

Wettkampf 15 - 400m Freistil männlich

Jahrgang 2016

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	David Nodelman 50m: 00:41,37 (00:41,37) 100m: 01:29,59 (00:48,22) 150m: 02:17,93 (00:48,34) 200m: 03:06,26 (00:48,33) 250m: 03:55,78 (00:49,52) 300m: 04:45,01 (00:49,23) 350m: 05:33,92 (00:48,91) 400m: 06:17,66 (00:43,74)	2016	SG Ruhr	06:17,66	11
2.	Anton Sumpf 50m: 00:41,63 (00:41,63) 100m: 01:30,68 (00:49,05) 150m: 02:18,82 (00:48,14) 200m: 03:08,40 (00:49,58) 250m: 03:57,23 (00:48,83) 300m: 04:46,73 (00:49,50) 350m: 05:35,27 (00:48,54) 400m: 06:18,60 (00:43,33)	2016	SG Ruhr	06:18,60	11
3.	Rodion Fabian Jansen 50m: 00:44,06 (00:44,06) 100m: 01:33,92 (00:49,86) 150m: 02:25,70 (00:51,78) 200m: 03:18,50 (00:52,80) 250m: 04:11,90 (00:53,40) 300m: 05:05,18 (00:53,28) 350m: 05:56,77 (00:51,59) 400m: 06:45,24 (00:48,47)	2016	SVD Tria Kettwig	06:45,24	5
4.	Jonah Roeßing 50m: 00:47,73 (00:47,73) 100m: 01:43,85 (00:56,12) 150m: 02:37,52 (00:53,67) 200m: 03:34,14 (00:56,62) 250m: 04:27,30 (00:53,16) 300m: 05:22,38 (00:55,08) 350m: 06:14,30 (00:51,92) 400m: 07:01,06 (00:46,76)	2016	Uerdinger SV	07:01,06	2

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Fabian Winkler 50m: 00:40,23 (00:40,23) 100m: 01:26,20 (00:45,97) 150m: 02:12,85 (00:46,65) 200m: 03:01,00 (00:48,15) 250m: 03:47,60 (00:46,60) 300m: 04:34,50 (00:46,90) 350m: 05:20,58 (00:46,08) 400m: 06:05,25 (00:44,67)	2015	TSG Stadtbergen	06:05,25	4
2.	Luca Schmid 50m: 00:39,13 (00:39,13) 100m: 01:24,98 (00:45,85) 150m: 02:12,82 (00:47,84) 200m: 03:00,03 (00:47,21) 250m: 03:48,91 (00:48,88) 300m: 04:37,07 (00:48,16) 350m: 05:24,09 (00:47,02) 400m: 06:06,90 (00:42,81)	2015	TSG Stadtbergen	06:06,90	4
3.	Hannes Diepes 50m: 00:43,78 (00:43,78) 100m: 01:33,25 (00:49,47) 150m: 02:23,36 (00:50,11) 200m: 03:13,97 (00:50,61) 250m: 04:04,75 (00:50,78) 300m: 04:54,57 (00:49,82) 350m: 05:45,71 (00:51,14) 400m: 06:31,48 (00:45,77)	2015	SG Eintracht Ergste	06:31,48	
4.	Konstantin Marquardt 50m: 00:48,47 (00:48,47) 100m: 01:42,15 (00:53,68) 150m: 02:36,86 (00:54,71) 200m: 03:27,39 (00:50,53) 250m: 04:18,94 (00:51,55) 300m: 05:10,37 (00:51,43) 350m: 06:00,02 (00:49,65) 400m: 06:47,64 (00:47,62)	2015	SG Ruhr	06:47,64	

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Artur Peter 50m: 00:36,89 (00:36,89) 100m: 01:18,90 (00:42,01) 150m: 02:00,13 (00:41,23) 200m: 02:41,82 (00:41,69) 250m: 03:23,70 (00:41,88) 300m: 04:07,11 (00:43,41) 350m: 04:50,47 (00:43,36) 400m: 05:32,62 (00:42,15)	2014	TSG Stadtbergen	05:32,62	7
2.	Maximilian Zura 50m: 00:40,73 (00:40,73) 100m: 01:28,59 (00:47,86) 150m: 02:17,50 (00:48,91) 200m: 03:06,57 (00:49,07) 250m: 03:56,20 (00:49,63) 300m: 04:45,81 (00:49,61) 350m: 05:35,51 (00:49,70) 400m: 06:22,99 (00:47,48)	2014	Uerdinger SV	06:22,99	

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Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Jacob Möhlenbrink 50m: 00:32,01 (00:32,01) 100m: 01:08,70 (00:36,69) 150m: 01:46,53 (00:37,83) 200m: 02:25,53 (00:39,00) 250m: 03:03,65 (00:38,12) 300m: 03:42,14 (00:38,49) 350m: 04:19,61 (00:37,47) 400m: 04:55,50 (00:35,89)	2013	TSG Stadtbergen	04:55,50	10

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Haoze Zhang 50m: 00:37,50 (00:37,50) 100m: 01:21,87 (00:44,37) 150m: 02:08,51 (00:46,64) 200m: 02:55,44 (00:46,93) 250m: 03:39,71 (00:44,27) 300m: 04:26,45 (00:46,74) 350m: 05:10,81 (00:44,36) 400m: 05:53,44 (00:42,63)	2012	Uerdinger SV	05:53,44	
2.	Mika Lüttenberg 50m: 02:06,44 (02:06,44) 100m: 01:20,63 (00:45,81) 200m: 02:53,72 (01:33,09) 250m: 03:40,97 (00:47,25) 300m: 04:29,29 (00:48,32) 350m: 05:15,84 (00:46,55) 400m: 05:58,14 (00:42,30)	2012	WASPO Blau Gelb Delphin Bochum	05:58,14	
3.	Lukas Cappius 50m: 00:38,09 (00:38,09) 100m: 01:22,19 (00:44,10) 150m: 02:07,71 (00:45,52) 200m: 02:54,57 (00:46,86) 250m: 03:41,80 (00:47,23) 300m: 04:30,21 (00:48,41) 350m: 05:18,18 (00:47,97) 400m: 06:03,04 (00:44,86)	2012	SVD Tria Kettwig	06:03,04	

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Jonah Welnic 50m: 00:32,70 (00:32,70) 100m: 01:09,03 (00:36,33) 150m: 01:47,31 (00:38,28) 200m: 02:25,21 (00:37,90) 250m: 03:04,03 (00:38,82) 300m: 03:42,10 (00:38,07) 350m: 04:20,51 (00:38,41) 400m: 04:55,26 (00:34,75)	2011	Team Bochum	04:55,26	5
2.	Aleksander Ender 50m: 00:33,22 (00:33,22) 100m: 01:10,67 (00:37,45) 150m: 01:49,45 (00:38,78) 200m: 02:29,15 (00:39,70) 250m: 03:08,70 (00:39,55) 300m: 03:48,45 (00:39,75) 350m: 04:28,33 (00:39,88) 400m: 05:06,89 (00:38,56)	2011	Team Bochum	05:06,89	2
3.	Fabian Schlie 50m: 00:33,53 (00:33,53) 100m: 01:11,16 (00:37,63) 150m: 01:50,36 (00:39,20) 200m: 02:30,56 (00:40,20) 250m: 03:10,73 (00:40,17) 300m: 03:51,99 (00:41,26) 350m: 04:31,34 (00:39,35) 400m: 05:08,46 (00:37,12)	2011	SV Neptun Herne	05:08,46	2
4.	Daniel David Jansen 50m: 00:35,40 (00:35,40) 100m: 01:14,99 (00:39,59) 150m: 01:56,00 (00:41,01) 200m: 02:36,40 (00:40,40) 250m: 03:17,56 (00:41,16) 300m: 03:57,19 (00:39,63) 350m: 04:38,01 (00:40,82) 400m: 05:19,46 (00:41,45)	2011	SVD Tria Kettwig	05:19,46	
5.	Tianzan (Mars) Feng 50m: 00:37,72 (00:37,72) 100m: 01:24,07 (00:46,35) 150m: 02:13,95 (00:49,88) 200m: 03:02,63 (00:48,68) 250m: 03:51,92 (00:49,29) 300m: 04:41,94 (00:50,02) 350m: 05:31,12 (00:49,18) 400m: 06:13,79 (00:42,67)	2011	Uerdinger SV	06:13,79	

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Tobias Nowak 50m: 00:31,23 (00:31,23) 100m: 01:06,74 (00:35,51) 150m: 01:43,78 (00:37,04) 200m: 02:20,90 (00:37,12) 250m: 02:58,70 (00:37,80) 300m: 03:36,19 (00:37,49) 350m: 04:13,61 (00:37,42) 400m: 04:50,16 (00:36,55)	2010	Uerdinger SV	04:50,16	4

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noch Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
2.	Jan Göckener <i>50m: 00:35,90 (00:35,90) 100m: 01:17,62 (00:41,72) 150m: 02:00,66 (00:43,04) 200m: 02:44,54 (00:43,88) 250m: 03:28,47 (00:43,93) 300m: 04:12,93 (00:44,46) 350m: 04:57,87 (00:44,94) 400m: 05:35,25 (00:37,38)</i>	2010	Linden-Dahlhauser SV	05:35,25	
3.	Vincent Nadler <i>50m: 00:34,89 (00:34,89) 100m: 01:15,20 (00:40,31) 150m: 01:59,61 (00:44,41) 200m: 02:44,16 (00:44,55) 250m: 03:30,83 (00:46,67) 300m: 04:16,53 (00:45,70) 350m: 05:04,31 (00:47,78) 400m: 05:45,74 (00:41,43)</i>	2010	SV Westfalen Hagen	05:45,74	

Jahrgang 2009 und älter

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Max Hegner <i>50m: 00:29,54 (00:29,54) 100m: 01:01,93 (00:32,39) 150m: 01:34,73 (00:32,80) 200m: 02:07,67 (00:32,94) 250m: 02:40,13 (00:32,46) 300m: 03:13,78 (00:33,65) 350m: 03:47,44 (00:33,66) 400m: 04:20,16 (00:32,72)</i>	2004	Team Bochum	04:20,16	7
2.	Noah Johannknecht <i>50m: 00:30,35 (00:30,35) 100m: 01:04,94 (00:34,59) 150m: 01:40,38 (00:35,44) 200m: 02:16,25 (00:35,87) 250m: 02:52,12 (00:35,87) 300m: 03:28,06 (00:35,94) 350m: 04:04,22 (00:36,16) 400m: 04:39,24 (00:35,02)</i>	2009	Team Bochum	04:39,24	6
3.	Sammy Pericic <i>50m: 00:31,44 (00:31,44) 100m: 01:07,24 (00:35,80) 150m: 01:45,41 (00:38,17) 200m: 02:25,06 (00:39,65) 250m: 03:04,62 (00:39,56) 300m: 03:45,39 (00:40,77) 350m: 04:24,44 (00:39,05) 400m: 05:01,93 (00:37,49)</i>	2008	SC Hellas Wanne-Eickel	05:01,93	
4.	Chris Burghoff <i>50m: 00:36,24 (00:36,24) 100m: 01:18,11 (00:41,87) 150m: 02:00,61 (00:42,50) 200m: 02:44,27 (00:43,66) 250m: 03:27,98 (00:43,71) 300m: 04:12,41 (00:44,43) 350m: 04:55,67 (00:43,26) 400m: 05:34,77 (00:39,10)</i>	2009	Wermelskirchener TV	05:34,77	
5.	Felix Vorwerk <i>50m: 00:45,81 (00:45,81) 100m: 01:39,81 (00:54,00) 150m: 02:34,64 (00:54,83) 200m: 03:31,16 (00:56,52) 250m: 04:26,63 (00:55,47) 300m: 05:23,20 (00:56,57) 350m: 06:18,62 (00:55,42) 400m: 07:09,96 (00:51,34)</i>	2008	SG Schwimmen Münster	07:09,96	

