mönchengladbach	05:33,72	286
25.	Luis Dietz <i>100m: 01:17,54 (01:17,54)   200m: 02:42,95 (01:25,41)   300m: 04:10,30 (01:27,35) 400m: 05:34,08 (01:23,78)</i>	2011	TV Korschenbroich	05:34,08	285
26.	Theo Richter <i>100m: 01:17,61 (01:17,61)   200m: 02:47,15 (01:29,54)   300m: 04:08,98 (01:21,83) 400m: 05:34,28 (01:25,30)</i>	2011	TV Ratingen	05:34,28	285
27.	Valentin Ericke <i>100m: 01:20,76 (01:20,76)   200m: 02:48,55 (01:27,79)   300m: 04:16,20 (01:27,65) 400m: 05:38,91 (01:22,71)</i>	2011	TPSK 1925	05:38,91	273
28.	Thilo Rehrmann <i>100m: 01:19,91 (01:19,91)   200m: 02:47,00 (01:27,09)   300m: 04:16,68 (01:29,68) 400m: 05:39,25 (01:22,57)</i>	2011	SV Blau-Weiß Bochum	05:39,25	272

## **noch Wettkampf 12 - 400m Freistil männlich**

### **noch Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
29.	Philipp Rübesam <i>100m: 01:17,28 (01:17,28)   200m: 02:45,34 (01:28,06)   300m: 04:14,59 (01:29,25) 400m: 05:39,53 (01:24,94)</i>	2011	SC Delphin Geldern	05:39,53	272
30.	Leonard Schwung <i>100m: 01:20,42 (01:20,42)   200m: 02:49,53 (01:29,11)   300m: 04:17,92 (01:28,39) 400m: 05:41,82 (01:23,90)</i>	2011	TPSK 1925	05:41,82	266
31.	Hayden Simpson <i>100m: 01:19,02 (01:19,02)   200m: 02:46,93 (01:27,91)   300m: 04:16,55 (01:29,62) 400m: 05:41,87 (01:25,32)</i>	2011	TV Korschenbroich	05:41,87	266
32.	Emil Schultebrücks <i>100m: 01:18,02 (01:18,02)   200m: 02:46,40 (01:28,38)   300m: 04:14,89 (01:28,49) 400m: 05:43,58 (01:28,69)</i>	2011	TuS Dortmund-Brackel	05:43,58	262
33.	Conner Karanow <i>100m: 01:20,39 (01:20,39)   200m: 02:53,45 (01:33,06)   300m: 04:24,76 (01:31,31) 400m: 05:49,86 (01:25,10)</i>	2011	SG Neuss	05:49,86	248
34.	Benjamin Thyssen <i>100m: 01:20,48 (01:20,48)   200m: 02:51,18 (01:30,70)   300m: 04:23,52 (01:32,34) 400m: 05:52,44 (01:28,92)</i>	2011	SG Gladbeck/Recklinghausen	05:52,44	243
35.	Keanu Böse <i>200m: 02:58,23 (02:58,23)   300m: 04:32,20 (01:33,97)   400m: 06:00,48 (01:28,28)</i>	2011	S. V. Bergisch Gladbach	06:00,48	227
36.	Laurenz Merl <i>100m: 01:23,50 (01:23,50)   200m: 03:00,84 (01:37,34)   300m: 04:36,86 (01:36,02) 400m: 06:02,34 (01:25,48)</i>	2011	SC Hürth	06:02,34	224
37.	Jakob Schäfer <i>100m: 01:24,03 (01:24,03)   200m: 02:56,03 (01:32,00)   300m: 04:31,15 (01:35,12) 400m: 06:02,58 (01:31,43)</i>	2011	SG Dortmund	06:02,58	223
38.	David Laikom <i>100m: 01:23,54 (01:23,54)   200m: 02:57,04 (01:33,50)   300m: 04:31,86 (01:34,82) 400m: 06:03,61 (01:31,75)</i>	2011	1. Paderborner SV	06:03,61	221
	<u>nicht am Start</u>				
	Mika Wallerstein	2011	SG Bayer		
	<u>abgemeldet</u>				
	Diego Alexander Mathony	2011	SG Dortmund		

## **Wettkampf 13 - 15m Delfinbeine Bauchlage weiblich**

### **Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Tilda-Constanze Grund	2013	SG Schwimmen Münster	00:09,51	627
2.	Ilvy Kühnhenrich	2013	SG Bergheim	00:09,70	590
3.	Sára Szabó	2013	SG Schwimmen Münster	00:09,79	574
4.	Elisaweta Sablin	2013	SG Essen	00:09,87	560
5.	Lina Göbl	2013	Hennefer TV	00:09,94	549
6.	Amelie Nzounpe	2013	SC Delphin Geldern	00:09,95	547
7.	Ella Hartmann	2013	SG Dortmund	00:10,07	528
8.	Nele Blasch	2013	SG Mülheim	00:10,11	521
9.	Franka Gerling	2013	SG Schwimmen Münster	00:10,15	515
10.	Valentina Basile da Costa	2013	SG Bayer	00:10,30	493
11.	Emma Anni Rotthoff	2013	SG Gladbeck/Recklinghausen	00:10,45	472

## **noch Wettkampf 13 - 15m Delfinbeine Bauchlage weiblich**

### **noch Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
11.	Tjorven Ida Abrahams	2013	SG Gelsenkirchen	00:10,45	472
13.	Emilie Urban	2013	SG Bayer	00:10,51	464
14.	Nina Gerkens	2013	SV Übach-Palenberg	00:10,52	463
15.	Anastasia Moskwa	2013	SG Bayer	00:10,54	460
16.	Alexandra Cremers	2013	SG Bayer	00:10,64	447
17.	Lisa Pöland	2013	SC Hürth	00:10,85	422
18.	Cosima-Venezia Teerling	2013	SG Schwimmen Münster	00:11,01	404
19.	Katharina Kohl	2013	SG Dortmund	00:11,20	383
20.	Julia Bodenbug	2013	SG Mönchengladbach	00:11,21	382
21.	Riva Franke	2013	SG Dortmund	00:11,22	381
22.	Emna Sahraoui	2013	SG Bergheim	00:11,27	376
23.	Sofia Grieser	2013	SV Westfalen Hagen	00:11,30	373
24.	Aurelia Spitz Leal	2013	PSV Oberhausen	00:11,46	358
25.	Fiona Schneider	2013	SV Neptun Erkenschwick	00:11,59	346
26.	Emilia Klaus	2013	SG Dortmund	00:11,60	345
27.	Paula Deuker	2013	SG Essen	00:12,20	297
27.	Thea Mevissen	2013	SC Delphin Geldern	00:12,20	297
29.	Maria Maierhofer	2013	SG Mülheim	00:12,30	289
30.	Leni Tschunko	2013	SG Gladbeck/Recklinghausen	00:12,37	284
30.	Stephanie Golda	2013	SG Neuss	00:12,37	284
32.	Annika Stark	2013	SC Delphin Geldern	00:12,40	282
33.	Pia Luciana Solmecke	2013	SG Dortmund	00:12,47	278
34.	Pia Fischer	2013	SC Delphin Geldern	00:12,67	265
35.	Jule Jessen	2013	SG Mülheim	00:13,25	231
36.	Alva Mund	2013	SC Delphin Geldern	00:13,62	213
37.	Laura Dück	2013	SG Dortmund	00:13,79	205
38.	Sophie Willerberg	2013	PSV Oberhausen	00:14,27	185
39.	Sophia Eul	2013	SG Gladbeck/Recklinghausen	00:14,29	184
<u>nicht am Start</u>					
	Pia Tempelhoff	2013	SSC Hörde		

## **Wettkampf 14 - 25m Delfinbeine Bauchlage weiblich**

### **Jahrgang 2012**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Ina Cichon	2012	SG Bergheim	00:17,10	364
2.	Talya Tok	2012	TPSK 1925	00:17,20	357
3.	Lorena Guerra Gonzalez	2012	SG Essen	00:17,50	339
4.	Frida Schaarwächter	2012	Wasserfreunde Wuppertal	00:17,55	336
5.	Mia Radloff	2012	SG Dortmund	00:17,61	333
6.	Eslem Su Soydan	2012	TPSK 1925	00:17,95	314
7.	Melina Reis	2012	SC Delphin Geldern	00:18,22	300
8.	Charlotte Mager	2012	SG Neuss	00:18,41	291
9.	Leona Sonntag	2012	Wasserfreunde Wuppertal	00:18,69	278
10.	Tara Lettmann	2012	SG Gladbeck/Recklinghausen	00:18,72	277
11.	Viktoria Sinizki	2012	SG Neuss	00:19,52	244
12.	Nina Jarosch	2012	SG Bergheim	00:19,55	243
13.	Katharina Lind	2012	SG Neuss	00:20,00	227
13.	Myrtha Vogt	2012	SG Gladbeck/Recklinghausen	00:20,00	227
15.	Annika Migala	2012	SG Bayer	00:20,03	226

## **noch Wettkampf 14 - 25m Delfinbeine Bauchlage weiblich**

### **noch Jahrgang 2012**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
16.	Amelie Jonas	2012	PSV Oberhausen	00:20,22	220
17.	Lina Pabel	2012	SV Langenfeld	00:20,29	217
18.	Sophie Simone Satsukevych	2012	SG Mönchengladbach	00:20,32	216
19.	Hailey Grace Walker	2012	SG Essen	00:20,40	214
19.	Cara Maria Pielsticker	2012	SG Bayer	00:20,41	214
21.	Lia Hartmannshenn	2012	SG Mönchengladbach	00:20,46	212
22.	Charlotte Zimmermann	2012	TV Ratingen	00:20,64	207
23.	Charlotte Katharina Frohwerk	2012	SC Delphin Geldern	00:20,73	204
24.	Josefine Michel	2012	SG Schwimmen Münster	00:20,77	203
25.	Juliana Smyla	2012	SG Schwimmen Münster	00:21,05	195
26.	Emma Klaessen	2012	SC Delphin Geldern	00:21,10	193
27.	Vassilissa Eickels	2012	SV Rhenania Köln	00:21,35	187
28.	Wilhelmine Heidemann	2012	SC Steinhagen-Amshausen	00:21,44	184
29.	Kateryna Koltaniuk	2012	SG Gelsenkirchen	00:21,60	180
30.	Elea Stute	2012	TuS Sundern	00:21,75	176
31.	Lina Böhm	2012	PSV Oberhausen	00:22,19	166
32.	Nike Diehl	2012	SG Dortmund-Süd	00:22,31	163
33.	Anna Stockel	2012	SG Schwimmen Münster	00:22,40	161
34.	Matilda Maiß	2012	SG Gladbeck/Recklinghausen	00:22,78	153
35.	Emilia Erward	2012	SG Mülheim	00:22,85	152
36.	Tineke Meese	2012	Rote Erde/SWIM-TEAM TuS Hamm	00:23,12	147
37.	Emma Weckbecker	2012	SG Mülheim	00:24,12	129
38.	Sophie Männich	2012	SG Bayer	00:24,48	124
39.	Calista Helesch	2012	SG Mülheim	00:24,71	120
40.	Luisa Rybacki	2012	TV Ratingen	00:25,20	113

### **Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Calla Berner	2011	SG Mönchengladbach	00:15,90	452
2.	Mathilda Yu-Ri Buschmeyer	2011	SG Essen	00:16,45	408
3.	Leonie Wagner	2011	TV Jahn Hiesfeld	00:16,84	381
4.	Liana Müller	2011	SG Dortmund	00:16,85	380
5.	Linn Fügmann	2011	S. V. Bergisch Gladbach	00:16,97	372
6.	Helene Boller	2011	SG Essen	00:17,20	357
6.	Isabelle Conradi	2011	SG Gladbeck/Recklinghausen	00:17,20	357
8.	Antonina Soltyska	2011	SVD Tria Kettwig	00:17,58	335
9.	Enda Schirmeisen	2011	SG Schwimmen Münster	00:17,66	330
10.	Lara Kaiser	2011	SG Essen	00:17,88	318
11.	Amelie Weiser	2011	Düsseldorfer SC	00:17,95	314
12.	Anna Chiara Schleifer	2011	SG Essen	00:18,14	304
13.	Helena Bielitzki	2011	SG Oberhausen	00:18,36	294
14.	Annabelle Hintzen	2011	SG Gladbeck/Recklinghausen	00:18,40	292
15.	Luisa Schröer	2011	SG Bayer	00:18,43	290
16.	Paulina Bauer	2011	SV Blau-Weiß Bochum	00:18,50	287
17.	Caroline Stark	2011	SC Delphin Geldern	00:18,72	277
18.	Naya Johannknecht	2011	SV Blau-Weiß Bochum	00:18,86	271
19.	Anna Forsbach	2011	TV Ratingen	00:18,95	267
20.	Jairah Malien Bermann	2011	SG Essen	00:19,10	261
21.	Ida Huth	2011	TPSK 1925	00:19,16	258
22.	Pia Kleinhückelkoten	2011	SG Gladbeck/Recklinghausen	00:19,20	257

## **noch Wettkampf 14 - 25m Delfinbeine Bauchlage weiblich**

### **noch Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
23.	Mara Klump	2011	SG Siegen	00:19,39	249
24.	Hannah Skokic	2011	SG Mülheim	00:19,51	245
25.	Luise Rattmann	2011	SC Delphin Geldern	00:19,55	243
26.	Maya Farès	2011	SG Mülheim	00:19,69	238
26.	Helena Jansen	2011	SG Gladbeck/Recklinghausen	00:19,70	238
28.	Isabella Wojtakowski	2011	SG Gelsenkirchen	00:19,77	235
29.	Sophia Ann Moewes	2011	SV Horrem-Sindorf	00:19,89	231
30.	Clara Fellechner	2011	SG Bayer	00:19,95	229
31.	Paula Verstraeten	2011	SG Neuss	00:20,31	217
32.	Mia Brauckmann	2011	SG Gladbeck/Recklinghausen	00:20,43	213
33.	Laura Isabel Hansen	2011	SG Gelsenkirchen	00:20,92	198
34.	Charlotte Drenker	2011	TV Ratingen	00:20,97	197
35.	Luise Böcker	2011	SC Delphin Geldern	00:21,50	183
36.	Johanna Jänike	2011	SG Mülheim	00:21,78	176
37.	Martha Lübbering	2011	VFL Gladbeck	00:21,83	174
38.	Ariane Linkerhand	2011	Freie Schwimmer Düsseldorf	00:22,01	170
39.	Donata Pauline Sophie Saldsieder	2011	SSF Bonn	00:23,69	136

#### abgemeldet

Emilia Bargmann 2011 SG Mülheim

## **Wettkampf 15 - 15m Delfinbeine Bauchlage männlich**

### **Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Luis Weidenhaupt	2013	SG Schwimmen Münster	00:09,17	529
2.	Tobias Bogar	2013	SG Bergheim	00:09,19	526
3.	Anton Fries	2013	SG Gelsenkirchen	00:09,73	443
4.	Nick Seelert	2013	SG Bayer	00:09,86	426
5.	Philipp Klinkowski	2013	SG Dortmund	00:09,97	412
6.	Ben Düngel	2013	SG Mülheim	00:10,17	388
7.	Jakob Rütz	2013	SG Bergheim	00:10,21	383
8.	Edin Hukic	2013	SG Oberhausen	00:10,38	365
9.	Janne Fokken	2013	SG Mönchengladbach	00:10,56	346
10.	Daniel Ryvkin	2013	SC Aqua Köln	00:10,67	336
11.	Thies Scharlau	2013	SG Schwimmen Münster	00:10,83	321
12.	Jonas Burger	2013	SG Gladbeck/Recklinghausen	00:11,08	300
13.	Jonas Wistuba	2013	SG Schwimmen Münster	00:11,10	298
14.	Felix Thyssen	2013	SG Gladbeck/Recklinghausen	00:11,15	294
15.	Felix Holthusen	2013	Duisburger ST	00:11,37	277
16.	Ryan-Philip Ziechner	2013	PSV Oberhausen	00:11,39	276
17.	Tom Birk	2013	PSV Oberhausen	00:11,57	263
17.	Felix Junyu Zuo	2013	SSF Bonn	00:11,58	263
19.	Ben Yuan	2013	SG Neuss	00:11,70	255
20.	Abid Redemann	2013	TPSK 1925	00:11,92	241
21.	Finn Karanow	2013	SG Neuss	00:11,94	239
22.	Louie Banna	2013	SG Schwimmen Münster	00:12,20	224
23.	Julius Homann	2013	SG Schwimmen Münster	00:12,77	196
24.	Johannes Paes	2013	SC Delphin Geldern	00:12,95	188
25.	Jan Simons	2013	SG Bergheim	00:13,27	174
26.	Felix Grundmann	2013	SV Neptun Erkenschwick	00:13,39	170



## **noch Wettkampf 15 - 15m Delfinbeine Bauchlage männlich**

### noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
26.	Oscar Bach	2013	SG Bayer	00:13,39	170
28.	Felix Faupel	2013	SSF Bonn	00:13,68	159
29.	Matteo Dietz	2013	TV Korschenbroich	00:13,83	154
30.	Maximilian Radloff	2013	SG Dortmund	00:13,93	151
31.	Maximilian Ben Conradi	2013	SG Gladbeck/Recklinghausen	00:13,96	150
32.	Malte Mende	2013	TuS Viktoria Rietberg	00:14,05	147
33.	Leon Reber	2013	SSC Hörde	00:14,20	142
34.	Jan Ole Berger	2013	SV Steele	00:14,28	140
34.	Tim Leon Köser	2013	SC Hardtberg	00:14,28	140
36.	Emil Farzaliyer	2013	SG Essen	00:15,07	119
37.	Lukas Maximilian Meurers	2013	SG Neuss	00:15,17	117
38.	Daniel Ritter	2013	SG Mülheim	00:15,23	115
39.	Adrian Essmann	2013	SG Schwimmen Münster	00:15,48	110

nicht am Start

Jonathan Wehrbein                      2013    TV Korschenbroich

## **Wettkampf 16 - 25m Delfinbeine Bauchlage männlich**

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Lauren Gondro	2012	SG Essen	00:17,43	260
2.	Paul Reuker	2012	SG Dortmund	00:18,86	205
3.	Jan Dudek	2012	SG Dortmund	00:19,50	185
4.	Maximilian Kalheber	2012	Wasserfreunde Wuppertal	00:20,14	168
5.	Julian Philipp Arnold	2012	SSF Bonn	00:20,20	167
6.	Lian Fynn Niehaus	2012	SV Blau-Weiß Bochum	00:20,30	164
7.	Samuel Konrad Krietenbrink	2012	SG Essen	00:20,55	158
8.	Jona Schallock	2012	SG Dortmund	00:20,97	149
9.	Justus Moritz Lindemann	2012	SG Essen	00:21,03	148
9.	Jakob Laurin Erbeskern	2012	SV Blau-Weiß Bochum	00:21,04	148
11.	Theodor Grüß	2012	SSF Bonn	00:21,23	144
12.	Kaan Akkaya	2012	TPSK 1925	00:21,28	143
13.	Vadim Busko	2012	SG Bergheim	00:21,46	139
14.	Nils Schmalenberg	2012	TV Korschenbroich	00:21,52	138
15.	Ben Krug	2012	1. Paderborner SV	00:21,71	134
16.	Albert Schmiade	2012	SG Neuss	00:21,98	129
17.	Julian Sikorski	2012	SSF Bonn	00:22,10	127
18.	Max Luca Bauer	2012	SC Hardtberg	00:22,41	122
19.	Felix Birk	2012	PSV Oberhausen	00:22,62	119
20.	Kimon Antachopoulos	2012	SV Horrem-Sindorf	00:22,83	115
20.	Mika Lüttenberg	2012	WASPO Blau Gelb Delphin Bochum	00:22,84	115
20.	Lian Freitag	2012	PSV Oberhausen	00:22,88	115
23.	Moritz Schumann	2012	SG SSF Marl-Hüls	00:22,97	113
24.	Max Simon	2012	Wfr. TuRa Bergkamen	00:23,23	109
25.	Lars Winter	2012	Hennefer TV	00:23,32	108
26.	Ilian Fulidi	2012	SG Neuss	00:23,38	107
27.	Heinrich Putzke	2012	SG Gladbeck/Recklinghausen	00:23,59	105
28.	Ludwig Sumpf	2012	SV Steele	00:23,89	101
28.	Raphael Zuber	2012	SG Dortmund	00:23,89	101
30.	Jörn von Depka	2012	SG Sendenhorst	00:24,17	97

## **noch Wettkampf 16 - 25m Delfinbeine Bauchlage männlich**

### noch Jahrgang 2012

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
31.	Tim Figge	2012	S. V. Bergisch Gladbach	00:24,40	94
31.	Marcel Piskover	2012	SG Dortmund	00:24,41	94
33.	Robert Vaubel	2012	SG Mülheim	00:25,02	88
34.	Nils Bauten	2012	SC Delphin Geldern	00:25,04	87
34.	Niklas Wilk	2012	SC Delphin Geldern	00:25,11	87
36.	Daniel Gitmann	2012	SG Mülheim	00:26,71	72
37.	Amanuel Behailu Negewo	2012	SV Rhenania Köln	00:27,37	67
38.	Pascal Reimann	2012	SG Dortmund	00:27,58	65
39.	Matthias Brix	2012	SSF Bonn	00:28,83	57
 <u>abgemeldet</u>					
	Adam Abouelmaaty	2012	Die Alligatoren		

### Jahrgang 2011

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Theodor Büscher	2011	SG Essen	00:14,24	477
2.	Titus Ditgen	2011	TV Ratingen	00:15,43	375
3.	Georgios Bakalidis	2011	SG Neuss	00:16,18	325
4.	Burak Simsek	2011	TPSK 1925	00:16,80	290
5.	Leon Fynn Büngener	2011	SVD Tria Kettwig	00:17,08	276
5.	Nico Meisner	2011	SG Rhein-Sieg	00:17,08	276
7.	Fabian Körner	2011	SG Mülheim	00:17,40	261
8.	Bastian Asmann	2011	SG Essen	00:17,45	259
9.	Emil Schlegel	2011	SG Dortmund	00:17,54	255
10.	Ben Nikolin	2011	SG Bergheim	00:17,73	247
11.	Johann Schwager	2011	SG Dortmund	00:17,80	244
11.	Simon Dietrich	2011	SG Bayer	00:17,81	244
13.	Andreas Walenwein	2011	TPSK 1925	00:17,87	241
13.	Julian Pozimski	2011	SV Übach-Palenberg	00:17,87	241
15.	Paco Franze	2011	TSV Bocholt	00:18,05	234
16.	Konrad Gabler	2011	SG Mönchengladbach	00:18,11	232
17.	David Laikom	2011	1. Paderborner SV	00:18,56	215
18.	Thilo Rehrmann	2011	SV Blau-Weiß Bochum	00:18,78	208
19.	Richard Junior Schönfelder	2011	TPSK 1925	00:18,92	203
20.	Theo Richter	2011	TV Ratingen	00:18,97	201
21.	Julian Schulz	2011	SV Blau-Weiß Bochum	00:19,26	192
22.	Pileas Manassis	2011	SG Neuss	00:19,98	172
22.	Daniel Merkle	2011	Rote Erde/SWIM-TEAM TuS Hamm	00:19,99	172
24.	Leon Anstipp	2011	SG Gladbeck/Recklinghausen	00:20,11	169
25.	Laurenz Merl	2011	SC Hürth	00:20,34	163
26.	Emil Schultebraucks	2011	TuS Dortmund-Brackel	00:20,72	154
27.	Tom Hädrich	2011	TPSK 1925	00:20,84	152
28.	Hayden Simpson	2011	TV Korschenbroich	00:21,36	141
28.	Valentin Ericke	2011	TPSK 1925	00:21,38	141
30.	Conner Karanow	2011	SG Neuss	00:21,60	136
31.	Keanu Böse	2011	S. V. Bergisch Gladbach	00:21,90	131
32.	Philipp Rübesam	2011	SC Delphin Geldern	00:21,92	130
33.	Benjamin Thyssen	2011	SG Gladbeck/Recklinghausen	00:22,35	123
34.	Jakob Schäfer	2011	SG Dortmund	00:22,41	122
35.	Justus Bodenbug	2011	SG Mönchengladbach	00:22,48	121

## **noch Wettkampf 16 - 25m Delfinbeine Bauchlage männlich**

### noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
36.	Luis Dietz	2011	TV Korschenbroich	00:24,39	95
37.	Leonard Schwung	2011	TPSK 1925	00:24,80	90
38.	Mohamed Laadraoui	2011	SSF Bonn	00:26,83	71
	<u>nicht am Start</u>				
	Mika Wallerstein	2011	SG Bayer		
	<u>abgemeldet</u>				
	Diego Alexander Mathony	2011	SG Dortmund		

## **Wettkampf 17 - 15m Delfinbeine Rückenlage weiblich**

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Sára Szabó	2013	SG Schwimmen Münster	00:10,75	434
2.	Tjorven Ida Abrahams	2013	SG Gelsenkirchen	00:10,76	432
3.	Ilyv Kühnhenrich	2013	SG Bergheim	00:10,80	428
4.	Ella Hartmann	2013	SG Dortmund	00:10,92	414
5.	Lina Göbl	2013	Hennefer TV	00:10,98	407
6.	Sofia Grieser	2013	SV Westfalen Hagen	00:11,15	389
7.	Tilda-Constanze Grund	2013	SG Schwimmen Münster	00:11,23	380
8.	Nele Blasch	2013	SG Mülheim	00:11,53	351
9.	Anastasia Moskwa	2013	SG Bayer	00:11,56	349
10.	Elisaweta Sablin	2013	SG Essen	00:11,72	335
11.	Valentina Basile da Costa	2013	SG Bayer	00:11,80	328
12.	Franka Gerling	2013	SG Schwimmen Münster	00:12,08	305
13.	Emma Anni Rotthoff	2013	SG Gladbeck/Recklinghausen	00:12,15	300
14.	Maria Maierhofer	2013	SG Mülheim	00:12,20	297
15.	Emna Sahraoui	2013	SG Bergheim	00:12,21	296
16.	Amelie Nzounpe	2013	SC Delphin Geldern	00:12,30	289
17.	Emilie Urban	2013	SG Bayer	00:12,43	280
18.	Stephanie Golda	2013	SG Neuss	00:12,50	276
19.	Lisa Pöland	2013	SC Hürth	00:12,72	262
20.	Nina Gerkens	2013	SV Übach-Palenberg	00:12,79	257
21.	Riva Franke	2013	SG Dortmund	00:12,80	257
22.	Alexandra Cremers	2013	SG Bayer	00:12,87	253
23.	Leni Tschunko	2013	SG Gladbeck/Recklinghausen	00:12,91	250
24.	Aurelia Spitz Leal	2013	PSV Oberhausen	00:13,12	238
25.	Cosima-Venezia Teerling	2013	SG Schwimmen Münster	00:13,22	233
26.	Emilia Klaus	2013	SG Dortmund	00:13,31	228
27.	Fiona Schneider	2013	SV Neptun Erkenschwick	00:13,44	222
28.	Julia Bodenbug	2013	SG Mönchengladbach	00:13,55	216
28.	Katharina Kohl	2013	SG Dortmund	00:13,55	216
28.	Paula Deuker	2013	SG Essen	00:13,55	216
31.	Pia Luciana Solmecke	2013	SG Dortmund	00:13,66	211
32.	Thea Mevissen	2013	SC Delphin Geldern	00:14,15	190
33.	Sophia Eul	2013	SG Gladbeck/Recklinghausen	00:14,42	179
34.	Annika Stark	2013	SC Delphin Geldern	00:14,60	173
35.	Pia Fischer	2013	SC Delphin Geldern	00:14,69	170
36.	Alva Mund	2013	SC Delphin Geldern	00:14,86	164
37.	Jule Jessen	2013	SG Mülheim	00:15,22	152

## **noch Wettkampf 17 - 15m Delfinbeine Rückenlage weiblich**

### noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
38.	Laura Dück	2013	SG Dortmund	00:15,24	152
39.	Sophie Willerberg	2013	PSV Oberhausen	00:17,46	101
	<u>nicht am Start</u>				
	Pia Tempelhoff	2013	SSC Hörde		

## **Wettkampf 18 - 25m Delfinbeine Rückenlage weiblich**

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Ina Cichon	2012	SG Bergheim	00:17,80	322
2.	Eslem Su Soydan	2012	TPSK 1925	00:17,98	313
3.	Mia Radloff	2012	SG Dortmund	00:18,43	290
4.	Frida Schaarwächter	2012	Wasserfreunde Wuppertal	00:18,91	269
5.	Charlotte Mager	2012	SG Neuss	00:19,16	258
6.	Amelie Jonas	2012	PSV Oberhausen	00:19,25	255
6.	Leona Sonntag	2012	Wasserfreunde Wuppertal	00:19,25	255
8.	Nina Jarosch	2012	SG Bergheim	00:19,30	253
9.	Talya Tok	2012	TPSK 1925	00:19,55	243
10.	Tara Lettmann	2012	SG Gladbeck/Recklinghausen	00:19,70	238
11.	Melina Reis	2012	SC Delphin Geldern	00:19,74	236
12.	Lorena Guerra Gonzalez	2012	SG Essen	00:20,10	224
13.	Charlotte Zimmermann	2012	TV Ratingen	00:20,28	218
14.	Lina Pabel	2012	SV Langenfeld	00:20,62	207
15.	Hailey Grace Walker	2012	SG Essen	00:20,64	207
16.	Sophie Simone Satsukevych	2012	SG Mönchengladbach	00:20,86	200
17.	Myrtha Vogt	2012	SG Gladbeck/Recklinghausen	00:21,03	195
18.	Juliana Smyla	2012	SG Schwimmen Münster	00:21,05	195
19.	Lia Hartmannshenn	2012	SG Mönchengladbach	00:21,63	179
20.	Emma Klaessen	2012	SC Delphin Geldern	00:21,75	176
21.	Viktoria Sinizki	2012	SG Neuss	00:21,98	171
22.	Vassilissa Eickels	2012	SV Rhenania Köln	00:22,10	168
23.	Annika Migala	2012	SG Bayer	00:22,12	168
24.	Cara Maria Pielsticker	2012	SG Bayer	00:22,36	162
25.	Anna Stockel	2012	SG Schwimmen Münster	00:22,60	157
26.	Charlotte Katharina Frohwerk	2012	SC Delphin Geldern	00:22,62	157
27.	Matilda Maiß	2012	SG Gladbeck/Recklinghausen	00:22,77	154
28.	Katharina Lind	2012	SG Neuss	00:22,88	151
29.	Lina Böhm	2012	PSV Oberhausen	00:22,99	149
30.	Kateryna Koltaniuk	2012	SG Gelsenkirchen	00:23,00	149
31.	Nike Diehl	2012	SG Dortmund-Süd	00:23,21	145
32.	Josefine Michel	2012	SG Schwimmen Münster	00:23,36	142
33.	Emma Weckbecker	2012	SG Mülheim	00:23,41	141
34.	Wilhelmine Heidemann	2012	SC Steinhagen-Amshausen	00:23,61	138
35.	Elea Stute	2012	TuS Sundern	00:23,70	136
36.	Emilia Erward	2012	SG Mülheim	00:26,16	101
37.	Tineke Meese	2012	Rote Erde/SWIM-TEAM TuS Hamm	00:26,70	95
38.	Sophie Männich	2012	SG Bayer	00:27,67	85
39.	Calista Helesch	2012	SG Mülheim	00:30,63	63
40.	Luisa Rybacki	2012	TV Ratingen	00:30,72	62

## **noch Wettkampf 18 - 25m Delfinbeine Rückenlage weiblich**

### **Jahrgang 2011**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Mathilda Yu-Ri Buschmeyer	2011	SG Essen	00:16,40	412
2.	Leonie Wagner	2011	TV Jahn Hiesfeld	00:17,38	346
3.	Helene Boller	2011	SG Essen	00:17,67	329
4.	Isabelle Conradi	2011	SG Gladbeck/Recklinghausen	00:17,76	324
5.	Enda Schirmeisen	2011	SG Schwimmen Münster	00:18,01	311
6.	Calla Berner	2011	SG Mönchengladbach	00:18,25	299
7.	Amelie Weiser	2011	Düsseldorfer SC	00:18,37	293
8.	Mia Brauckmann	2011	SG Gladbeck/Recklinghausen	00:18,41	291
9.	Linn Fügmann	2011	S. V. Bergisch Gladbach	00:18,60	282
10.	Liana Müller	2011	SG Dortmund	00:18,65	280
11.	Annabelle Hintzen	2011	SG Gladbeck/Recklinghausen	00:18,70	278
12.	Luisa Schröer	2011	SG Bayer	00:18,78	274
13.	Anna Forsbach	2011	TV Ratingen	00:18,81	273
14.	Maya Farès	2011	SG Mülheim	00:18,99	265
15.	Luise Rattmann	2011	SC Delphin Geldern	00:19,00	265
16.	Naya Johannknecht	2011	SV Blau-Weiß Bochum	00:19,03	264
17.	Jairah Malien Bermann	2011	SG Essen	00:19,05	263
18.	Lara Kaiser	2011	SG Essen	00:19,13	260
19.	Hannah Skokic	2011	SG Mülheim	00:19,20	257
20.	Ida Huth	2011	TPSK 1925	00:19,52	244
21.	Anna Chiara Schleifer	2011	SG Essen	00:19,69	238
22.	Paulina Bauer	2011	SV Blau-Weiß Bochum	00:19,80	234
23.	Isabella Wojtakowski	2011	SG Gelsenkirchen	00:19,81	234
24.	Antonina Soltyska	2011	SVD Tria Kettwig	00:20,02	226
25.	Clara Fellechner	2011	SG Bayer	00:20,05	225
26.	Caroline Stark	2011	SC Delphin Geldern	00:20,06	225
27.	Pia Kleinhüchelkoten	2011	SG Gladbeck/Recklinghausen	00:20,43	213
28.	Mara Klump	2011	SG Siegen	00:20,52	210
29.	Laura Isabel Hansen	2011	SG Gelsenkirchen	00:20,60	208
30.	Helena Bielitzki	2011	SG Oberhausen	00:20,83	201
31.	Paula Verstraeten	2011	SG Neuss	00:21,05	195
32.	Luise Böcker	2011	SC Delphin Geldern	00:21,45	184
33.	Sophia Ann Moewes	2011	SV Horrem-Sindorf	00:21,46	184
34.	Ariane Linkerhand	2011	Freie Schwimmer Düsseldorf	00:21,87	174
35.	Charlotte Drenker	2011	TV Ratingen	00:21,94	172
36.	Johanna Jänike	2011	SG Mülheim	00:22,40	161
37.	Helena Jansen	2011	SG Gladbeck/Recklinghausen	00:22,80	153
38.	Donata Pauline Sophie Saldsieder	2011	SSF Bonn	00:23,21	145
39.	Martha Lübbering	2011	VFL Gladbeck	00:23,51	140
	<u>abgemeldet</u>				
	Emilia Bargmann	2011	SG Mülheim		

## **Wettkampf 19 - 15m Delfinbeine Rückenlage männlich**

### **Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Daniel Ryvkin	2013	SC Aqua Köln	00:10,20	384
2.	Jakob Rütz	2013	SG Bergheim	00:10,40	363
3.	Luis Weidenhaupt	2013	SG Schwimmen Münster	00:10,70	333
4.	Anton Fries	2013	SG Gelsenkirchen	00:10,80	324

## **noch Wettkampf 19 - 15m Delfinbeine Rückenlage männlich**

### **noch Jahrgang 2013**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
5.	Tobias Bogar	2013	SG Bergheim	00:11,22	289
6.	Ben Düngel	2013	SG Mülheim	00:11,24	287
7.	Philipp Klinkowski	2013	SG Dortmund	00:11,40	275
8.	Nick Seelert	2013	SG Bayer	00:11,43	273
9.	Jonas Burger	2013	SG Gladbeck/Recklinghausen	00:11,74	252
10.	Tom Birk	2013	PSV Oberhausen	00:11,97	238
11.	Janne Fokken	2013	SG Mönchengladbach	00:12,02	235
12.	Jonas Wistuba	2013	SG Schwimmen Münster	00:12,11	230
13.	Felix Junyu Zuo	2013	SSF Bonn	00:12,37	215
14.	Ben Yuan	2013	SG Neuss	00:12,41	213
15.	Edin Hukic	2013	SG Oberhausen	00:12,49	209
16.	Johannes Paes	2013	SC Delphin Geldern	00:12,73	198
17.	Thies Scharlau	2013	SG Schwimmen Münster	00:12,75	197
18.	Maximilian Radloff	2013	SG Dortmund	00:12,97	187
19.	Louie Banna	2013	SG Schwimmen Münster	00:13,06	183
20.	Felix Holthusen	2013	Duisburger ST	00:13,35	171
21.	Felix Thyssen	2013	SG Gladbeck/Recklinghausen	00:13,42	169
22.	Leon Reber	2013	SSC Hörde	00:13,56	163
23.	Ryan-Philip Ziechner	2013	PSV Oberhausen	00:13,69	159
24.	Jan Simons	2013	SG Bergheim	00:13,84	154
25.	Julius Homann	2013	SG Schwimmen Münster	00:14,10	145
26.	Finn Karanow	2013	SG Neuss	00:14,23	141
27.	Felix Grundmann	2013	SV Neptun Erkenschwick	00:15,59	107
28.	Oscar Bach	2013	SG Bayer	00:15,87	102
29.	Emil Farzaliyer	2013	SG Essen	00:16,13	97
30.	Abid Redemann	2013	TPSK 1925	00:16,16	96
31.	Malte Mende	2013	TuS Viktoria Rietberg	00:16,21	95
32.	Felix Faupel	2013	SSF Bonn	00:16,26	95
33.	Maximilian Ben Conradi	2013	SG Gladbeck/Recklinghausen	00:16,43	92
34.	Tim Leon Köser	2013	SC Hardtberg	00:17,04	82
35.	Adrian Essmann	2013	SG Schwimmen Münster	00:17,81	72
36.	Daniel Ritter	2013	SG Mülheim	00:18,24	67
36.	Matteo Dietz	2013	TV Korschenbroich	00:18,24	67
38.	Lukas Maximilian Meurers	2013	SG Neuss	00:19,24	57
39.	Jan Ole Berger	2013	SV Steele	00:22,68	35

nicht am Start

Jonathan Wehrbein                      2013    TV Korschenbroich

## **Wettkampf 20 - 25m Delfinbeine Rückenlage männlich**

### **Jahrgang 2012**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Lauren Gondro	2012	SG Essen	00:17,49	257
2.	Paul Reuker	2012	SG Dortmund	00:20,67	156
3.	Jona Schallock	2012	SG Dortmund	00:20,91	150
4.	Jan Dudek	2012	SG Dortmund	00:20,98	149
5.	Maximilian Kalheber	2012	Wasserfreunde Wuppertal	00:21,11	146
6.	Lian Fynn Niehaus	2012	SV Blau-Weiß Bochum	00:21,37	141
7.	Vadim Busko	2012	SG Bergheim	00:21,50	138
8.	Jakob Laurin Erbeskern	2012	SV Blau-Weiß Bochum	00:21,87	131

## noch Wettkampf 20 - 25m Delfinbeine Rückenlage männlich

### noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
9.	Justus Moritz Lindemann	2012	SG Essen	00:22,12	127
10.	Kaan Akkaya	2012	TPSK 1925	00:22,40	122
11.	Julian Philipp Arnold	2012	SSF Bonn	00:22,53	120
12.	Samuel Konrad Krietenbrink	2012	SG Essen	00:22,63	118
13.	Raphael Zuber	2012	SG Dortmund	00:22,64	118
14.	Ben Krug	2012	1. Paderborner SV	00:22,69	118
15.	Albert Schmiade	2012	SG Neuss	00:24,12	98
16.	Ilian Fulidi	2012	SG Neuss	00:24,32	95
17.	Nils Schmalenberg	2012	TV Korschenbroich	00:24,43	94
18.	Kimon Antachopoulos	2012	SV Horrem-Sindorf	00:24,48	93
19.	Lian Freitag	2012	PSV Oberhausen	00:24,54	93
20.	Felix Birk	2012	PSV Oberhausen	00:24,70	91
21.	Heinrich Putzke	2012	SG Gladbeck/Recklinghausen	00:24,78	90
22.	Jörn von Depka	2012	SG Sendenhorst	00:24,95	88
23.	Julian Sikorski	2012	SSF Bonn	00:25,25	85
24.	Max Luca Bauer	2012	SC Hardtberg	00:25,59	82
25.	Moritz Schumann	2012	SG SSF Marl-Hüls	00:25,67	81
26.	Niklas Wilk	2012	SC Delphin Geldern	00:25,80	80
27.	Max Simon	2012	Wfr. TuRa Bergkamen	00:26,05	77
28.	Ludwig Sumpf	2012	SV Steele	00:26,37	75
29.	Theodor Grüß	2012	SSF Bonn	00:26,70	72
30.	Daniel Gitmann	2012	SG Mülheim	00:26,71	72
31.	Mika Lüttenberg	2012	WASPO Blau Gelb Delphin Bochum	00:27,13	69
32.	Lars Winter	2012	Hennefer TV	00:27,31	67
33.	Tim Figge	2012	S. V. Bergisch Gladbach	00:28,61	58
34.	Marcel Piskover	2012	SG Dortmund	00:29,02	56
35.	Pascal Reimann	2012	SG Dortmund	00:30,42	48
36.	Amanuel Behailu Negewo	2012	SV Rhenania Köln	00:30,63	47
37.	Robert Vaubel	2012	SG Mülheim	00:30,79	47
38.	Nils Bauten	2012	SC Delphin Geldern	00:31,32	44
39.	Matthias Brix	2012	SSF Bonn	00:31,74	43
	<u>abgemeldet</u>				
	Adam Abouelmaaty	2012	Die Alligatoren		

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Theodor Büscher	2011	SG Essen	00:15,18	394
2.	Titus Ditgen	2011	TV Ratingen	00:16,42	311
3.	Georgios Bakalidis	2011	SG Neuss	00:16,69	296
4.	Burak Simsek	2011	TPSK 1925	00:16,84	288
5.	Fabian Körner	2011	SG Mülheim	00:17,30	266
6.	Leon Fynn Büngener	2011	SVD Tria Kettwig	00:17,38	262
7.	Bastian Asmann	2011	SG Essen	00:17,92	239
8.	Simon Dietrich	2011	SG Bayer	00:18,36	222
9.	Johann Schwager	2011	SG Dortmund	00:18,45	219
10.	Theo Richter	2011	TV Ratingen	00:18,68	211
11.	Emil Schlegel	2011	SG Dortmund	00:18,77	208
12.	Paco Franze	2011	TSV Bocholt	00:19,14	196
13.	Ben Nikolin	2011	SG Bergheim	00:19,19	195

## **noch Wettkampf 20 - 25m Delfinbeine Rückenlage männlich**

### noch Jahrgang 2011

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
14.	Konrad Gabler	2011	SG Mönchengladbach	00:19,20	194
15.	Julian Schulz	2011	SV Blau-Weiß Bochum	00:19,30	191
16.	Julian Pozimski	2011	SV Übach-Palenberg	00:19,56	184
17.	Andreas Walenwein	2011	TPSK 1925	00:19,68	180
18.	David Laikom	2011	1. Paderborner SV	00:19,77	178
19.	Richard Junior Schönfelder	2011	TPSK 1925	00:19,87	175
20.	Thilo Rehrmann	2011	SV Blau-Weiß Bochum	00:20,16	168
21.	Pileas Manassis	2011	SG Neuss	00:20,63	157
22.	Laurenz Merl	2011	SC Hürth	00:21,00	148
23.	Valentin Ericke	2011	TPSK 1925	00:21,37	141
24.	Emil Schultebrucks	2011	TuS Dortmund-Brackel	00:21,45	139
25.	Tom Hädrich	2011	TPSK 1925	00:21,79	133
26.	Daniel Merkle	2011	Rote Erde/SWIM-TEAM TuS Hamm	00:21,85	132
27.	Jakob Schäfer	2011	SG Dortmund	00:21,93	130
28.	Nico Meisner	2011	SG Rhein-Sieg	00:22,08	128
29.	Leon Anstipp	2011	SG Gladbeck/Recklinghausen	00:22,46	121
30.	Philipp Rübesam	2011	SC Delphin Geldern	00:22,50	121
31.	Benjamin Thyssen	2011	SG Gladbeck/Recklinghausen	00:23,50	106
32.	Conner Karanow	2011	SG Neuss	00:23,89	101
33.	Hayden Simpson	2011	TV Korschenbroich	00:24,33	95
34.	Justus Bodenbug	2011	SG Mönchengladbach	00:24,60	92
35.	Keanu Böse	2011	S. V. Bergisch Gladbach	00:25,07	87
36.	Leonard Schwung	2011	TPSK 1925	00:25,21	86
37.	Luis Dietz	2011	TV Korschenbroich	00:30,58	48
38.	Mohamed Laadraoui	2011	SSF Bonn	00:34,67	33
<u>nicht am Start</u>					
	Mika Wallerstein	2011	SG Bayer		
<u>abgemeldet</u>					
	Diego Alexander Mathony	2011	SG Dortmund		

Bochum, den 13.05.2023

Abschnittende: 15:56 Uhr

Protokollende: 16:10 Uhr

gez. Ruth Uessem  
Schiedsrichter weiblich

gez. Frank Brenner  
Schiedsrichter männlich

gez. Sebastian Höll  
Protokollführer